This is a selfie I took with my daughter right before I took that awful plunge on Blue Mountain...and they call that trail the Lazy Mile...go figure.

ON THE COVER

A SPECIAL NOTE OF THANKS

On January 17th, you played a key role in helping me get through a traumatic injury after a nasty fall on the slopes at Blue Mountain. I truly appreciate everything you did to help get my injured femur on the road to recovery.

You are a fantastic surgeon and should be very proud.

I especially appreciate your travel
on a Sunday night to Blue Mountain Hospital
and liked the way you explained
the surgery to me and my family.
Your professionalism, compassion to those
in pain and need, along with your surgical team,
gave me a great sense of relief
knowing that I was in good hands.

My recovery at home is going well and the rehab is on track. I've followed up with my hometown orthopaedist, Dr. Ashley Anderson.

P.S. Stay away from skiing on ungroomed trails – it can be dangerous!