General Packing Tips and Checklist

- Pack heavy items, such as shoes and toiletry kits, before the more delicate ones. Place them along the suitcase's spine to balance weight at the bottom.
- To reduce wrinkling, turn jackets inside out and fold them in half with tissue paper or dry-cleaning bags. Layering plastic bags or tissue between clothes also helps prevent wrinkles.
- Hang clothing in the bathroom while showering to steam out wrinkles.
- Line the bottom of your suitcase with your trousers and let the legs hang over the outside edge of the suitcase. Then pack the rest of your travel gear with the lighter materials on top. Wrap trouser legs over the pile; they'll keep their crease.
- Stuff socks and rolled-up belts into shoes to save space.
- Take along plastic bags for laundry or wet swimsuits.
- Bring an empty, soft bag for souvenirs.

Books Guidebook Guidebook Panny Pack Boots Phrase Book Purse Gloves Magazine Novel Wallet Winter Hat Security pouch for valuable documents Silk or other long underpants, t-shirts or camisoles Cash/ATM Card Health & Hygiene Batteries Batteries Credit Cards Dental Floss Flashlight Drivers License Deodorant Dental Floss Passport First Aid Kit Passport Plastic Bags Plastic P
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□ Insect Repellent □ Plastic Bags
Tickets/Itinerary ☐ Lip Balm ☐ Raincoat
□ Airline □ Moisturizer □ Sewing Kit
□Bus / Train □ Sun Screen □ Sunglasses
□Cruise Ship □ Vitamins □ Umbrella
☐Theatre ☐ Motion Sickness Tablets ☐ Wall Socket Adapter
□Tours/Excursions □ Water Purifying Tablets □ Watch
☐ Toothbrush & Toothpaste ☐ IPod/MP3 Player or
☐ Shampoo & Conditioner Portable CD Player
Clothing □ Allergy Pills (antihistamines) □ Bungee Cords/Rubber
□ Belt □ Nail Clippers □ Bands
☐ Hat (pack in checked suitcase, not in ☐ Extra Glasses/Contact
□Shirts carry-on baggage) Lenses
The Hairspray and any other
Styling products
□ Dross/Skirt □ Shaving Equipment □ □
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□Swim Suit
□Swim Suit □Underwear

