

Essential Items

Bag # 1 – First Aid
6 Band Aids – various sizes
1 Band Aid – Butterfly
1 Band Aid – Large
2 Gauze Pads - 3x3 size
1 Small gauze roll
1 Medium gauze roll
1 Triangular Bandage
CPR Breather
1 Roll Medical Tape
1 Container Camp Soap &/or Hand sanitizer
1 Moleskin – 3x6 size
Scissors & Tweezers
Antibiotic Ointment (check exp. date)
Hydrocortisone Cream (check exp. date)
4 - Alcohol Prep pads (check exp. date)
3 – Sting Relief Pads (check exp. date)
Disposable Latex-free gloves
Pencil, Paper, & Sharpie

Bag # 2
Poncho
Emergency Blanket
Signal Mirror
Small roll of Duct Tape
Water proof Matches
Fire Starter
Pocket Knife (Must have earned the Totin Chip)
Totin Chip
Sun Block (check exp. date)
Lip Balm

Bag # 3
Head Lamp & Extra Batteries
Map & Compass
1 – 50 Gallon Trash Bag

Bag # 4 – Para Cord
4 Foot Sections – x 4
10 Foot Section – x 1
24 Foot Section – x 1

Bag # 5
Toilet Paper (small roll)
Small pack Flushable Wipes (check exp. date)
Small pack Antibacterial Wipes (check exp. date)
2 Extra Quart Size Zip-loc bags

Bag # 6
Scout Book

Bag # 7
Wool Socks & Liners

Extra Gear needed in/on Pack
32 oz. Nalgene Water Bottle (reusable bottles) x 2/ or 1 Bottle & 1 Bladder
Whistle
Trail Food (check exp. date)
Light weight jacket
Hat

