

# Gulf Coast Scholastic Track Coaches Association

## “Heat Wave” Relays

Dear Coach,

We would like to invite you to attend the GCSTC XC Relays. The meet will be held on Saturday, August 18<sup>th</sup>, 2018 at Spring Creek Park in Tomball, TX. Please find more information about our meet below.

### Schedule:

Coaches meeting will start at 7:00 am. The first race will start at 7:30am and all other races will be on a timed schedule in the following order. We will try to stick to this schedule in the interest of allowing the varsity kids to run in the least amount of heat. We will be adding “Water features” over the course to help with the heat.

### **Rolling Schedule**

7:30 am-----Varsity Girls	(2 X 3200m)	Unlimited
Varsity Boys	(2 X 3200m)	Unlimited
JV Boys	(2 X 3200m)	Unlimited
JV Girls	(2 X 1600m)	Unlimited
9 <sup>th</sup> Boys	(2 X 1600m)	Unlimited

### Awards & Results:

The 10 fastest relays will receive individual medals in each division. Results will be done using RaceTab Software, and will be emailed out, and posted on line after the meet.

### Entry Fee:

The race fee is \$75.00 per Team (Ex: \$75 for all boys teams, and \$75 for all girls teams = \$150 for entire school). All Proceeds will benefit the association scholarship fund. For more info on the Association visit : [www.gcstca.com](http://www.gcstca.com) **Make checks payable to Gulf Coast Scholastic Track Coaches Association.** You may pay the day of the race or mail your payment to:

GCSTCA

c/o Vicki Bevan

1335 Bullock Lane

Houston, Tx 77055

- Attending school will receive a \$10 discount on registration at our annual Track & Field Clinic in January 2019 at U of H for all staff attending.

### Registration:

Email confirmation that you plan to attend to [tmcquire1@kleinisd.net](mailto:tmcquire1@kleinisd.net) You will receive an entry form with instructions. This entry form will be due on the Thursday Prior to the meet, by email only.

We look forward to seeing you at our meet. Good Luck this Season!