

# *Dwight Pain & Injury Center*

160 E. Main St. Dwight, Illinois 60420 (815)584-2225 [www.DwightChiropractor.com](http://www.DwightChiropractor.com)

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**Print for Yourself & Friends!**

**(815)584-2225**

*Dr. Michael Smith DC, DACRB*

**Affordable chiropractic Care**

**Physical Therapy performed by the  
Chiropractic Rehabilitation Physician**

**Experience the Chiropractic Difference**

**Rehab, Relief, Recovery**

Chiropractic treatment of: **CUSTOM FOOT ORTHOTICS**

Did you know that custom made foot orthotics can help common foot, ankle, knee, hip, and lower back complaints, including heel spurs, painful bunions, metatarsalgia, knee tendonitis, hip bursitis, as well as pelvic, and lower back pain? The orthotics support and align the feet, alleviating pain by reducing abnormal/excessive stress and strain of the foot, ankle, knee, hip, and back while you stand, walk, and run. Every step generates force and loading on your feet, knees and hip that can be modified in a healthy way with the use of custom foot orthotics.

Want to easily learn more about orthotics? Please view the **ORTHOTICS VIDEO on our WEBSITE!**

Consider a chiropractic evaluation today to determine if you may benefit from a pair of our custom made foot orthotics.

For **Help** with your **pain** and **activity limitations**, consider **DP&IC** today.

This information is to educate and inform, and is not a substitute for the advice of a licensed health care provider. Seek prompt attention for any specific health issue, or before starting an exercise and/or diet program.

Call (815)584-2225 today for appointment. Visit [www.DwightChiropractor.com](http://www.DwightChiropractor.com) for more.

**Dr. Michael S. Smith DC, DACRB, CCEP, CSCS**

**Affordable, Convenient, & Prompt**