

## SOCIAL CONNECTION PROGRAM

## **Background Information**

Here at IPOT, we are a tad obsessed with an Affirming, regulation, and identity-focussed approach to anything. Our clinical ethos is built around the fact that there is nothing 'wrong' with you or your child, we're simply a unique operating system in a world that wasn't made with us in mind. And, sadly, no one gives you a manual to navigate the chaos that is our society. Or the people and processes within it.

Unfortunately, (spoiler alert), there is no manual, and it can feel incredibly isolating when there aren't any other humans like you in your life. We know, from lived experience, that the SINGLE GREATEST THING that can happen to a uniquely-wired human, is finding other similarly-wired humans to get through life with. Those who get it. Those who live it.

So, IPOT has teamed up with the legends themselves from Little Leaders Australia, to offer the Coast's first truly ND/Disability-Affirming, regulation-focussed, empowering, confidence and self-esteem building social program for kids and adolescents.

We're not going to change you. We're not going to teach you to 'fit in' at your own expense. We are going to arm you with knowledge, understanding, true acceptance, social connections and a sense of belonging, with peers just like you.

The Introductory Program is recommended as a starting point for Younger Children from 5-11 years, who have not yet completed a term of LikeMinds Co./LikeForms Co. Groups, and who may not have yet experienced the affirming approach that we use to support our people.