



Costa Brava Convention Programme '26

'Amor y Servicio..Love & Service..'



Wednesday 7th October

1pm	AA Registration Opens	Bahia Lobby
9pm	Welcome Meeting Mabel P "Nooners", Bournemouth, UK	Catalunya Room
12am	Midnight Meeting	Girona/Barcelona

Thursday 8th October (+ Tossa de Mar Market Day!)

7am	Early Bird Meditation Meeting Poolside or Beach weather permitting	Pool or Beach
11am	Speaker/Discussion Meeting TBC	Catalunya Room
1pm	TBC	?
3pm	Speaker Meeting "Founding Moments": The critical events leading to the historic meeting of our Co- Founders Bill W & Dr. Bob Mike M Brunswick, MD, USA	Catalunya Room (via Zoom)
?	Meditation Workshop Afternoon Louise (or Friday?)	Catalunya Room?
9pm	Speaker Meeting Mark J - "Page 30" Annapolis, MD, USA	Catalunya Room
10.30pm?	Entertainment Quiz Night	?
12am	Midnight Meeting	Girona/Barcelona

Friday 9th October

7am	Early Bird Meditation Meeting Poolside or Beach weather permitting	Pool or Beach
11am	Speaker/Discussion Meeting TBC	Catalunya Room
2pm?	TBC	Girona/Barcelona
?	Meditation Workshop Afternoon Louise (or Thursday?)	Catalunya Room?
5.30pm	Entertainment Choir Practice (before dinner)	Catalunya Room
9pm	Speaker Meeting & Sobriety Countdown? Lexi J "Sharing Beginners Group" Annapolis, USA	Catalunya Room?
10.30pm?	Entertainment Karaoke	?
12pm	Midnight Meeting	Girona/Barcelona

Saturday 10th October

7am	Early Bird Meditation Meeting Poolside or Beach weather permitting	Pool or Beach
11am	Speaker / Discussion Meeting	Catalunya Room
12pm	Entertainment Choir Practice	Catalunya Room?
2pm	TBC	?
3pm	Workshop?	?
8.45pm	Entertainment Raffle? (Volunteers needed!)	Catalunya Room
9pm	Speaker Meeting ?	Catalunya Room
10.30pm	Entertainment Hooley "We Are Not a Glum Lot" (bring something fun to wear!)	Catalunya Room
12am	Midnight Meeting	Girona/Barcelona

Sunday 11th October

7am	Early Bird Meditation Meeting Poolside or Beach weather permitting	Pool or Beach
11am	Spiritual Farewell Meeting Mike S "Nooners", Bournemouth, UK Choral singalong	Catalunya Room
1pm	The Costa Brava AA Convention Ends.	

Volunteer for Service!!



At the Golden Bahia de Tossa.