**2nd QUARTER IN-SERVICE TRAINING TEST**

**2025**

1. **As you help your client change clothes, you notice a large bruise on her thighs without a clear cause, what should you do?** 
   1. Scold them for being so clumsy.
   2. Question them on what happened and promise not to tell anyone.
   3. Ask the client what happened and report your observation to your supervisor.

1. Chair belts or lap beltsused to keep a person seated, particularly in wheelchairs or chairs is an example of PHYSICAL RESTRAINT **TRUE OR FALSE?**
2. **For the past two weeks, your client refused to take a shower. According to the Plan of Service, the client needs assistance with a shower 2x a week, what is your response?**
3. Explain that it is on the Service Plan and they are required to have bathing.
4. Sign off as though you think you asked them to take a shower and believe they are

clean.

1. Encourage them to let you assist with this task. If they continue to refuse, make sure it is documented and report to your supervisor.
2. **Your client uses oxygen at home. You can do all of the following, *EXCEPT*:**
   1. Adjust the oxygen concentration delivered to the client as per their request.
   2. Ensure wires are tucked away to prevent tripping or falling.
   3. Adjust the nasal cannula (take it off and put it back on) when assisting with personal hygiene.
3. **The client requested to assist him with his medication. As a caregiver, which medication assistance you DO NOT DO?**
   1. Draw up necessary units of insulin into a syringe.
   2. Remind the client to take his medication.
   3. Read the instructions on the medication bottle for the client.
   4. Assist in opening the bottle of medication.
4. **You are working with your regular client and have observed certain changes that need to be reported to your supervisor immediately. *Select all that apply.***
   1. The client is very excited and states “I have some great news to share with you!”
   2. The client appears more confused and weaker than usual.
   3. The client appears more isolated and withdrawn than usual.
   4. During assistance with the shower, you noticed new unexplained bruises on the arms and back.
5. **A client suddenly complains of severe pain in the chest that radiates down the arm. The client is sweating heavily. *You should:***
   1. Massage the patient’s chest and apply a warm compress to the arm and chest.
   2. Place the patient in a side-lying position.
   3. Call 911 immediately. Stay with the client and notify your supervisor immediately
6. **The number one way to prevent the spread of infection is proper hand hygiene.**

TRUE OR FALSE