



Costa Brava Convention Programme 2026

"Amor y Servicio... Love & Service..."



The latest convention news & updates will

WEDNESDAY 7th OCTOBER

LOCATION

13:00	AA Registration opens + Volunteer for Service (until 19:30).	Bahia Lobby
21:00	Welcome Meeting Followed by "Meet your committee": say hello, your questions answered, volunteer for service etc.	Catalunya Room
00:00	Midnight Meeting.	Girona Room

THURSDAY 8th OCTOBER (and Tossa de Mar's Street Market day!) ...

LOCATION

07:00	Early Bird Meditation (Meet 06.45 at seats by reception).	Pool or Beach
11:00	Speaker Meeting .	Catalunya Room
14:00	Workshop:.	Catalunya Room
15:00	Speaker Meeting .	Catalunya Room (via Zoom)
21:00	Speaker Meeting .	Catalunya Room
22:30	Quiz + Prizes Build your own team or join one.	Catalunya Room
00:00	Midnight Meeting.	Girona Room

FRIDAY 9th OCTOBER

LOCATION

07:00	Early Bird Meditation (Meet 06.45 at seats by reception).	Pool or Beach
11:00	Discussion Meeting .	Catalunya Room
14:00	Meditation Workshop .	Barcelona Room
15:00	Workshop .	Catalunya Room
17.30	Choir Practice Come & Sing! (until 18:30).	Catalunya Room
21:00	Speaker Meeting	Catalunya Room
22:30	Soberoke UK Karaoke Fun! Get your song requests in early!	Catalunya Room
00:00	Midnight Meeting.	Girona Room

SATURDAY 10th OCTOBER

LOCATION

07:00	Early Bird Meditation (Meet 06.45 at seats by reception).	Pool or Beach
11:00	Speaker Meeting .	Catalunya Room
14:00	Meditation Workshop .	Barcelona Room
15:00	Workshop .	Catalunya Room
16:00	AA Meeting	Girona Room
17:30	Choir Practice Freshen up .	Catalunya Room
20:45	RAFFLE + Prizes	Catalunya Room
21:00	Speaker Meeting Bernie C.	Catalunya Room
10.30	Party!	Catalunya Room
00:00	Midnight Meeting.	Girona Room

SUNDAY 11th OCTOBER

LOCATION

07:00	Early Bird Meditation (Meet 06.45 at seats by reception)	Pool or Beach
11:00	Spiritual Farewell Meeting & The Costa Brava Choir + Sobriety Countdown	Catalunya Room
13:00	The Costa Brava AA Convention 2026 closes.	