Charlie Bean Soup

1lbs ground beef

1 onion, chopped

14.5oz can petite diced tomatoes

½ can water

4T chili powder

1 ½ T minced garlic

2c pinto beans

Shake of chili pepper flakes

Salt to taste

Brown ground beef in skillet with deep sides. Add onion, sauté 5min. Add tomatoes, water, salt, chili powder and garlic, simmer 15min. Add beans simmer 5min. Serve with sour cream, oyster crackers and shredded cheddar. ☺