



INFINITE POSSIBILITIES
OCCUPATIONAL THERAPY

NEURODIVERGENT-AFFIRMING PARENTING SUPPORTS CONNECTION THROUGH UNDERSTANDING

HAVE YOU EVER FOUND YOURSELF WONDERING...

Why do they go from '0-100' so fast?

Why are things so hard for them?

Why won't they do what I ask?

Why won't they just listen?

Why do they take it out on me?

WELL, WONDER NO LONGER!

Here at IPOT, we are passionate about wrap-around supports for Neurodivergent children, teens, and parents- to ensure that every family we work with can live their lives authentically, with support to let their their inherent skills, strengths, and processing styles shine.

The firststep to achieving this, is to understand *how* those amazing brains work, how they are different to yours - and even different to others with the same/similar Neurotypes, and how you can make simple changes to reduce overload and create environments that facilitate a content and authentic Neurodivergent existence!

Our Parenting Supports are individualised, flexible, and empowering solutions tailored to your families unique needs and resources.

IPOT - EMBRACE - EMPOWER - THRIVE



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SERVICE INFORMATION



Affirming, honest, and respectful support from our Senior Occupational Therapist, Sarah Young. Open to new and existing clients of IPOT



Online support, with assessment and consultation in natural environments (e.g. home, school, community activities) as required



Appointments available every Friday, 1 hour duration. New Clients - register at www.infinitepossibilitiesot.com/contact-us



Support available for as long as you need it, and as regularly as you need it - weekly, fortnightly, monthly, or just check-ins as required



NDIS Self or Plan Managed (Improved Daily Living), or Private Funding accepted. To book - email admin@infinitepossibilitiesot.com

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NEURODIVERGENT-AFFIRMING PARENTING SUPPORT
**CONNECTION THROUGH
UNDERSTANDING**

Sarah Young

AuDHD

She/Her

Senior OT & Director IPOT



About Sarah

- Occupational Therapist - University of Newcastle (2009)
- Late diagnosed AuDHD-er (at 33!)
- Extensive clinical experience in Disability, Neurodivergence, Trauma-Informed Care (including cPTSD), and Specific Learning Disorders
- Lived experience of Neurodivergence, Neurodivergent Parenting, and Parenting as a Neurodivergent adult
- Open, honest, empathetic and transparent
- LOVES the beach, being outdoors, art, her dogs, and of course her two beautiful children

AD/HD

