

# 4<sup>th</sup> Quarter In-service Training 2022

**Medical fraud and abuse, Cultural diversity, Food Nutrition and Meal Planning, Preparation, including special diet, Recognizing changes in bodily functions that should be reported to the Supervisor, Appropriate and safe techniques in performing/assisting with personal care**

**1. Which statement is incorrect?**

- A. Most elderly need a daily tub bath.
- B. Make sure your client's hands, face, and genital area are washed and clean every day.
- C. Have all supplies ready before starting a bath.
- D. Respect the person's privacy. Keep her covered when possible.
- E. Wear gloves any time that you may come into contact with bodily fluids or feces.

**2. Which of the following is an example of healthcare fraud?**

- A. Going to the emergency department for a cold
- B. Doctors dating nurses
- C. Submitting false claims to Medicare or Medicaid
- D. Thinking you have health insurance when you do not

**3. Language, dress, stories, food, music and dance are part of everyone's \_\_\_\_\_.**

- A. Culture
- B. Government
- C. Education system
- D. Social interaction

**4. If your client reports more frequent and painful urination, you should:**

- A. Stop what you are doing and notify your supervisor immediately.
- B. Report your observations to your supervisor as soon as you complete the current task with the client.
- C. Do nothing. This is subjective observation and does not require to report to your supervisor.
- D. None of the above.

**5. True or False**

Abnormal observation on a client's condition or situation should NOT be reported to your supervisor immediately.

**6. Elderly often lose interest in food due to \_\_\_\_\_.**

- a. Changes in sense of taste and smell.
- b. Poor fitting dentures make eating painful.
- c. Eating alone.
- d. All of the above.

**7 True or False** - Cold food should be held at 40 °F (4.4 °C) or colder.

**8. True or False** - Hot food should be held at 140 °F (60 °C) or warmer.

**9. When lifting, avoid \_\_\_\_\_ the body:**

- A. Twisting
- B. Turn and pivoting
- C. Holding the object close to
- D. Aligning