

Dwight Pain & Injury Center

160 E. Main St. Dwight, Illinois 60420 (815)584-2225 www.DwightChiropractor.com

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Print for Yourself & Friends!

(815)584-2225

Dr. Michael Smith DC, DACRB

Affordable chiropractic Care

**Physical Therapy performed by the
Chiropractic Rehabilitation Physician**

Experience the Chiropractic Difference

Rehab, Relief, Recovery

Chiropractic treatment of: **Car Accident & Work Injury**

Accidental injuries happen to the best of us! With each injury there is unseen swelling and scar tissue formation along with the perceived pain or sometimes no pain at all! The healing of soft tissue injuries is predictable and best managed with physical medicine techniques of ultrasound, electric muscle stimulation, chiropractic manipulation, exercise, and medications. The physical medicine/chiropractic care manages the pain and healing of the soft tissue injuries to speed up recovery and minimize suffering from stiffness, pain, ache, and any long-term weakness after the healing is complete. Scar tissue forms as part of the healing and this scar tissue tends to tighten things up too much without proper professional care to stretch and limber it into adequate elasticity. Without care, this tight scar tissue is more likely to tear at a later time and the injury cycle starts all over again -- thus the saying, "it's from an old football injury." Seeking care for your injuries as soon as possible can spare you from difficulties now and in the future! There are Worker's Compensation Laws and Personal Injury laws in Illinois that afford you the right to seek care for your injuries when you desire. If you feel you may need care for an injury or you have questions about your right to seek care, feel free to contact the office and ask for the doctor, he may be able to help. Some injured workers and victims of motor vehicle injuries go without chiropractic manipulations, often receiving no care or only medications. Calling us is all it takes to schedule an Expert Evaluation and begin a two-week trial of care to see if chiropractic care will help with your injury!! If you are already being treated for an injury you can still call us -- you may not need a referral from your current doctor

For **Help** with your **pain** and **activity limitations**, consider **DP&IC** today.

This information is to educate and inform, and is not a substitute for the advice of a licensed health care provider. Seek prompt attention for any specific health issue, or before starting an exercise and/or diet program.

Call (815)584-2225 today for appointment. Visit www.DwightChiropractor.com for more.

Dr. Michael S. Smith DC, DACRB, CCEP, CSCS

Affordable, Convenient, & Prompt