

Email

Dr. L. Prabhakara Rao

From : DR Alka Ahuja <addghq.dl@cghs.nic.in>

Tue, Apr 05, 2022 09:22 AM

Subject : Fwd: Reg GLP1 Receptor Analogue and insulin Ryzodeg

To : AD CGHS Pune <ad.pu@cghs.nic.in>, AD CGHS Ahmedabad <ad.ah@cghs.nic.in>, AD, CGHS, Allahabad Allahabad <ad.al@cghs.nic.in>, ad bh <ad.bh@cghs.nic.in>, Ashwani KS <adchd@cghs.nic.in>, Additional director <cghs-chennai@nic.in>, Addl Director CGHS Nagpur <ad.ng.cghs@nic.in>, CGHS Bengaluru <cghsbng-ka@nic.in>, AD CGHS Bhopal <adcghs.bpl@cghs.nic.in>, Dr. Dhiren Engti <cghs.guwahati@gov.in>, Dr. R.P. Rawat <cghsjab-mp@nic.in>, Dr. Namrata Bhargava <ad.jp@cghs.nic.in>, Dr Raju Sipal, AD Kanpur <ad.kn@cghs.nic.in>, addl directorkol <addl.directorkol@yahoo.in>, Dr. Raj Shree <cghsiko@nic.in>, Dr Mrs D M Desai <ad.mum@cghs.nic.in>, Addl Director CGHS Nagpur <ad.ng@cghs.nic.in>, AD CGHS Patna <ad.pa@cghs.nic.in>, Dr Sonali Bhattacharya <adcghs.ran-jhr@gov.in>, Dr Sally R Rumthao <ad.cghs-meg@gov.in>, DR K P Muthubi <ad.tr@cghs.nic.in>, adcghshyd <adcghshyd@nic.in>, Addl. Director CGHS Meerut <admeerut-cghs@nic.in>

Cc : Dr MPS Chawla <rmlh@cghs.nic.in>, Nikhilesh Chandra <nikhilesh.chandra@gov.in>, Dr. Amita Bali <cmmodmsd.dl@cghs.nic.in>, Dr Jagmohan Lal <cmmod1msd.dl@cghs.nic.in>, Shri Alok Saxena <dgooffice@naco.gov.in>, Dr. G. D Paliya <adhq.dl@cghs.nic.in>

Regards

Dr. Alka Ahuja
Addl. DDG (HQ)
Ministry of Health & Family Welfare
Nirman Bhawan, New Delhi-110011
Phone: 23062980

----- Forwarded Message -----

From: "AD MSD" <admsd.dl@cghs.nic.in>
To: "Addl. Director(EZ) CGHS, East Zone, Delhi" <adez.dl@cghs.nic.in>, "ADDL.DIRECTOR(SZ) CGHS, South Zone, New Delhi" <adsz.dl@cghs.nic.in>, "additonal director" <adcz.dl@cghs.nic.in>, "Dr Mrs Sushma Kaura" <adnz.dl@cghs.nic.in>
Cc: "Dr MPS Chawla" <rmlh@cghs.nic.in>, "Nikhilesh Chandra" <nikhilesh.chandra@gov.in>, "Dr. Amita Bali" <cmmodmsd.dl@cghs.nic.in>, "Dr Jagmohan Lal" <cmmod1msd.dl@cghs.nic.in>, "Shri Alok Saxena" <dgooffice@naco.gov.in>, "Dr. G. D Paliya" <adhq.dl@cghs.nic.in>, "OSD ADDG" <osdaddghq.dl@cghs.nic.in>, "DR Alka Ahuja" <addghq.dl.cghs@nic.in>
Sent: Monday, April 4, 2022 11:49:03 AM

Subject: Re: Reg GLP1 Receptor Analogue and insulin Ryzodeg

Please see trail mail for needful action please.

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Regards

अपर निदेशक

Additional Director

औषधि भंडार (केंद्रीय सरकार स्वास्थ्य योजना)

Medical Store Depot (CGHS)

गोल मार्केट, नई दिल्ली -११०००१

Gole Market, New Delhi-110001

----- Original Message -----

From: "Dr MPS Chawla" <rmlh@cghs.nic.in>

To: "AD MSD" <admsd.dl@cghs.nic.in>

Sent: Sunday, April 3, 2022 12:05:30 AM

Subject: Reg GLP1 Receptor Analogue and insulin Ryzodeg

A--Guidelines for use of GLP 1 Receptor Analogues--

1. To be used only in patients of Type 2 Diabetes Mellitus as an add on, who are not achieving desired HbA1c levels despite use of conventional therapy/basal insulin
2. BMI more than 35 Kg/metre square where avoidance of hypoglycemia and weight gain is of primary concern
3. Patient has established cardiovascular disease
4. Prescription to be signed by HOD Medicine/Endocrinology of a Government Hospital
5. Contraindications such as pancreatitis, Multiple Endocrine Neoplasia Syndromes, C Cell tumours, severe Inflammatory Bowel Disease have been ruled out.

B-- Guidelines for use of insulin Ryzodeg--

1. Inability to achieve desired glycemic control despite use of multiple subcutaneous insulin therapy such as use of rapid insulin in combination with basal insulin, thrice daily injections of pre mixed insulins.
2. Out of range Self monitoring blood glucose results and HbA1c reports
3. Presence of conditions which require a tight glycemic control.
4. Prescription to be signed by HOD Medicine/ Endocrinology of a Government Hospital.

With warm regards

Dr MPS Chawla

MD, FIACM, FICP, FACP, FISC, FIMSA

Officer In-Charge, CGHS Wing

Dr RML Hospital

New Delhi-110001

Dr MPS ChawlaMD, FIACM, FICP, FACP, FISC, FIMSAOfficer In-Charge, CGHS WingDr RML HospitalNew Delhi-110001