

MirrorX: A Cultural Alignment Experience

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This experience offers a short but potent reflection on what your organization is *truly* aligned with (what it silently reinforces).

This isn't a diagnostic

This isn't a survey. This isn't even a solution.

It's a mirror. One designed to show you the energetic code your team, your company, or your mission is operating under. Not the one in your handbook. The one that lives in your meetings, your language, and your silences.

Most culture tools ask what you value. This one shows you what you've accepted.

It's subtle. It's uncomfortable.

And once you see it, you can't unsee it.

Begin Your Experience

- You'll receive:
- ✓ A guided 2-minute mirror visualization (link below)
 - ✓ A downloadable reflection prompt (pg 2)
 - ✓ A 5-question cultural pattern pulse-check (pgs 3-4)

Next steps

Start with the [2-minute guided audio](#)

After the Mirror: *A Moment to Reflect*

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Let your answers surprise you.

Take a few quiet minutes to sit with what surfaced. These questions are meant to guide (not direct) your awareness.

1. What stood out most in your mirror experience. Why? Was it a feeling, a word, a silence, or something else? Don't rush to interpret. Just describe.

2. What subtle patterns in your workplace or team suddenly feel visible now? Think about (a) the emotional undercurrents, (b) what gets rewarded, and/or (c) what's often unspoken.

3. What cultural truth are you now aware of ... and how might it be shaping outcomes? Even if it's uncomfortable or nuanced, name the "code" that revealed itself.

Cultural Pulse Check

A Moment to Reflect

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A short scan to help name what’s shaping your culture beneath the surface.

Instructions

Rate each of the following on a scale from 1 to 5.

(1 = Rarely true · 5 = Almost always true)

1. Unspoken rules influence decision-making more than written policies.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

2. People are celebrated for ‘fitting in’ more than for disrupting the norm.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

3. Certain voices (or styles of speaking) hold more weight in meetings.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

4. Team members tend to stay silent when things feel misaligned.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

5. We talk about values openly, but our daily actions don’t always match.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Interpreting Your Pulse Check

Total your answers to the five questions (on the previous page). Your total score will be between 5 and 25.

◆ 5–10: *Clear Cultural Alignment*

You’re operating in high trust, transparency, and congruence. Patterns support the values you speak about ... and live.

Next step: Use this insight to scale what’s working. Reflect on how to protect this alignment as you grow or shift.

◆ 11–17: *Emerging Tension*

Some values are lived; others are whispered. There’s a gap ... not dangerous, but important.

Next step: Consider hosting a cultural conversation or clarity audit. Small adjustments now can prevent deeper misalignment later.

▼ 18–25: *Hidden Misalignment*

What’s stated and what’s sensed are not the same. Energetically, this creates confusion, delay, or disengagement.

Next step: It may be time for an honest diagnostic. Start with a Cultural Clarity Consult to begin mapping the disconnects.

Schedule a Clarity Consult

You’ve done the inner scan. Ready to explore what’s next?

→ Schedule a Clarity Consult at [Your First Step](#)