



# Omega Alpha Lung Supplement Comparison

## 1. Ingredients

Lung Flush	Herba Coff	Airwaves	RespiFree (Combination of all 3)
<ul style="list-style-type: none"> <li>-Rosemary,</li> <li>-Scutellaria baicalensis,</li> <li>-Momordica grosvenori,</li> <li>-Morus alba,</li> <li>-Honeysuckle,</li> <li>-Chrysanthemum morifolium,</li> <li>-Polygala tenuifolia</li> </ul> <p><i>(ingredient uses in order below)</i></p> <ul style="list-style-type: none"> <li>- give relief from throat congestion, and it is also used in the treatment of respiratory allergies, colds, sore throats and influenza</li> <li>- aka Skullcap, proven to reduce viral infection and inflammation in lungs. Antioxidant.</li> <li>- expectorant, antitussive for coughs, sore throats, lung congestion and other respiratory ailments</li> <li>- White Mulberry – antibacterial, anti-fungal, anti-inflammatory</li> <li>- anti-inflammatory, to treat sore throat, colds, flu, bronchitis and other respiratory issues</li> <li>-assists respiratory irritation</li> <li>- to promote a healthy respiratory system, to treat inflammation of the throat, nose, and chest and to treat lung conditions including asthma, chronic bronchitis, COPD</li> </ul>	<ul style="list-style-type: none"> <li>-Eriobotrya japonica</li> <li>-Bulbus fritillariae thunbergii</li> <li>-Polygala tenuifolia</li> <li>-Momordica grosvenori</li> </ul> <ul style="list-style-type: none"> <li>- a traditional Chinese medicine used to treat cough with phlegm</li> <li>- detoxification, to eliminate phlegm, and to relieve cough</li> <li>- antioxidant &amp; anti-inflammatory properties</li> <li>- expectorant, antitussive for coughs, sore throats, lung congestion and other respiratory ailments</li> </ul>	<ul style="list-style-type: none"> <li>-Mullein,</li> <li>-Pleurisy Root,</li> <li>-Peppermint,</li> <li>-Eucalyptus,</li> <li>-Elecampane,</li> <li>-Nettles,</li> <li>-Fritillaria thunbergii</li> </ul> <ul style="list-style-type: none"> <li>- cough or asthma, pneumonia, colds, and sore throat</li> <li>- used for coughs, swelling of the lining of the lungs (pleurisy), swelling of the air sacs in the lungs (pneumonitis), swelling of the airways (bronchitis), influenza</li> <li>- to soothe coughs, cooling and inflammation of mouth and throat</li> <li>- to ease cold symptoms and provide respiratory health benefits</li> <li>- Elecampane is a herb used for lung diseases including asthma, bronchitis, as an antitussive and expectorant to loosen phlegm</li> <li>- Anti-inflammatory, antihistamine</li> <li>- Detoxification, to eliminate phlegm, and to relieve cough</li> </ul>	<ul style="list-style-type: none"> <li>Scutellaria baicalensis,</li> <li>Honeysuckle, Chrysanthemum morifolium, Morus alba,</li> <li>Eriobotrya japonica,</li> <li>Polygala tenuifolia, Momordica grosvenori, Peppermint,</li> <li>Bulbus fritillaria thunbergii,</li> <li>Eucalyptus leaf, Rosemary,</li> <li>Mullein, Pleurisy root,</li> <li>Elecampane, Stinging nettles</li> </ul> <p>See ingredient information in other formulations</p>

## 2. Symptoms

Lung Flush	Herba Coff	Airwaves	Respifree
For Normal lung function	Airway Irritation Formula	Airway Enhancement Formula	Total Respiratory System Formula
I like to use it as an expectorant.	I use it when horses have allergic-type, dry coughs.	I like to use before exercise to help breathing.	I like to use it when horse is not having specific issues, or temporarily if they have respiratory distress at 60-90ml/d

## 3. Dosage

Lung Flush	Herba Coff	Airwaves	Respifree
15-30 ml, once per day.	30ml, 2-3 times daily or until symptoms subside	30-60ml prior to exercise, via syringe	30-90ml, 1-3 times a day as required. Pre-event give 60ml. Always give by syringe.

**ALL – Shake well before use! ALL Available in 1L and 4L.**

**Best given via Oral Syringe. For oral equine use only.**

This information is not intended to diagnose or treat health conditions. We always recommend consultation with your veterinarian for proper diagnosis. Information put together from Omega Alpha and scientific research, by Jocelyn Kish B.S.A, M.Sc.

Available for purchase from [www.thetopspot.ca](http://www.thetopspot.ca) email [thetopspot@mac.com](mailto:thetopspot@mac.com)

### References

Ingredients info: <https://www.science.gov/topicpages/s/skullcap+scutellaria+baicalensis.html>

[https://www.researchgate.net/publication/267995809\\_MEDICINAL\\_VALUE\\_OF\\_Morus\\_alba\\_MULBERRY\\_PLANT](https://www.researchgate.net/publication/267995809_MEDICINAL_VALUE_OF_Morus_alba_MULBERRY_PLANT)

<http://ancientartsacupuncture.com/honeysuckle-for-medicinal-use/>

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