

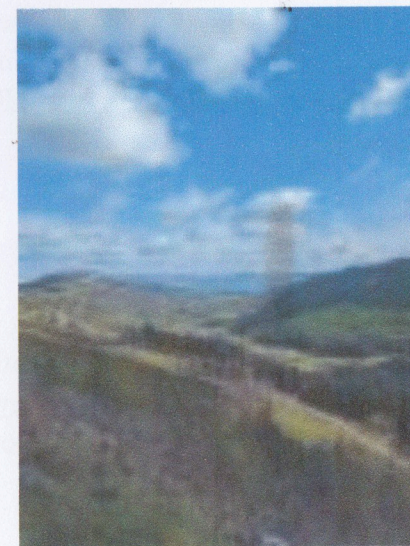
NOTES

- Meeting point is either the car park at the rear of the Market Hall, Brynmawr or Bryn Bach Park (see Facebook for updates)
- Start time for the walks will be 9.00
- Wear strong boots or shoes, bring waterproof clothing and some lunch
- We regret that dogs are not allowed on the walks.
- Children are welcome when accompanied by an adult.
- The walk leader reserves the right to cancel or alter the walk without prior notice.
- The walk leader will appoint a back marker to close and secure gates.
- Members will be kept informed of changes to the programme at group meetings, on walks and via Facebook.
- Non-members are invited to join the Ramblers Association after three walks.
- Please refer to the new grading system for information on each walk

Spring/Summer Hill Walking Kit List

- Rucksack (about 35 litres)
- Boots (with ankle support and soles which will grip on rock, grass and mud)
 - Waterproof jacket with hood
 - Waterproof over trousers
- General trekking trousers (not jeans or cotton material)
 - Thermal top
 - Fleece top
- Gaiters (not always essential)
 - Warm hat
 - Gloves or mitts
- Spare layer e.g. fleece top

North Gwent Ramblers Guided Walks Programme



**Spring/Summer
2025**

11th May – Symonds Yat and The Wye from above

Starting from Symonds Yat visitors car park, following the River Wye, passing through Lady Park Wood. Mainly a woodland walk until we arrive at the Wye Valley viewpoint (8 miles 3 boot)

25th May – Talgarth & Pwll-y-Wracht

Starting from the main carpark in Talgarth, heading out to Park Cottage and Bradwys Wood, then on to Llanelliau and Rhos Fach Common and finishing up passing through Pwll-y-Wracht Nature Reserve (7.5 miles 3 boot)

8th June – Tintern Abbey

Starting from Tintern Old Station, walking through to Brockwier following the Offas Dyke Path to Devil's Pullpit with views of Tintern Abbey and returning along the river Wye (9 miles 3 boot)

22nd June – The Rocking Stone

Starting from Tredegar Shopping Centre carpark, passing through the town, visiting an old cholera cemetery then on to Mynydd Bedwellty and The Rocking Stone, (which was deposited by a glacier) returning via Bedwellty Park (8 miles 4 boot)

6th July – Free Date

20th July – Mordiford Loop and Hampton Bishop

Starting from Mordiford, taking in the loop and a lowland walk along the river Wye, returning via Sufton (7 miles 2 boot)

3rd August – Pant y Creigau

Starting from the carpark at the top of Pontstill Reservoir, walking through Cwm Calln, Bryniau Gleison and Pant y Cregiau trigpont, returning via Torpantau Station and Cwm Sychant (8 miles 4 boot)

17th August – – Dingestow and Kings Wood

Starting from Dingestow village carpark, walking to Kings Wood and Dinglewood, passing through lower Hendre and returning to the start (7 miles 3 boot)



Scan for



For updates on the walks, please follow North Gwent Ramblers on Facebook. Any updates will be posted on Thursday evenings.

Walks co-ordinator

Tom Jones

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www.ramblers.org.uk

