#### **NOTES**

- Meeting point is either the car park at the rear of the Market Hall, Brynmawr or Bryn Bach Park (see Facebook for updates)
- Start time for the walks is 9am, changing to 9.30am when the clocks have gone back.
- Wear strong boots or shoes, bring waterproof clothing and some lunch.
- We regret that dogs are not allowed on the walks.
- Children are welcome when accompanied by an adult.
- The walk leader reserves the right to cancel or alter the walk without prior notice.
- The walk leader will appoint a back marker to close and secure gates.
- Members will be kept informed of changes to the programme at group meetings, on walks and via Facebook.
- Non members are invited to join the Ramblers Association after three walks.

#### Hill Walking Kit List

- Rucksack (about 35 litres)
- Boots (with ankle support and soles which will grip on rock, grass and mud)
  - Waterproof jacket with hood
  - Waterproof over trousers
- General trekking trousers (not jeans or cotton material)
  - Thermal top
  - Fleece top
  - Gaiters (not always essential)
    - Warm hat
    - Gloves or mitts
  - Spare layer e.g. fleece top

# North Gwent Ramblers Guided Walks Programme

Autumn/Winter 2024

northgwentramblers.com



#### 15th September - Kymin and the Naval Temple

Starting from the main carpark in Redbrook, following the Wye Valley Walk to Monmouth Bridge and up to the Kymin then returning via Upper Beauliea Farm (8 miles moderate)

### 29th September - Pen-Y-Fan Pond Circular

Starting from Pen-Y-Fan Pond in Croespenmaen, following footpaths down to the Sirhowy Valley and passing through Nant-Y-Felin Wood, Mynydd Pen-Y-Fan trig point and returning to the start (8.5 miles moderate)

## 13th October - Blorenge Circular

Starting from the carpark opposite the Riflemans in Blaenavon, following the Cambrian Way up to the Blorenge trig point, we then drop down to the Punchbowl and returning above Garn Ddyrys and Penffordd Goch Pond (8 miles moderate)

#### 27th October - Tal-Y-Bont Waterfalls

Starting from The Henderson Hall in Tal-Y-Bont On Usk, joining the Usk Valley walk to Cwm Banw Watweralls and returning along the reservoir and the Brinore tramroad (7 miles moderate)

#### 3rd November - Ysgyrd Fawr Classic

Starting from Pandy, taking our well known route to Llanvihangel Crucorney and contouring the mountain. We make our way along the top, with views of England and Wales, we descend back to Pandy, passing Wern Gifford (9 miles strenuous)

#### 24th November - The Rocking Stone

Starting from Tredegar Shopping Centre Carpark, passing along The Rec and a climb up to Mynydd Bedwellty, then onto The Rocking Stone. We return back along the ridge and drop down to Bedwellty Park which brings us back to the start (7.5 miles strenuous)

### 15th December - Aneurin Bevan Stones

Starting from Bryn Bach Park, Tredegar, joining the cycle path and going across the Nine Arches with a visit to the Aneurin Bevan Stones then returning through Dukestown (5.5 miles moderate)

### 1st December - Christmas Walk & Meal

A short walk followed by a meal at lunchtime. Details of this walk will be confirmed closer to the date.





Scan for



For updates on the walks, please follow North Gwent Ramblers on Facebook. Any updates will be posted on Thursday evenings.

Walks co-ordinator
Tom Jones
07885980792

www.ramblers.org.uk