



File No. S. 11030/33/13/CGHS(P)
Government of India
Ministry of Health & Family Welfare
Department of Health & Family Welfare
CGHS (P)

Nirman Bhawan, New Delhi
Dated the 6th November, 2013

OFFICE MEMORANDUM

Sub: Guidelines and ceiling rates for permission/reimbursement for Bariatric Surgery procedures under CGHS/CS(MA) Rules, 1944 – reg.

The undersigned is directed to state that this Ministry has been receiving requests from beneficiaries covered under CGHS / CS (MA) Rules, 1944 for allowing 'Bariatric Surgery' procedures. Since no guidelines were in place for this medical treatment procedure under CGHS/ CS(MA) Rules, the requests for allowing bariatric surgery were considered on merits of each case. In view of the increasing number of such cases, the matter was considered in the Ministry and it has been decided to issue guidelines for dealing with such requests and fix ceiling rates for Bariatric Surgery procedure under CGHS and CS (MA) Rules, 1944.

2. Bariatric Surgery procedures shall be allowed in respect of CGHS/ CS(MA) beneficiaries / patients with 'morbid obesity' as per the guidelines outlined below:-

GUIDELINES FOR BARIATRIC SURGERY

A. Selection criteria

Factor	Criteria[*]
Weight (Adults)	a) Body Mass Index (BMI) ≥ 40 with no comorbidities b) Body Mass Index BMI ≥ 35 with obesity associated comorbidity.

B. Exclusion criteria

Factor	Criteria[*]
Exclusion	a) Reversible endocrine or other disorders that can cause obesity. b) Current drug or alcohol abuse. c) Uncontrolled, severe psychiatric illness. d) Lack of comprehension of risks, benefits, expected outcomes, alternatives, and lifestyle changes required with bariatric surgery.

^{*} NIH guidelines, 1991 will be used for selection and exclusion criteria

C. Types of Bariatric Surgery procedures allowed

- Laparoscopic Gastric Banding Surgery
- Laparoscopic Sleeve Gastrectomy

Contd....2/-

- iii) Laparoscopic Gastric Bypass (GBP)
iv) Other cases – as per examination and recommendation of an Expert Committee.

D. Hospitals/Centres approved for Bariatric Surgery:-

Government Hospitals, Hospitals run by PSUs, Private hospitals empanelled under CGHS / CS(MA) Rules. However, Bariatric Surgery shall not be allowed in private non-empanelled hospitals under CGHS/CS(MA) Rules.

E. Permission for Bariatric Surgery:-

Bariatric Surgery procedures are planned/elective procedures and hence, not regarded as emergency procedures. Prior permission has to be obtained from the competent authority on the basis of recommendation given by a Government Specialist before the surgery is undertaken. No ex-post facto approval for reimbursement shall be given. For those Bariatric Surgery procedures that falls within Para 2(C)(iv), requests for prior permission in such cases shall be examined by an Expert Committee on a case to case basis and in consultation with IFD.

F. List of documents required for seeking permission / reimbursement

- i) Recommendation by Government Specialist/ Surgeon/ Govt. GI Surgeon.
- ii) BMI report.
- iii) Reports documenting obesity associated comorbidities should be certified by the concerned Government Specialist.
- iv) Reports of tests for endocrine disorders and relevant reversible conditions that can cause obesity.
- v) Proforma at Appendix-I to be duly filled by the recommending Government Specialist with signature and stamp.
- vi) Proforma at Appendix-II to be duly filled by the CGHS beneficiary and submitted along with the relevant documents.

G. Submission of application:-

- i) In case of serving Government employees, permission shall be granted by the parent Ministry/Department/office of the employee. In case of pensioners (including former Vice-Presidents, ex-MPs, former Governors, Lt. Governors Freedom Fighters etc) – request for permission shall be submitted to the Additional Director/Joint Director, CGHS, of the concerned Zone or city, duly forwarded by CMO In-charge of concerned CGHS Wellness Center and by Lok Sabha/Rajya Sabha Secretariat in the case of sitting Members of Parliament. In the case of Autonomous Organizations covered under CGHS, both serving employees and their pensioner beneficiaries will submit their request for permission to undergo Bariatric Surgery to their concerned Ministry/Department/Organization through their respective organization.

- ii) In respect of serving and retired judges respectively, request for permission to undergo Bariatric Surgery will be submitted to the Registrar General of Supreme Court and to the Registrar, Delhi High Court as the case may be.
- iii) For those Bariatric Surgery procedures that falls under Para 2(C)(iv), the concerned Ministry/Department/Organization etc shall refer the case to the Ministry of Health and Family Welfare for consideration.

H. Ceiling rates for reimbursement of Bariatric Surgery procedures

- a) The ceiling / package rate for all Bariatric Surgery procedures as listed at Para 2 (C), shall be - Rs.2,25,000/- (Rupees Two Lakh Twenty Five Thousand Only) or actuals, whichever is lower, for Semi-Private Ward eligibility. The package rate is to be increased by 15% in case of private ward eligibility and reduced by 10% in case of general ward eligibility.
- b) The package rate for Bariatric Surgery procedures includes the following:-
 - i) Five Days stay as per CGHS entitlement and accommodation charges including ICU / ICCU / HDU / Surgical ICU / Post-Operative Care Unit etc. charges if required, and inclusive of patient's Diet;
 - ii) Registration and admission charges;
 - iii) Cost of all surgical disposables, consumables, instruments including Laparoscopic instruments and consumables, guns, clips, trocars, bands and implants etc., and all sundries used during hospitalization;
 - ~~iv) Pharmacy and cost of all medicines used during the package period;~~
 - v) Surgeon's fee /procedure charges;
 - vi) Pre-anesthetic consultation (PAC) & anesthesia charges;
 - vii) Operation Theater charges; OT gases and consumables charges;
 - viii) Investigations - including all pre-operative and post-operative investigations including post-operative Gastrograffin test;
 - ix) All In-house Doctor consultation/visit charges;
 - x) Dietician consultation; physiotherapist consultation; Injection charges; dressing charges; monitoring charges;
 - xi) Transfusion charges; cost of all medicines;
 - xii) All pre-operative, pre-operative and post-operative physiotherapy procedures and exercises;
 - xiii) Nursing care charges; and RMO charges.
 - xiv) Any other incidental charges like CSSD, linen charges etc.

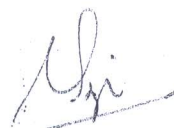
3. However, if additional stay beyond the period covered in package rate is required, in exceptional cases, it may be reimbursed after providing adequate justification by the treating specialists in this regard with supporting documents. The reimbursement for additional stay beyond package rate period shall be as per CGHS guidelines in vogue. In case, additional stay is because of complication arising due to surgery or nosocomial infection, the hospital shall be responsible for such overstay & action as per MoA shall be initiated against the hospital.

4. This Office Memorandum shall come into effect from the date of its issue.

5. This issues with concurrence of the Integrated Finance Division of this Ministry vide their Diary No.C 1597dated 6/11/2013..

6. Hindi version will follow

Encl : Appendix – I & II



[V.P. Singh]

Deputy Secretary to the Government of India

To

1. All Ministries / Departments, Government of India
2. Director, CGHS, Nirman Bhawan, New Delhi
3. AD(Hq), CGHS, Bikaner House, New Delhi
4. Adl.DDG(HQ), CGHS, MoHFW, Nirman Bhavan, New Delhi
5. All Additional Directors /Joint Directors of CGHS cities outside Delhi
6. Additional Director (SZ)/(CZ)/(EZ)/(NZ), CGHS, New Delhi
7. JD (Gr.)/JD(R&H), CGHS Delhi
8. CGHS –I/II/III/IV, Dte. General of CGHS, Nirman Bhavan, New Delhi
9. Estt.I/ Estt.II/ Estt.III/ Estt.IV Sections of MoHFW, Nirman Bhavan, New Delhi
10. Admn.I / Admn.II Sections of Dte.GHS
11. Rajya Sabha / Lok Sabha Secretariat
12. Registrar, Supreme Court of India
13. U.P.S.C. Dholpur House, Shahjahan Road, New Delhi.
14. Integrated Finance Division, MoHFW, Nirman Bhavan, New Delhi
15. Deputy Secretary (Civil Service News), Department of Personnel & Training, 5th Floor, Sardar Patel Bhawan, New Delhi.
16. PPS to Secretary (H&FW)/ Secretary (AYUSH)/ Secretary(HR)/ Secretary(AIDS Control), Ministry of Health & Family Welfare
17. PPS to DGHS /AS&DG(CGHS)/AS&MD, NRHM
18. Swamy Publishers (P) Ltd., P. B. No. 2468, R. K. Puram, Chennai 600028.
19. Shri Umraomal Purohit, Secretary, Staff Side, 13-C, Ferozshah Road, New Delhi
20. All Staff Side Members of National Council (JCM) (as per list attached)
21. Office of the Comptroller & Auditor General of India, Bahadur Shah Zafar Marg, New Delhi
22. All Offices / Sections / Desks in the Ministry
23. Dr. D.P. Pande, ED(H)/Planning, Railway Board, Ministry of Railways, Rail Bhavan, Rafi Marg, New Delhi-110001
24. Brig. S.P.Patil, YSM, OSD, Central Organisation ECHS, Department of Ex-serviceman welfare, Ministry of Defence, New Delhi
25. Chairman, Employees State Insurance Corporation, Ministry of Labour & Employment, Panchdeep Bhavan, C.I.G. Marg, New Delhi-110002
26. UTI-ITSL, 153/1, First Floor, Old Madras Road, Ulsoor, Bengaluru-560008
27. Sr. Technical Director, NIC, MOHFW, Nirman Bhawan, New Delhi with the request to upload this OM on the CGHS website.
28. Guard File.

APPENDIX – I

Proforma to be attached with application for permission to undergo Bariatric Surgery

A: To be filled by the recommending Government Specialist

1.	Name of Patient / Age / Sex	
2.	Name of Bariatric Surgery Procedure	
3.	Name of recommending Govt. Specialist	
4.	Hospital	
5.	Date	
6.	BMI	
7.	Comorbidities	
8.	Presence of Reversible Endocrine Disorders causing Obesity	
9.	Controlled Drug or Alcohol Abuse	
10.	Uncontrolled Psychiatric Illness	
11.	Lack of comprehension of risks, benefits, expected outcomes, alternatives, and lifestyle changes required with bariatric surgery.	
12.	Signature of Recommending Government Specialist	

APPENDIX – II

B: To be filled by the CGHS Beneficiary

1.	Name of Cardholder with Ben ID	
2.	Name of Patient with Ben ID	
3.	Relationship with Cardholder	
4.	Name and Number of CGHS Wellness Center	
5.	Residential Address	
6.	Name of procedure which has been advised	
7.	Name of Hospital where treatment is proposed to be undertaken	
8.	Name of Govt. Specialist and Hospital who has advised	
9.	Signature of Cardholder	
10.	Date	
11.	Forwarding by CMO I/C Wellness Center	