

Food + Music

At Woodend Farm school we aim to broaden the experiences and skills of our pupils. As part of this curriculum we have introduced Music and Food lessons. The benefits of these lessons include building a sense of achievement from designing and making their own meals and performing their own pieces of music; pupils seeing their own progress and their ideas come to life in front of them as well as an improvement in their attention span and resilience due to engagement with practical tasks.

Through our food lessons our pupils will learn about cooking and nutrition. Lessons will be delivered to help pupils understand where food comes from. Pupils will be taught how to design a balanced diet and follow recipes. In addition, we will be developing their preparation and cooking skills, including food hygiene and safety.

Through our music lessons our pupils will develop the skills of singing, playing tuned and untuned instruments, improvising and composing music and listening and responding to music. They will develop an understanding of the history and cultural context of the music that they listen to and learn how music can be written down. Through music our curriculum helps our pupils develop transferable skills such as team working, leadership, creative thinking, problem solving, decision making and presentation and performance skills.



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Beech	Food Detectives (Public Health England)	Music – Stories snail-and-mouse	Food (Nutrition) Cooking and Nutrition: Soup	Music – Voice Vocal and Body sounds (By the sea)	Food (Serving others) Teddy bears picnic	Music – Performance Pitch and Tempo (Superheroes)
Ash	Food Detectives (Public Health England)	Musical story telling Orchestral Instruments (Theme: Tradition Western Stories)	Cooking and Nutrition: A balanced diet	West African Call and Response Song (Theme: Animals)	Lunch food and storage (The lighthouse keepers lunch)	Musical Me
Willow	Food Detectives (Public Health England)	Samba and Carnival sounds and instruments (Jump up!)	Cooking and Nutrition: Eating Seasonally	Developing singing technique	Cooking and Nutrition: Adapting a recipe	Rock and Roll
Oak	Food Detectives (Public Health England)	Film Music	Cooking and Nutrition: Developing a Recipe	Songs of WW2	Cooking and Nutrition: Come dine with me	Composing and performing a Leavers song