

PSHE

Our PSHE curriculum aims to give children the knowledge, skills, and attitudes that they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society. Our curriculum covers the Relationships and Health Education statutory guidance (as set out by the Department for Education), including the non-statutory sex education.

The children's learning through their PSHE lessons promotes the four fundamental British values which reflect life in modern Britain: democracy; rule of law; respect and tolerance and individual liberty. Our curriculum is split into the following key areas of learning:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing.



For pupils who are accessing a curriculum that is pre- key stage one there are 3 areas of focus for learning in PSHE and these are: Self-regulation, Managing relationships and Managing self.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Beech	Family + Relationships	Health + Well-being	Safety + the changing body	Citizenship	Economic well-being	Managing self- well-being – class specific focus.
Ash	Family + Relationships	Health + Well-being	Safety + the changing body	Citizenship	Economic well-being	Managing self- well-being – class specific focus.
Willow	Family + Relationships	Health + Well-being	Safety + the changing body including SRE	Citizenship	Economic well-being	Managing self- well-being – class specific focus.
Oak	Family + Relationships	Health + Well-being	Safety + the changing body including SRE	Citizenship	Economic well-being	Managing self- well-being – class specific focus.