

## Sea Lion Fun Facts

- A baby sea lion is called a pup
- A sea lion can hold its breath under water for 20 minutes
- A sea lion can dive 1,000 feet
- A sea lion can swim up to 22 miles an hour
- A female sea lion can weigh as much as 400 pounds and a male sea lion can weigh as much as 800 pounds
- Sea lions swallow their food whole (they don't chew)

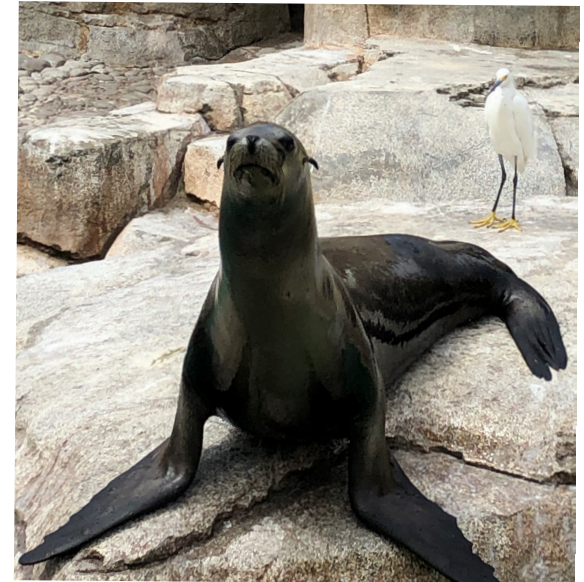


## How can I help sea lions and other marine life?

- **Reduce the use of single use plastics**
  - ▶ Use a refillable water bottle to eliminate plastic bottles that may end up in the ocean
  - ▶ Bring reusable bags to the grocery store. Each plastic bag saved is one less bag a marine animal may think is food
  - ▶ Replace plastic straws with biodegradable or multi-use straws to reduce ocean pollution
- **Dispose of fishing lines properly so animals do not get tangled in them**
- **Keep our beaches clean**
  - ▶ Join a beach clean-up
  - ▶ Every time you go to the beach, pick up at least five pieces of trash and dispose of it properly

## Sea Lions

### An Easy Guide



Sea lions are part of the pinniped family. Pinnipeds are marine mammals with front and rear flippers.

Pinnipeds live in the ocean but are able to come on land for long periods of time.

Education = Conservation = Preservation



This pamphlet was created by a fifteen year old marine enthusiast who believes that the more you know, the more you want to help. He hopes that by learning about sea lions, you will be inspired to conserve, preserving our oceans and helping all marine life. For more information, visit [exploremarinelife.com](http://exploremarinelife.com)



### Do I See A Sea Lion?

- Does it have external ear flaps instead of ear holes?
- Does it have 2 front flippers and 2 back flippers?
- Can it walk on land on all 4 flippers rather than bouncing on its stomach?
- Does it swim with its front flippers?
- Does it make a barking sound to communicate?

If you answered “yes” to any of the questions above, you have spotted a **Sea Lion**

### More Sea Lion Facts

- There are 7 known sea lion species
- One sea lion species, the Japanese Sea Lion, became extinct in the 1950's
- The California Sea Lion is the species most often seen in animal shows
- Sea lion groups have different names based on if they are on land (a colony) or in the water (a raft)



The sea lions on the docks in Marina del Rey and San Francisco are California Sea Lions