

Exhort One Another

Weekly Newsletter

“Beware, brethren, lest there be in any of you an evil heart of unbelief in departing from the living God; but exhort one another daily, while it is called “TODAY,” lest any of you be hardened through the deceitfulness of sin.”

(Hebrews 3:12-13, NKJV)



Pop Quiz

How many giraffes were brought on Noah’s Ark?
(See *Genesis 6-7*)



Interesting Observation

In Genesis 18:6-8 Abraham serves meat, cheese, bread and milk...
Cheeseburgers anyone?
(With a milkshake on the side!) 🍔 🥤



Memory Verse

1 Peter 2:1-3

“So rid yourselves of all malice, all deceit, hypocrisy, envy, and all slander. Like newborn infants, desire the pure spiritual milk, so that you may grow by it for your salvation, since you have tasted that the Lord is good.”

Food For Thought

Hebrews 5:14

“But solid food is for the mature—for those whose senses have been trained to distinguish between good and evil.”

Grace and peace from God the Father and our Lord Jesus Christ!

Since this is the first official newsletter in this series, let’s kick this off with the topic of **solid food**. We all have to start somewhere, and the first things we must learn are the gospel essentials to understanding how we might receive the promises of God and come to be born into His household. In the infancy of our walk with God we need spiritual milk and not the solid food, so that we might be nurtured by the Word as we grow to become children of God (Yahuah), it’s important that we eventually graduate from milk to *solid food*, which will strengthen our bones as we learn to walk in His ways, and help others to begin their own relationship with God. To teach another, we must first learn ourselves.

In this Food for Thought section, we will be aiming to cause introspective thought on how we are to grow further in the Word of God, establish our walk, and strengthen our weak knees (*Isaiah 35:3*,

Hebrews 12:12-15); so that we might run the race with perseverance (*Hebrews 12:1-5*), with the Word of God as the light on our path for our feet (*Psalms 119:105*)

So what is solid food, according to scripture? The *teaching of righteousness*.

📖 Hebrews 5:12-14

“Although by this time you ought to be teachers, you need someone to teach you the basic principles of God's revelation again. You need milk, not solid food. Now everyone who lives on milk is inexperienced with the message about righteousness, because he is an infant. But solid food is for the mature—for those whose senses have been trained to distinguish between good and evil.”

So we see that the “milk” is the “basic principles of God’s revelation”, and the “solid food” is the “message about righteousness.” A few of these “milk” basics are outlined in the next verse.

📖 Hebrews 6:1-3

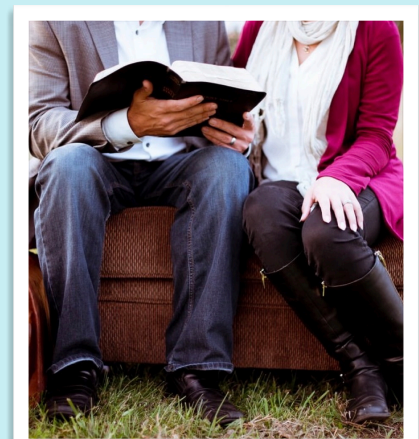
“Therefore, leaving the elementary message about the Messiah, let us go on to maturity, not laying again the foundation of repentance from dead works, faith in God, teaching about ritual washings, laying on of hands, the resurrection of the dead, and eternal judgment. And we will do this if God permits.”

We are called beyond the ‘first steps’ of repentance, faith, baptisms (“washings”), laying on of hands, and knowledge of the resurrection, and eternal judgement. Of course, that list in itself is a substantial amount of understanding for us to have; it is our foundation, and what sustains and propels us on to further things. It can be tempting to let our understanding rest here once we feel

CONVERSATION STARTER

What is conversation? Are there biblical guidelines for fruitful conversation? Is there a way to have a respectful and loving conversation – even about difficult topics– while maintaining peace and patience toward’s each other? How can we better consider our purpose and conduct in conversation with one another?

📖 Colossians 4:6 (NIV) “Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.”



like we've grasped these elementary things, but what we can know from Hebrews is that these things are only the beginning! May God make us *mature* in the Word and give us solid food! Although moving on to the "meat" of the word does not imply that the "milk" is forgotten, it does challenge us to continually push forward and not become 'stagnant' in our faith. Maturity is what we aim for. We yearn to know the teaching about righteousness, and as we progress toward that goal, we will indeed find that our senses are trained to distinguish between good and evil, and our foundation, built upon those first teachings, will be established even more as we continue to grow in our understanding.

Let us all strive to establish ourselves in this "milk", and continue on to the "meat" of the Word: the teaching of righteousness.

Be Separate

2 Corinthians 6:17-18

"Therefore, come out from among them and be separate, says the Lord; do not touch any unclean thing, and I will welcome you. I will be a Father to you, and you will be sons and daughters to Me, says the Lord Almighty."

Today's Topic Is: **Being Separate.**

Being separate seemed like a pretty good topic to start off with for our first issue, as that is what this column is all about!

What does it mean to be separate? Well to be separate is to be holy. Both the Hebrew (שׁוֹדֵד) and Greek (ἅγιος) words for 'holy' literally mean, "to be set-apart," or, "consecrated (to God)". We are called to be holy, to be *set apart* to God. Similarly, James contrasts being separated *to* God with being separated *from* the world:



James 4:4

"Adulteresses! Don't you know that friendship with the world is hostility toward God? So whoever wants to be the world's friend becomes God's enemy."

So how are we to set ourselves apart from the world?

Ephesians 1:4 tells us that we are called to be, "Holy and blameless." How do we achieve blamelessness? By pursuing *righteousness*. So we see that righteousness and holiness go hand in hand. This is consistent, and is in the same vein as the former section, in fact.

📖 1 Peter 1:14-16

“As obedient children, do not be conformed to the desires of your former ignorance. But as the One who called you is holy, you also are to be holy in all your conduct; for it is written, **Be holy, because I am holy.**”

We are supposed to be holy in all our conduct, and not conform ourselves to the desires of our former ignorance, that is, to the worldly desires to which we were enslaved prior to Christ’s setting us free.

📖 Revelation 22:11

“Let the unrighteous go on in unrighteousness; let the filthy go on being made filthy; let the righteous go on in righteousness; and let the holy go on being made holy.”

Even in the end times, there will be a clear distinction between the holy and righteous children of God, and the filthy and unrighteous children of the devil.

May Yahuah give us all the steadfastness to continue to be made holy in our conduct, in our speech, and in our hearts and minds!

QUESTIONS

How is our conduct related to our thought life?
How can we strive to be holy in all of our conduct?
What are some other passages that can define holiness in our conduct?

To Wrap It All Up

I hope you enjoyed this! It was a little on the short side, but I think it will serve as a good starting point! In the future we will aim to dig deeper than we did in this first edition, but this should give you a taste for the kinds of things you might see in the following weeks!

And for those of you who read this little tome to the end, we wanted to share a song! Aaron Shust’s latest song: “*Every Morning*”.



[YouTube](#)

[Apple Music](#)

LIVE IT!

This week, let’s challenge ourselves to live out Proverbs 15:1. How might this passage apply in daily life?

Proverbs 15:1
“A gentle answer turns away anger, but a harsh word stirs up wrath.”

A Final Note:

The purpose here is to build each other up, so send in your thoughts and I'll figure out a way to organize them and include them!¹ Don't worry about whether it fits into a particular category, because I can always make another section! It can be anything, from a favorite song, to a good maxim or anecdote, an interesting thought on a passage of scripture, or even advice for others to consider.

If you share any content or feedback, let me know whether you want your first name or a pseudonym published, or if you would rather remain completely anonymous; please let me know what feedback you mind being published and what you would like to be kept only to the publishing team, as we are happy to oblige (although I hope you will feel like sharing with other contributors to this publication!).

If you would like to share a true story of your own, your testimony, a thought, answer to a pop quiz, or *any other feedback*; or if you have any comments or ideas on how to improve this newsletter, please email me at:

jesusmakesmyday@icloud.com

–The Editor

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¹ Although I may not have an opportunity to include your contributions immediately, I will do my best to include them in another issue when I can! ;)

Always remember:

1 Thessalonians 5:14-25 (NKJV):

“Now we **exhort** you, brethren, warn those who are unruly, comfort the fainthearted, uphold the weak, be patient with all.

See that no one renders evil for evil to anyone, but always pursue what is **good** both for yourselves and for all.

Rejoice always, pray without ceasing, in **everything** give thanks; for this is the will of God in Christ Jesus for you.

Do not quench the Spirit.

Do not despise prophecies.

Test all things; **hold fast** what is good.

Abstain from every form of evil.

Now may the God of peace Himself **sanctify** you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ. He who calls you is **faithful**, who also will do it.

Brethren, pray for us.”

May our Lord Yahuah, bless you all. The grace of the Lord Jesus Christ be with you. Amen.