

F.No. Z 15025/23/2017/Dir/CGHS
GOVERNMENT OF INDIA
MINISTRY OF HEALTH & FAMILY WELFARE
CGHS DIVISION
(CGHS- I SECTION)

Nirman Bhawan, New Delhi
Dated 25/04/2019

To

All Addl. Directors,
CGHS,

Sub: Introduction of Annual Medical Examination for CHS and Dental doctors of the age of 40 years and above on the lines of Annual Medical Examination for other Group 'A' Officers of Central Civil Services.

Sir/Madam,

I am directed to forward herewith a copy of OM No. A.28012/08/2017-APAR dated 24th April, 2017 received from the Under Secretary CHS Division (APAR) alongwith its enclosures on the subject mentioned above for compliance of said OM .

Encl:- As above

Yours faithfully,

Signature valid

Digitally signed by
DHARMINDER SINGH
Date: 2019.04.25 15:29:49
IST
Reason: Approved

(Dharminder Singh)
Under Secretary to the Govt. of India

Copy to:-

Under Secretary CHS Division (APAR) Ministry of Health & FW w.r.t. their OM cited for information please.

No. A28012/08/2017-APAR
Government of India
Ministry of Health & Family Welfare
(CHS-Division)

Nirman Bhawan, New Delhi-1100011
Dated the 24th April 2017

OFFICE MEMORANDUM

Subject: Introduction of Annual Medical Examination for CHS and Dental doctors of the age of 40 years and above on the lines of Annual Medical Examination for other Group 'A' officers of Central Civil services.

The undersigned is directed to draw attention to the Office Memorandum No 21011/ 1/ 2009-Estt. (A) part dated 1st February 2012 issued by Department of Personnel and Training read with Office Memoranda of even No dated 20th March 2013 and 15th January 2015 vide which Annual Medical Examination has been introduced for Group 'A' officers of Central Civil services of age 40 years and above. The scheme of Annual Medical Examination has been considered by this Ministry in respect of CHS and Dental doctors and it has been decided to introduce the said scheme for CHS and Dental doctors of the age of 40 years and above on the lines prescribed by DoPT in OMs referred above (copy enclosed).

2. The Annual Medical Examination may be conducted in the hospitals empanelled by the Ministry from time to time at the rates of Rs. 2000/- for male officers and Rs. 2200/- for female officers who visit the hospital / institute with the requisite permission letter from their Competent Authority. The expenditure incurred for this purpose shall be reimbursed by the concerned organization as per the prescribed rate or actual whichever is lower.

3. The list of medical tests for the above purpose is as per Annexure-I. The proforma for Health Check up for CHS and Dental doctors is annexed as Annexure II. The Summary of the Medical Report is to be prepared separately by the Medical Authority in the prescribed format i.e. Annexure III. The summary of Medical Report is to be enclosed by the officer concerned in his APAR.

4. In non CGHS areas, the number of hospitals empanelled under CS (MA) Rules being relatively lower, different offices may identify one or more hospitals locally and refer the officers to such hospitals for medical examination as per the prescribed schedule and rates. State Government hospitals and semi-Govt./ Public Sector Undertaking (PSU) hospitals may also be contacted for the purpose.

M M G M

(Lalit Kumar))
Under Secretary to Government of India
Tel 011 2306 2550

To

All participating units of CHS

Copy to:

- (i) NIC (MoHFW) with the request to upload the OM on the website of this Ministry.
- (ii) PS to JS(SK)
- (iii) Hindi Section for Hindi version of the OM.

Lists of Tests for Annual Medical Examination in respect of CHS and Dental doctors

| | |
|----|--|
| 1. | Haemogram (i) Haemoglobin (ii) TLC (iii) DLC (a) Polymorphs (b) Lymphocytes (c) Eosinophils (d) Basophils (e) Monocytes |
| 2. | Urine Examination (i) Colour (ii) Albumin (iii) Sugar (iv) Microscopic examination |
| 3. | Blood Sugar (i) Fasting (ii) Post-prandial |
| 4. | Lipid Profile (i) Total Cholesterol (ii) HDL Cholesterol (iii) LDL Cholesterol (iv) VLDL Cholesterol (v) Triglycerides |
| 5. | Liver Function Tests (i) S.Bilirubin (Total) (ii) S.Bilirubin (Direct) (iii) S.G.O.T. (iv) S.G.P.T. |
| 6. | Kidney Function Tests (i) Blood Urea (ii) S.Creatinine (iii) S.Uric Acid |
| 7. | Cardiac Profile (i) S.LDH (ii) CK-MB (iii) S.CRP (iv) SGOT Others For Men (v) PSA |

Lists of Tests for Annual Medical Examination in respect of CHS and Dental doctors

| | |
|----|--|
| 1. | Haemogram (i) Haemoglobin (ii) TLC (iii) DLC (a) Polymorphs (b) Lymphocytes (c) Eosinophils (d) Basophils (e) Monocytes |
| 2. | Urine Examination (i) Colour (ii) Albumin (iii) Sugar (iv) Microscopic examination |
| 3. | Blood Sugar (i) Fasting (ii) Post-prandial |
| 4. | Lipid Profile (i) Total Cholesterol (ii) HDL Cholesterol (iii) LDL Cholesterol (iv) VLDL Cholesterol (v) Triglycerides |
| 5. | Liver Function Tests (i) S.Bilirubin (Total) (ii) S.Bilirubin (Direct) (iii) S.G.O.T. (iv) S.G.P.T. |
| 6. | Kidney Function Tests (i) Blood Urea (ii) S.Creatinine (iii) S.Uric Acid |
| 7. | Cardiac Profile (i) S.LDH (ii) CK-MB (iii) S.CRP (iv) SGOT Others For Men (v) PSA |

| | | |
|-----|-----------------------------|--|
| | For Women | |
| | (vi) PAP SMEAR | |
| 8. | X-Ray -Chest PA View Report | |
| 9. | ECG Report | |
| 10. | USG Abdomen Report | |
| 11. | TMT Report | |
| 12. | Mammography Report (Women) | |

Gynaecological Health Check-up

| | |
|---|-----------------------|
| 1 | Pelvic Examination |
| | (i) Local Examination |
| | (ii) Per Vaginum(P/V) |
| | (iii) Per Speculum |

Surgical examination

| | |
|---|---|
| 1 | (i) Surgical Examination |
| | (ii) Breast Examination |
| | (iii) Urological Examination (for Men only) |
| | (iv) Rectal Examination (for Men only) |

Systemic Examination

| | |
|----|---------------------|
| 1. | Resp System |
| 2. | CVS |
| 3. | Abdomen |
| 4. | CNS |
| 5. | Locomotor System |
| 6. | Denatal Examination |

Family History of:

DM ☐

HT ☐

Obesity ☐

Premature CAD

Yes / No

Malignancy

Yes / No

Stroke

Yes / No

T.B.

Yes / No

Glaucoma & Premature Cataract

Yes / No

Smoker-

Yes / No

If yes Number per day

Ex-Smoker

Years of Smoking

Years of quitting smoking

Vegetarian

Yes / No

Pan Masala

Yes / No

Alcohol

Yes / No

If regular how many ml per day

Regular Exercise

Yes / No

Nature of Exercise:

Walking

Jogging

Cycling

Swimming

PROFORMA FOR HEALTH CHECK UP FOR CHS AND DENTAL DOCTORS

Name :

Age : Sex : M / F

Marital Status : Married ☐ Unmarried ☐

Residential Address :

Tele-contact :

E-mail ID :

Office Address :

Blood Group :

History of Known IllnessRaised BP- Yes ☐ No ☐ If, yes - on Regular treatment- Yes ☐ No ☐DM - Yes ☐ No ☐ If, yes- on Regular treatment- Yes ☐ No ☐IHD Yes ☐ No ☐ If, yes- on Regular treatment- Yes ☐ No ☐Stroke Yes ☐ No ☐ If, yes- on Regular treatment- Yes ☐ No ☐Kidney Disease:Chronic Renal Failure Yes ☐ No ☐ If, yes- on Regular Dialysis Yes ☐ No ☐Any History of Surgery /prolonged hospitalization (more than 2 weeks) Yes ☐ No ☐

If yes, the reasons thereof

Any History of loss of appetite Yes ☐ No ☐Any History of loss of weight Yes ☐ No ☐Any History of altered bowel habit Yes ☐ No ☐Any History of Chewing Tobacco Yes ☐ No ☐

SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE
ATTACHED TO APAR)

1. Overall Health of the Officer
2. Any other remarks based on the
Health Medical Check-up of the officer
3. Health profiling grading

Date:

Signature of Medical Authority
Designation

No. 21011/1/2009-Estt (A)- Part
Government of India
Ministry of Personnel, Public Grievances and Pensions
(Department of Personnel and Training)

North Block, New Delhi, 1st February, 2012

OFFICE MEMORANDUM

Subject:- Introduction of Annual Medical Examination for the Group 'A' officers of Central Civil Services of age 40 years and above.

The undersigned is directed to say that a scheme of Annual Medical Check-up is already operating in respect of All India Service officers. This Department had taken up the issue of covering Group 'A' officers of Central Civil Services/posts for Annual Medical Check-up in consultation with the Ministry of Health and Family Welfare and the Ministry of Finance (Department of Expenditure). It has now been decided that Group 'A' officers of Central Civil Services/Posts of and above the age of 40 years will be covered by the Annual Medical Check-up scheme. The following package rates for the above purpose have been approved:-

- (i) Annual Medical Examination of Men officers- Rs. 2000/-
(Rupees Two Thousand only)
- (ii) Annual Medical Examination of Women officers- Rs. 2200/-
(Rupees Two Thousand and Two Hundred only)


2. The regime of medical tests for the above purpose will be as given in the ANNEXURE-I.

3. The Ministry of Health and Family Welfare has informed that the above rates were offered to CGHS empanelled private hospitals in Delhi and NCR and the 26 hospitals given in ANNEXURE-II have accepted the offer and agreed to conduct the Annual Medical Examination of the Group 'A' Officers of Central Civil Services of 40

Contd..

years and above. The Ministry of Health and Family Welfare is in the process of empanelling hospitals in other CGHS cities on the same terms and conditions. In non-CGHS cities the offer is being made to the hospitals recognized under CS(MA) Rules, 1944. Ministry of Health and Family Welfare has indicated that it will require atleast three months time for empanelling the hospitals for other places outside Delhi/NCR where CGHS/CS(MA) recognized hospitals are available. This will be communicated later. There are places where there are no empanelled hospitals. In such places, the administrative Departments/offices may engage quality local hospitals on the same terms and conditions to get the Annual Medical Examination of their officers conducted subject to ceiling of Rs.2000 and Rs.2200/- for men and women officers respectively or actual whichever is less.

4. All Ministries/Departments are accordingly requested to cater the estimated expenditure in their budget for reimbursement of the amount to the concerned officer and implement the scheme during the financial year 2012-13 for the officers located in Delhi and NCR. Instructions with respect to officers located outside Delhi/NCR where CGHS/CS (MA) recognized hospitals are available would follow. The concerned officer may be handed over the copy of complete Medical Report and the summary of the Medical Report in the enclosed proforma (Annexure-III) separately prepared by the Medical Authority is to be attached to the APAR of the concerned officer.


(C.A. Subramanian)

Joint Secretary to the Government of India

To
All Ministries/Departments of Government of India

Copy to:-
President's Secretariat/Vice-President's Secretariat/Prime Minister's Office/Cabinet Secretariat/Election Commission/Lokk-Sabha Secretariat/Rajya Sabha Secretariat/ C&AG/UPSC/CIC/SSC.
2. Technical Director, NIC, Department of Personnel and Training for uploading the circular under the heading-'what is new' this Department's web-site immediately.

ANNEXURE-I

- 3 -

INVESTIGATION REPORTS**Tests for Group 'A' Officers**

| | |
|----|--|
| 1. | <u>Heamogram</u> (i) Haemoglobin (ii) TLC (iii) DLC (a) Polymorphs (b) Lymphocytes (c) Eosinophils (d) Basophils (e) Monocytes (iv) Peripheral Smear |
| 2. | <u>Urine Examination</u> (i) Colour (ii) Albumin (iii) Sugar (iv) Microscopic Ezam. |
| 3. | <u>Blood Sugar</u> (i) Fasting (ii) Post-Prandial |
| 4. | <u>Lipid Profile</u> (i) Total Cholesterol (ii) HDL Cholesterol (iii) LDL Cholesterol (iv) VLDL Cholesterol (v) Triglycerides |
| 5. | <u>Liver Function Tests</u> (i) S. Bilirubin (Total) (ii) S. Bilirubin (Direct) (iii) S.G.O.T. (iv) S.G.P.T. |
| 6. | <u>Kidney Function Tests</u> (i) Blood Urea (ii) S. Creatinine (iii) S.Uric Acid |

Contd...

| | |
|-----|--|
| 7. | <u>Cardiac Profile</u> (i) S.LDH (ii) CK-MB (iii) S.CRP (iv) SGOT <u>For Men</u> (v) PSA <u>For Women</u> (vi) PAP SMEAR |
| 8. | X-Ray-Chest PA View Report |
| 9. | ECG Report |
| 10. | USG Abdomen Report |
| 11. | TMT Report |
| 12. | Mammography Report (Women) |

Gynecological Health Check UP

| | |
|---|---|
| 1 | Pelvic Examination (i) Local Examination (ii) Per Vaginum (P/V) (iii) Per Speculum |
| | Surgical Examination |
| | Breast Examination |
| | Urological Examination (For Men only) |
| | Rectal Examination (For Men only) |

Systemic Examination

| | |
|----|--------------------|
| 1. | Resp System |
| 2. | CVS |
| 3. | Abdomen |
| 4. | CNS |
| 5. | Locomotor System |
| 6. | Dental Examination |

Contd....

- 5 -

Eye Examination

| | |
|----|---------------------|
| 1. | Distant Vision |
| 2. | Vision with Glasses |
| 3. | Colour Vision |
| 4. | Tonometry |
| 5. | Fundus Examination |

ENT

| | |
|----|-------------|
| 1. | Oral Cavity |
| 2. | Nose |
| 3. | Throat |
| 4. | Larynx |

Contd.....

- 6 -

LIST OF HOSPITALS WHO HAVE ACCEPTED THE RATES FOR ANNUAL HEALTH CHECK UP.

1. Fortis Ft. Lt. Rajan Dhall Hospital, Vasant Kunj, New Delhi.
2. Fortis International Hospital, Noida.
3. Escorts Heart Institute & Research Centre, Okhla.
4. Sarvodaya Hospitals, YMCA Road, Faridabad.
5. Kailash Hospital, Noida.
6. Metro Hospital, Preet Vihar, New Delhi.
7. RLKC Hospital, Naraina Road, New Delhi.
8. MGS Hospital, West Punjabi Bagh, New Delhi.
9. Kukreja Hospital, Kirti Nagar, New Delhi.
10. Paras Hospital, Gurgaon.
11. BL Kapoor Hospital, Pusa Road, New Delhi.
12. Kalra Hospital, Kirti Nagar, New Delhi.
13. Max Hospital, Saket, New Delhi.
14. Max Hospital, Patparganj, New Delhi.
15. Narender Mohan Hospital, Ghaziabad.
16. Apollo Hospital, Noida.
17. Max Hospital, Gurgaon.
18. Sunder Lal Jain Hospital, Ashok Vihar, New Delhi.
19. Bansal Hospital, New Friends Colony, New Delhi.
20. Yashoda Hospital, Ghaziabad.
21. St. Stephans Hospital, Tis Hazari, Delhi.
22. Sumitra Hospital, Noida.
23. Metro Hospital, Noida.
24. Dr. P. Bhasin Path Labs (P) Ltd, New Delhi.
25. Surbhi Hospital, Noida.
26. Prakash Hospital, Noida.

Contd....

ANNEXURE-III

- 7 -

SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE ATTACHED TO APAR)

| | | |
|----|--|--|
| 1. | Overall Health of the officer | |
| 2. | Any other remarks based on the Health Medical Check- up of the officer | |
| 3. | Health profile grading | |

Date:

Signature of Medical Authority
Designation

Contd.,....

- 8 -

PROFORMA FOR HEALTH CHECK UP FOR POLICE OFFICERS

Name :

Age :

Sex : M/F

Marital Status: Married ☐ Unmarried ☐

Residential Address:

Tele-contact:

E-mail ID:

Office Address:

Blood Group:

History of Known Illness

Raised BP- Yes ☐ No ☐ If, yes- on Regular treatment- Yes ☐ No ☐

DM - Yes ☐ No ☐ If, yes- on Regular treatment- Yes ☐ No ☐

IHD- Yes ☐ No ☐ If, yes- on Regular treatment- Yes ☐ No ☐

Stroke- Yes ☐ No ☐ If, yes- on Regular treatment- Yes ☐ No ☐

Kidney Disease:

Chronic Renal Failure- Yes ☐ No ☐ If, yes- on Regular Dialysis- Yes ☐ No ☐

Any history of Surgery/ prolonged hospitalization (more than 2 weeks)

Yes / NO

if yes, reasons thereof

Any history of loss of appetite-

Yes ☐ No ☐

Any history of loss of Weight-

Yes ☐ No ☐

Contd..

Any history of altered bowel habit

Yes

☐

No

☐

Any history of Chewing Tobacco

Yes

☐

No

☐

Family History of: DM

☐

HT

☐

Obesity

☐

Premature CAD

Yes/ No

Malignancy

Yes/ No

Stroke

Yes/ No

T.B.

Yes/ No

Glaucoma & Premature Cataract

Yes/No

Smoker

Yes

No

If yes Number per day

☐

Ex-Smoker

Years of Smoking

☐

Years of quitting smoking

☐

Vegetarian

Yes

No

Non vegetarian

Yes

No

Pan Masala

Yes

No

Alcohol

Yes

No

If regular quantity in ml per day

☐

Regular Exercise

Yes

No

Nature of *Exercise

Walking

Jogging

Cycling

Swimming

No. 21011/1/2009 – Estt (A) - Part
Government of India
Ministry of Personnel, Public Grievances and Pensions
(Department of Personnel and Training)

North Block, New Delhi
North Block, New Delhi, 20th March, 2013.

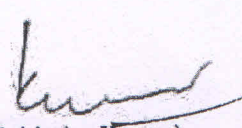
OFFICE MEMORANDUM

Subject :- Introduction of Annual Medical Examination for the Group 'A' officers of Central Civil Services of age 40 years and above.

In continuation with this Department's OM of even number dated 1st February, 2012 on the above subject, the undersigned is directed to enclose herewith the following:-

- (i) Full address of 26 Hospitals in Delhi/NCR circulated alongwith abovementioned OM dated 1st February 2012.
- (ii) List of empanelled Hospitals for undergoing Annual Medical Examination in the cities (other than Delhi/NCR) as provided by Ministry of Health & Family Welfare vide OM No. A-17020/1/2010-MS dated 28.12.12. If any clarification in respect of these empanelled hospitals as mentioned in the enclosed list is required, the same may be obtained directly from Ministry of Health & Family Welfare.

Encls. As above.


(Mohinder Kumar)
Director (E-II)
Tel. No. 23093180

To

All Ministries/Departments of Government of India

Copy to:-

President's Secretariat/Vice-President's Secretariat/Prime Minister's Office/Cabinet Secretariat/Election Commission/Lok Sabha Secretariat/Rajya Sabha Secretariat/C&AG/UPSC/CIC/SSC.

2. Technical Director, NIC, Department of Personnel & Training for uploading the circular in Department's website immediately.

No. 21011/1/2009-Estt (A)- Part.
Government of India
Ministry of Personnel, Public Grievances and Pensions
(Department of Personnel and Training)

North Block, New Delhi, 15th January, 2015

OFFICE MEMORANDUM

Sub:- Annual Medical Examination for the Group 'A' officers of Central Civil Services/posts of age 40 years and above.

The undersigned is directed to refer to this Department's OM of even number dated 1st February, 2012 and 20th March, 2013 on the above subject whereby the scheme of Annual Medical Examination in respect of Group 'A' officers of Central Civil Services/posts of age 40 years and above had been circulated in consultation with Ministry of Health & Family Welfare. In this OM, the regime of medical tests to be conducted, the package rates applicable and the list of 26 Hospitals which had agreed to conduct the Annual Medical Examination under the Scheme were prescribed. Subsequently, vide OM of even number dated 20th March, 2013, full address of the 26 Hospitals in Delhi/NCR circulated with OM dated 1st February, 2012, was notified. (Available and downloadable from the website of this Department - <http://persmin.nic.in> ⇒ OMs & Orders ⇒ Establishment).

2. In OM No.21011/1/2009-Estt (A) Part dated 20th March, 2013, the list of empanelled Hospitals in the areas other than Delhi NCR as provided by the Ministry of Health & Family Welfare vide their OM No.A.17020/1/2010-MS dated 28th December, 2012, was attached.

3. The matter regarding empanelment of hospitals for the required Medical Examination was again taken up by this Department with Ministry of Health & Family Welfare.

4. Ministry of Health & Family Welfare vide O.M No.S.11045/36/2012-CGHS(HEC) dated 1st October, 2014 have conveyed the details of fresh empanelment of private Health Care Organisations (HCO) and revision of package rates applicable under CGHS Delhi & NCR which are valid for two years. This OM dated 1st October, 2014 can be downloaded from their website www.mohfw.nic.in/cghsnew/index.asp. With this OM dated 1st October, 2014, a list of approved Private Health Care Organisation (HCOs), which are empanelled under CGHS in Delhi/NCR area, has also been enclosed.

5. In accordance with Para 3(M) of the agreement entered into by the Ministry of Health & FW with these Hospitals (copy enclosed with their above mentioned O.M No.S.11045/36/2012-CGHS(HEC) dated 1st October, 2014), it has been made obligatory for these Hospitals to conduct Annual Medical Examination as per the prescribed format and approved rates. The agreement has provided that these empanelled Hospitals shall agree for conducting all investigations/diagnostic tests/consultation etc. of the Central Civil Service Group "A" officers of above 40 years of age and other categories of CGHS beneficiaries as specified by Government from time to time as per the prescribed protocol, subject to the condition that the hospital shall not charge more than Rs.2000/- for conducting the prescribed medical examination of the male officers and Rs.2200/- for female officers of Central Government who come to the hospital/institution with the requisite permission letter from their Department/Ministry/ Competent Authority. Accordingly, Group "A" officers of Central Civil Services/Posts of age of 40 years and above can have the required Annual Medical Examination conducted by the Hospitals listed with the Ministry of Health & Family Welfare's above referred No.S.11045/36/2012 CGHS(HEC) dated 1st October, 2014 referred in para 4 above.

6. In non-CGHS areas, the number of hospitals empanelled under CS (MA) Rules, 1944 being relatively lower, the different departments/offices may identify one or more hospital locally and refer their Group 'A' officers to such hospital for annual medical examination as per the prescribed schedule and rate i.e. Rs. 2000/- for men and Rs. 2200/- for women officers. State Government hospitals or semi-Govt./Public Sector Undertaking's (PSU) hospitals may also be contacted for the purpose accordingly.

Prem Chand
(Prem Chand)

Under Secretary to the Government of India
Tel. 23092112

To

All Ministries/Departments of Government of India

Copy to:-

1. The President's Secretariat, New Delhi.
2. The Vice-President's Secretariat, New Delhi.
3. The Prime Minister's Office, New Delhi.
4. The Cabinet Secretariat, New Delhi.
5. The Rajya Sabha Secretariat.
6. The Lok Sabha Secretariat.
7. The Comptroller and Auditor General of India, New Delhi.
8. The Union Public Service Commission, New Delhi
9. Shri R.K. Jain, Additional Secretary & Director General (CGHS), Ministry of Health & Family Welfare w.r.t. letter No. A. 17020/1/2010 - MS (Vol. II) dated March 27, 2014.
10. Dr. (Mrs.) Sharda Verma, Director (CGHS), Ministry of Health & Family Welfare, Maulana Azad Road, Nirman Bhawan, New Delhi with reference to OM No.S.119045/36/2012-CGHS(HEC) dated 1.10.2014.

Copy also to:-

- (a) All Attached offices under the Ministry of Personnel, Public Grievances and Pensions.
- (b) Establishment Officer and Secretary, ACC (10 copies).
- (c) All officers and Sections in the Department of Personnel and Training.
- (d) Secretary, Staff Side, National Council (JCM), 13-C, Ferozeshah Road, New Delhi.
- (e) All Staff Members of Departmental Council (JCM).
- (f) All Staff members of the Departmental Council (JCM), Ministry of Personnel, Public Grievances and Pensions.
- (g) NIC (DoP&T) for placing the Office Memorandum on the web-site of DoP&T. Establishment-ACR
- (h) Hindi Section for Hindi version of the O.M.