

## NOTES

- Meeting point is either the car park at the rear of the Market Hall, Brynmawr or Bryn Bach Park (see Facebook for updates)
- Start time for the walks is 9am, changing to 9.30am when the clocks have gone back.
- Wear strong boots or shoes, bring waterproof clothing and some lunch.
- We regret that dogs are not allowed on the walks.
- Children are welcome when accompanied by an adult.
- The walk leader reserves the right to cancel or alter the walk without prior notice.
- The walk leader will appoint a back marker to close and secure gates.
- Members will be kept informed of changes to the programme at group meetings, on walks and via Facebook.
- Non members are invited to join the Ramblers Association after three walks.

## Hill Walking Kit List

- Rucksack (about 35 litres)
- Boots (with ankle support and soles which will grip on rock, grass and mud)
  - Waterproof jacket with hood
  - Waterproof over trousers
- General trekking trousers (not jeans or cotton material)
  - Thermal top
  - Fleece top
- Gaiters (not always essential)
  - Warm hat
  - Gloves or mitts
- Spare layer e.g. fleece top

## North Gwent Ramblers Guided Walks Programme

### Autumn/Winter 2025

[northgwentramblers.com](http://northgwentramblers.com)





### **31<sup>st</sup> August – The Dragon's Back**

Starting from Rhos Fach common, heading to Rhos Fawr, ascending to Rhiw Cwnstab and Y Grib in the Black Mountains. We then return via Rhyd-y-Bont and back to the start. (7 miles 4 boots)

### **14<sup>th</sup> September – The Lonely Shepherd**

Starting from Brynmawr, a classic circular route to The Lonely Shepherd and returning via Twr Pen y Cryn and Cwm Hafod. (8.5 miles - - 4 boots)

### **28<sup>th</sup> September – Morlais Castle**

Starting from Cyfartha Castle, firstly taking a low-level path through the Taf Fehan nature reserve then a gentle climb to Morlais Castle and returning via the Taff Trail. (8 miles - 3 boots)

### **12<sup>th</sup> October – Tretower Court**

Starting from Crickhowell High School, leaving the town and following the Beacons Way, we then descend to Tretower where we will have lunch on the village green. We will return through the Glanusk Estate following the river Usk. (7 miles - 2 boots)

### **26<sup>th</sup> October – Ascent to T2520**

Starting from Trefil rugby club, passing into Bannau Brycheiniog and onto Cefn Yr Ystrad where the small amount of the remains of T2520 lay. We then return down to Cwar Yr Hendre quarry and return to the start. (8 miles – 4 boots)

### **\*9<sup>th</sup> November – Tor y Foel Circular**

Starting from Llangynidr car park, joining the canal towpath and the Usk Valley Walk until we reach Tal-y-bont Reservoir viewpoint. We then return via The Beacons Way and back to the start. (8 miles- 3 boots)

### **23<sup>rd</sup> November – Brynmawr to Beaufort Woodlands**

Starting from Brynmawr, joining the cycle track to Beaufort Woodlands with a lap around the lake and returning via Horsetail Pond. (5 miles - 2 boots)

### **7<sup>th</sup> December – Christmas Walk and Meal**

A short walk in the morning and finishing off the day with our group Christmas meal. (3/4 miles - 1 boot)

### **21<sup>st</sup> December – Tredegar Circular**

A pre-Christmas walk starting from Gwent Shopping Centre Carpark Tredegar and heading up to Sirhowy Woodlands and on to St. James' Pond then returning via Bedwellty Park, (5.5 miles - 2 boot)



Scan for



For updates on the walks, please follow North Gwent Ramblers on Facebook. Any updates will be posted on Thursday evenings.

Walks co-ordinator

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[www.ramblers.org.uk](http://www.ramblers.org.uk)

[www.northgwentramblers.com](http://www.northgwentramblers.com)

