



# SOCIAL CONNECTION PROGRAM

Term 2, 2024

## Program Details

6 x Weekly Group Sessions of 2-hours duration - with capped numbers of group members and a high ratio of experienced facilitators for support. 1:1 Support for is available for Children if required.

Input from IPOT's Senior Occupational Therapist - Sarah Young, to provide support, develop strategies, and assist with individualised programming for each child.

The Sessions are tailored to the availability, age, interests, skills and needs of the children within the group, and will include centre-based and community activities. The main goals of the Group Program are:

- Developing an age and ability-appropriate understanding of the concept of Neurodiversity and the Social Model of Disability - that all brains and bodies are worthy and valued.
- Developing a positive Identity.
- Developing an age and ability-appropriate understanding of their own brains and bodies, unique learning and communication styles, and cup-fillers vs. cup-emptiers.
- Meeting and connecting with other children just like themselves, to form genuine, respectful and accepting social relationships.
- Encouraging and facilitating the development of self-advocacy skills.
- Development of positive practices to foster increased self-esteem, confidence, and self-worth.
- Exploring the benefits of mindfulness, gratitude, and team work, to equip group members with long-term strategies.

**Price:** Introductory - \$1470.00 - Returning Members - \$1,100.00

**Locations:** Green Point Community Centre and Tumby Community Hall.

**Days:** Monday to Friday - Pending Registrations and availability - groups are scheduled around the availability wherever possible.

**Time:** 4:30pm-6:30pm - Starting Monday of Week 3, Term 2, 2024