



Gymleco

Product catalog

GYM EQUIPMENT, RACKS, RIGS AND ACCESSORIES

"Our mission is to make, not only Sweden, but the world healthier, stronger and more sustainable."

- Kari Jernvall

Founder and Product Designer

Welcome!

Welcome to the Gymleco Family!

We are a Swedish, family owned company with a passion for health, strength, innovation and sustainability. Gymleco is today one of the biggest designers and producers of strength training equipment in Europe. With customers all over the world, we have grown to be one of the leading gym machine brands with our innovative design and biomechanical uniqueness.

We offer a complete line of strength training and exercise equipment, and are one of few in the Nordics producing our products by ourselves. We want our customers to see us as a total solution and a profitable investment.

Since 1994 Gymleco has focused on designing Swedish, unique and functional equipment with a long lifespan and without maintenance needs. At Gymleco we are truly passionate about fitness and hope that you want to join us in achieving our dream of a healthier world and a sustainable future.

Why choose Gymleco?

- Brand founded in 1994
 - Biomechanical Uniqueness
 - Innovative and Original Design
 - NO maintenance
 - Quality materials
 - Small footprint
 - Suitable for all users
 - Ergonomically correct
 - Affordable quality
- = *Perfect functionality thanks to years of experience.*
 - = *We create what the users want and get results from.*
 - = *Own design, no copies!*
 - = *Avoid headaches from machines that break*
 - = *Machines made for commercial use.*
 - = *Optimize your surface and fit more machines.*
 - = *Easy to use and understand for everybody*
 - = *You will not get injured while training*
 - = *Fair prices from the start*

Find what you are looking for



Gym Accessories

Barbells, Weight Plates, Dumbbells

8-25



Gym Accessories

Cable handles and small equipment

26-31



Gym Accessories

Mats, Balls, Boxes etc.

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Gym Accessories

Storage, Racks and Rigs

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Calisthenics / Strongman / Functional Fitness

58-61

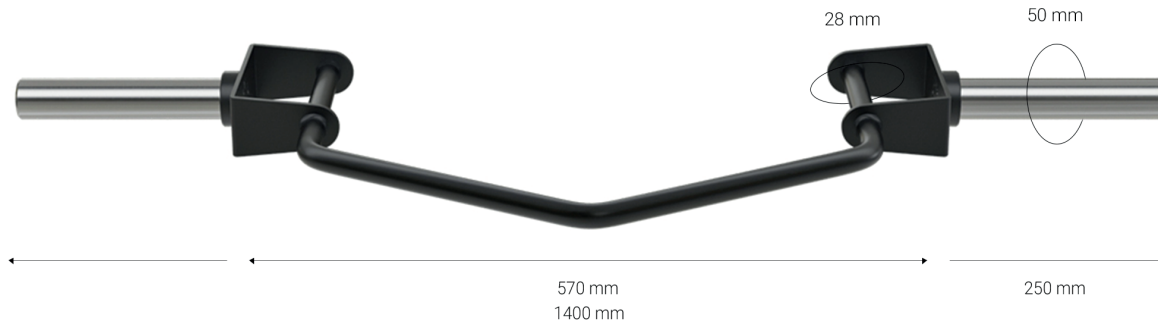


Gymleco Worldwide

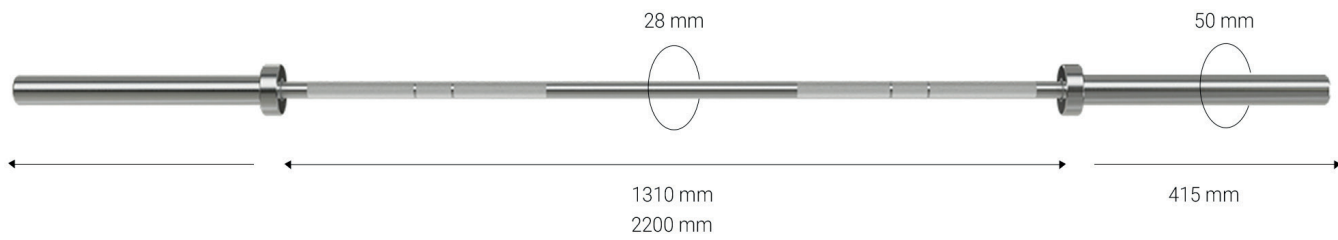
Distributors

62-65

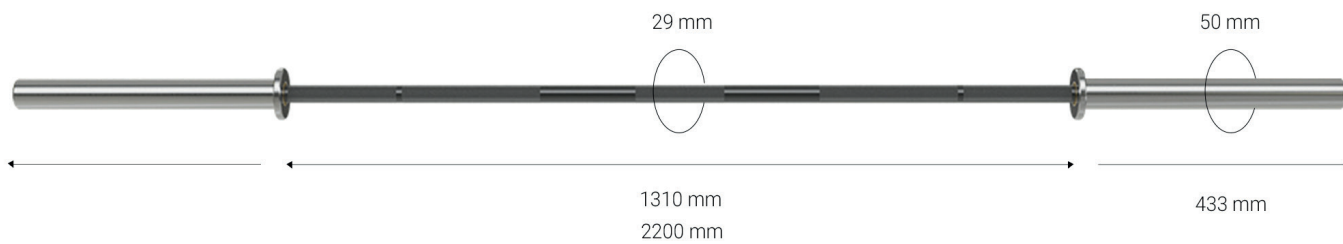
Open Deadlit Bar, 11,5 kg /+320 kg
Art.nr: 408



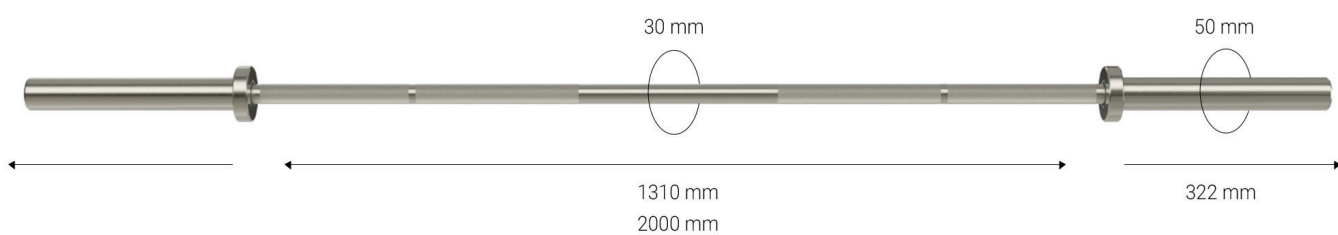
International Basic Bar, 20 kg /+320 kg
Art.nr: 410



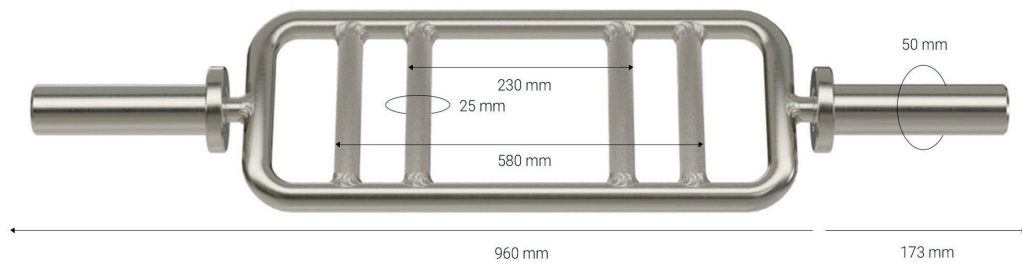
Competition Powerlifting Bar, Black, 20 kg /+900 kg
Art.nr: 411



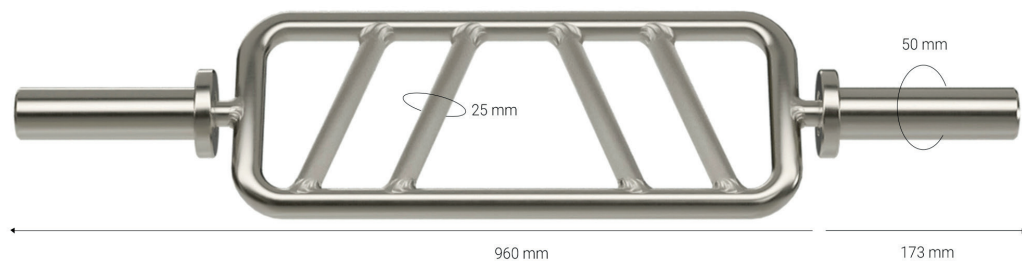
Compact Bar 200 cm, 17 kg /+320 kg
Art.nr: 412



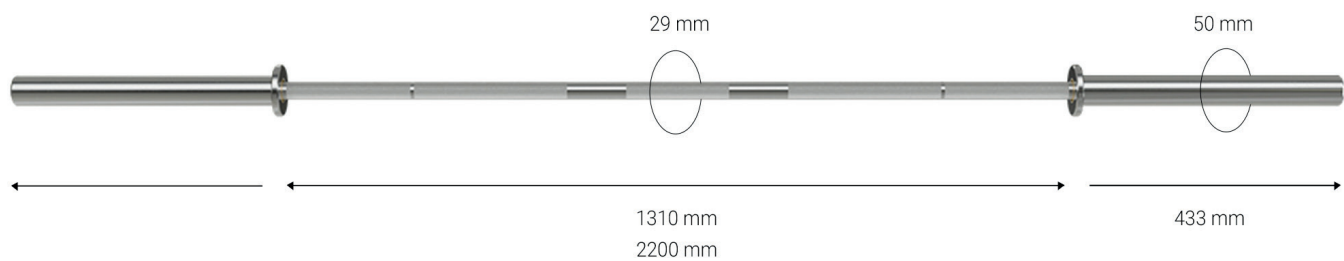
Triceps Bar, Double Grip, 12 kg /+320 kg
Art.nr: 413



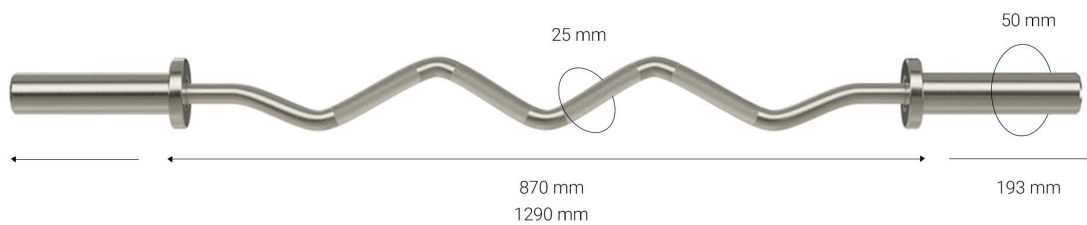
Triceps/Biceps Bar, Double V-Grip, 12 kg / +150 kg
Art.nr: 413V



Competition Powerlifting Bar, 20 kg /+900 kg
Art.nr: 414



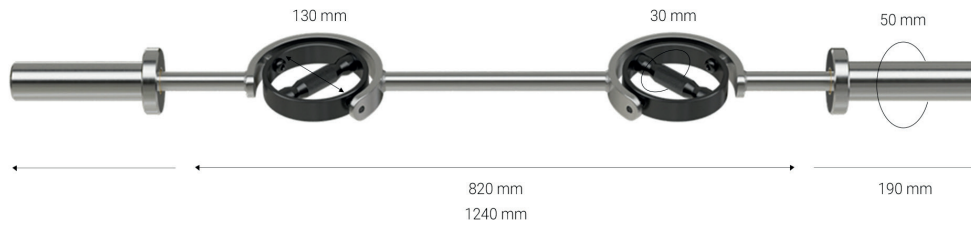
Curl Bar, 8,5 kg /+320 kg
Art.nr: 415



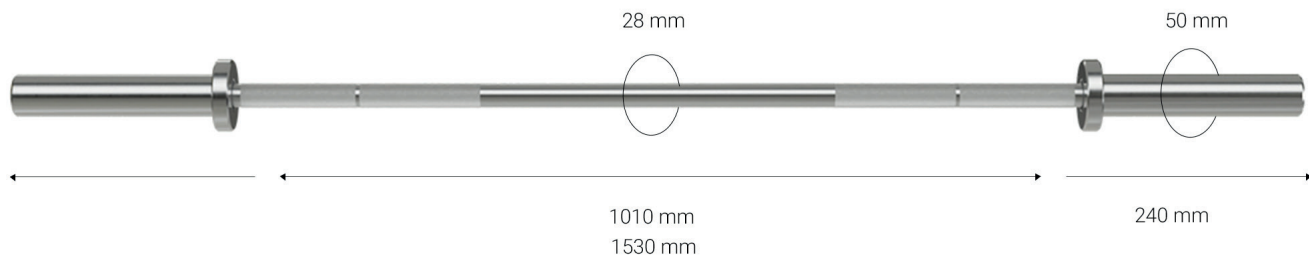
S-shaped Curl Bar, 8,5 kg /+320 kg
Art.nr: 415S



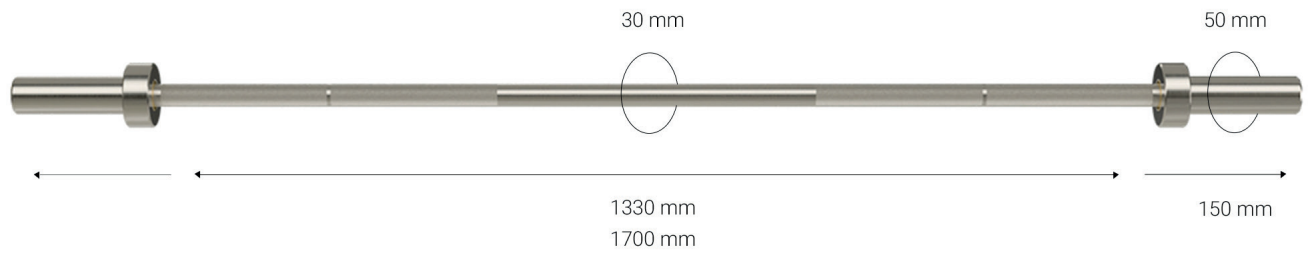
Supra Curl Bar 10,4 kg / +150 kg
Art.nr: 415Q



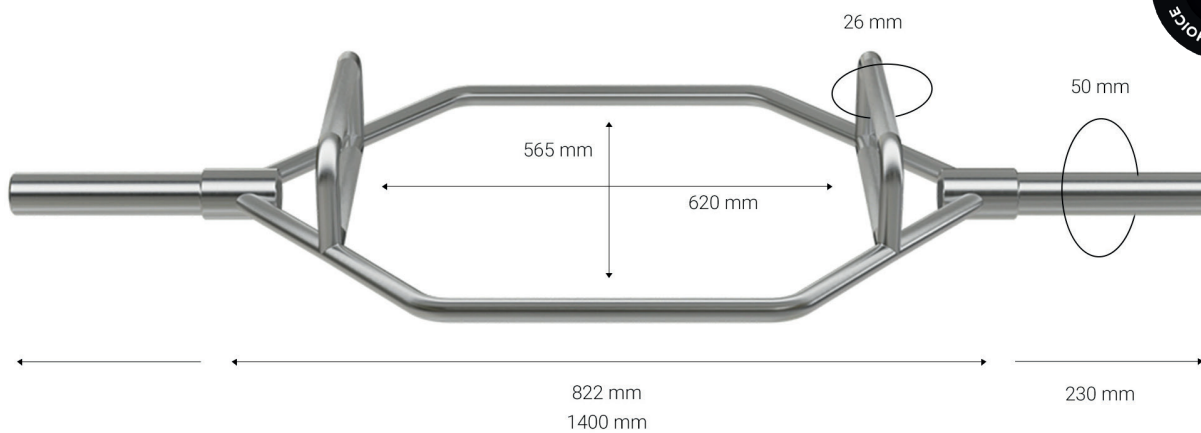
Compact Bar 153 cm, 13 kg /+320 kg
Art.nr: 416



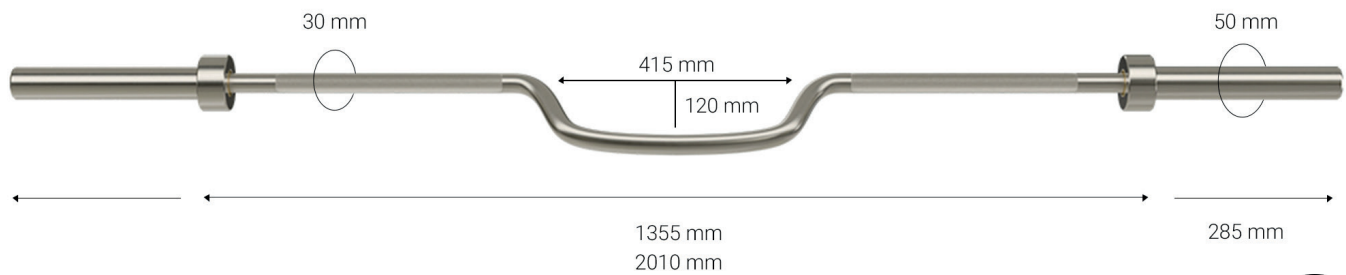
Compact Bar 170 cm, 11 kg /+320 kg
Art.nr: 417



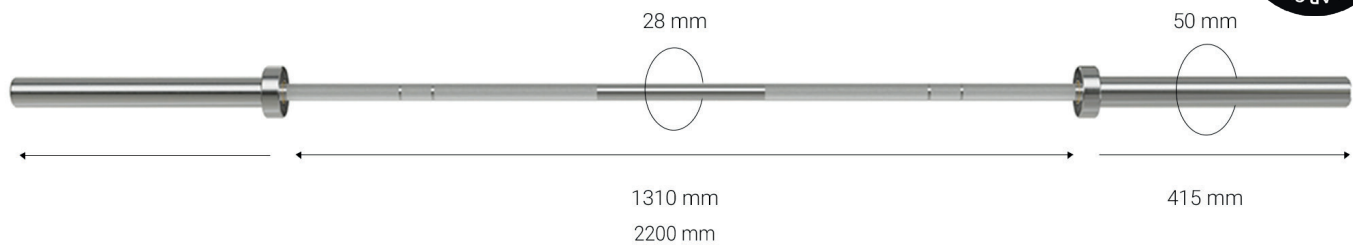
Hex Bar, 22,5 kg /+250 kg
Art.nr: 418



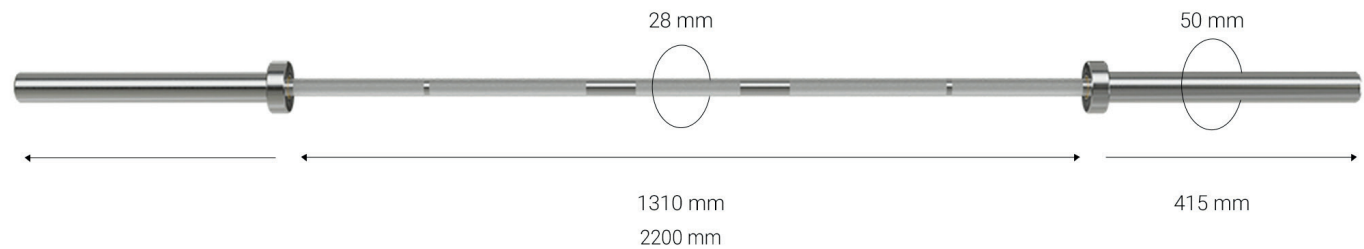
Curved Bar, 20 kg /+680 kg
Art.nr: 419



Weightlifting Bar, Men, 20 kg /+800 kg
Art.nr: 810



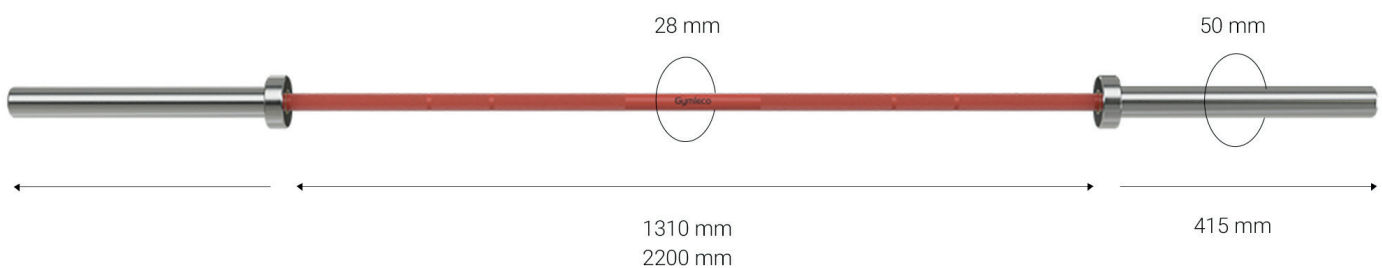
Competition Weightlifting Bar, Men, 20 kg /+900 kg
Art.nr: 810C



Weightlifting Bar, Men, Black, 20 kg /+800 kg
Art.nr: 810CB

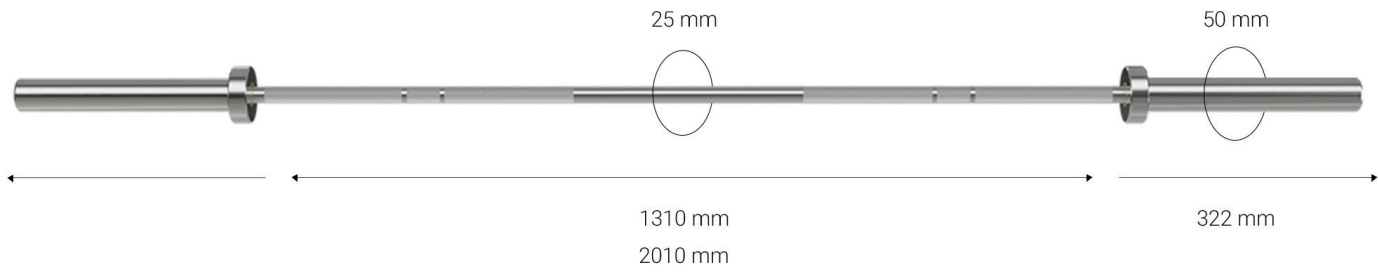


Cerakote Weightlifting Bar, Men, Red, 20 kg /+800 kg
Art.nr: 810CR



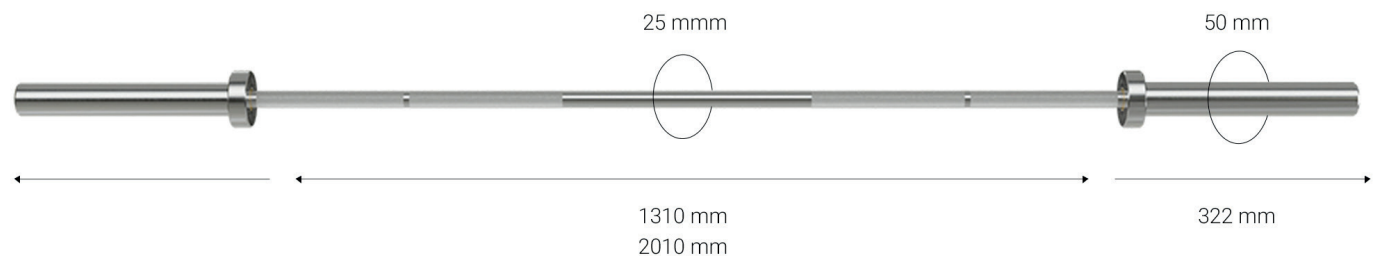
Weightlifting Bar Women, 15 kg /+600 kg

Art.nr: 812



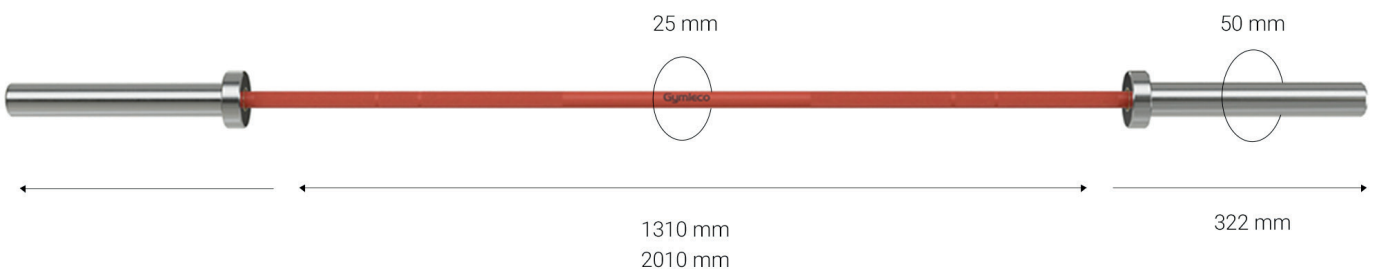
Competition Weightlifting Bar, Women, 15 kg /+600 kg

Art.nr: 812C



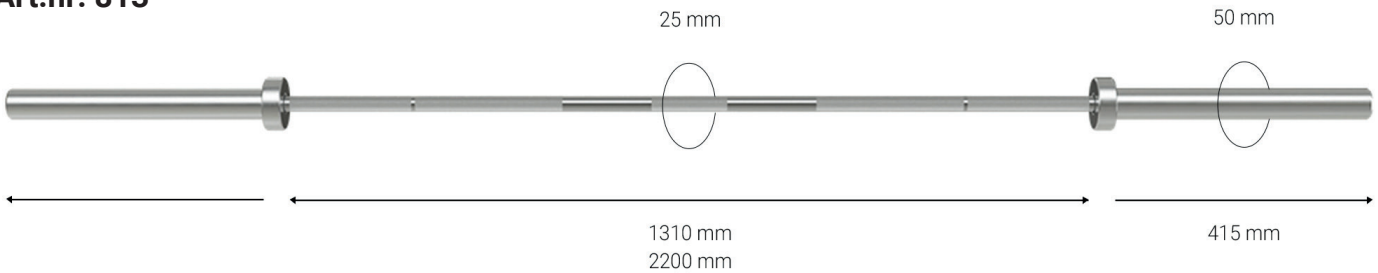
Cerakote Weightlifting Bar, Women, Red, 15 kg /+600 kg

Art.nr: 812CR



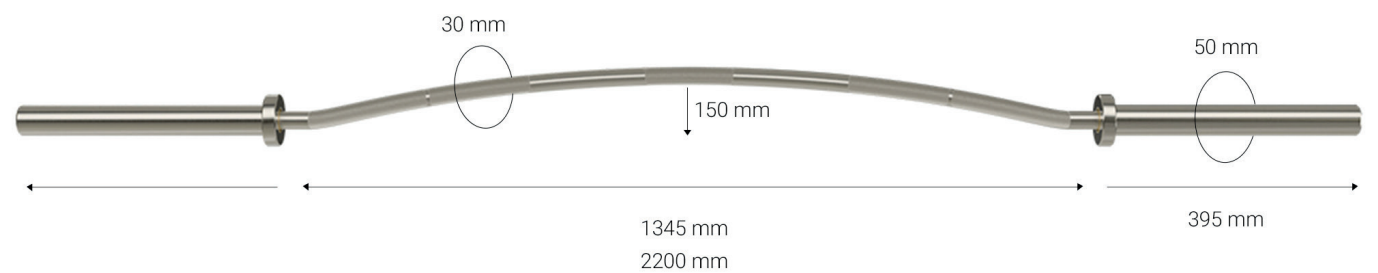
Technique Bar, 10 kg /+40 kg

Art.nr: 813

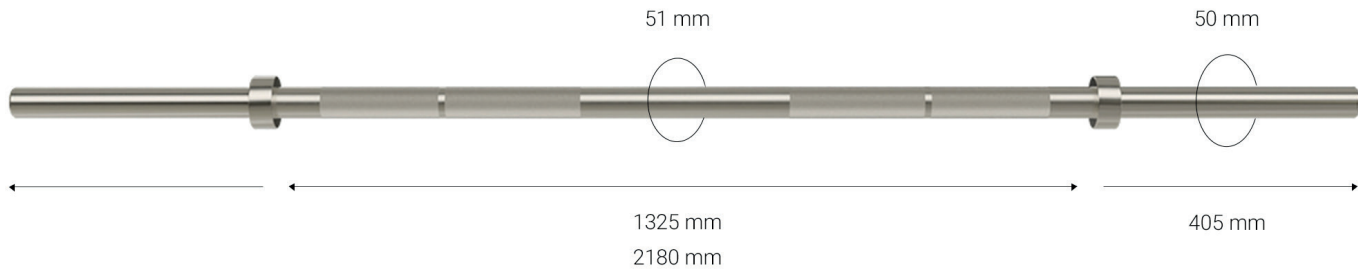


Bend Barbell, 20 kg /+400 kg

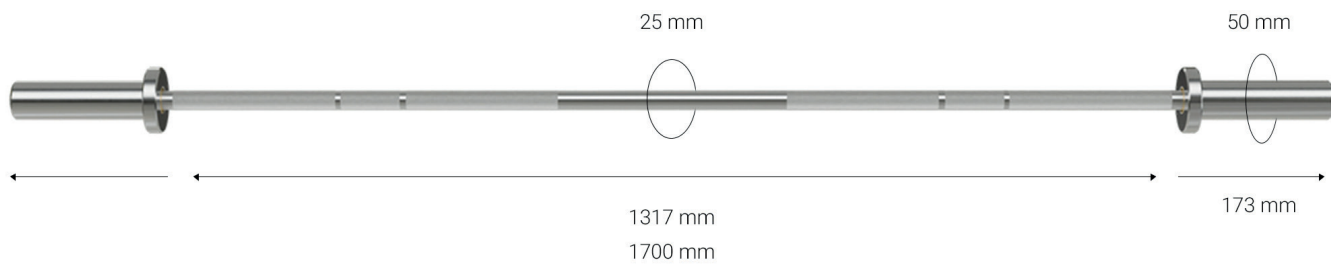
Art.nr: 814



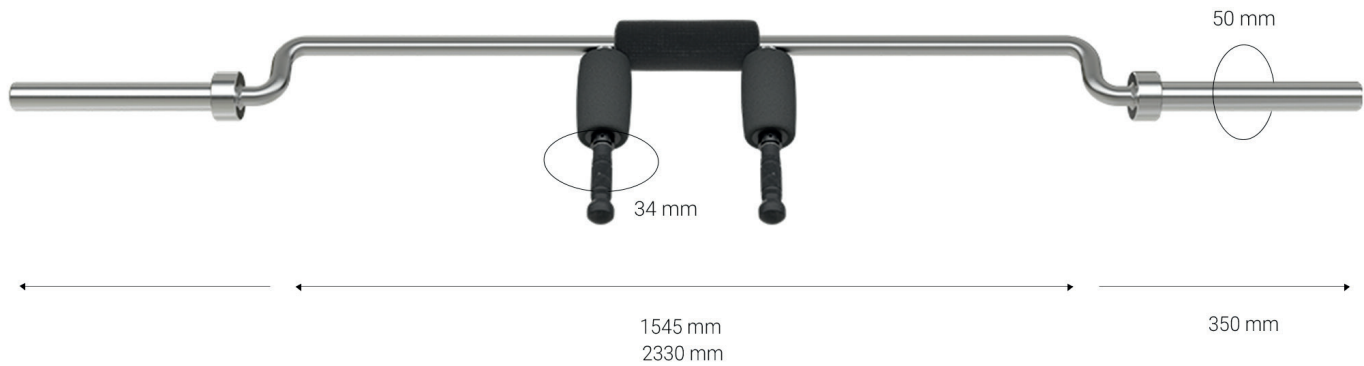
Fat Bar, 8 kg /+300 kg
Art.nr: 817



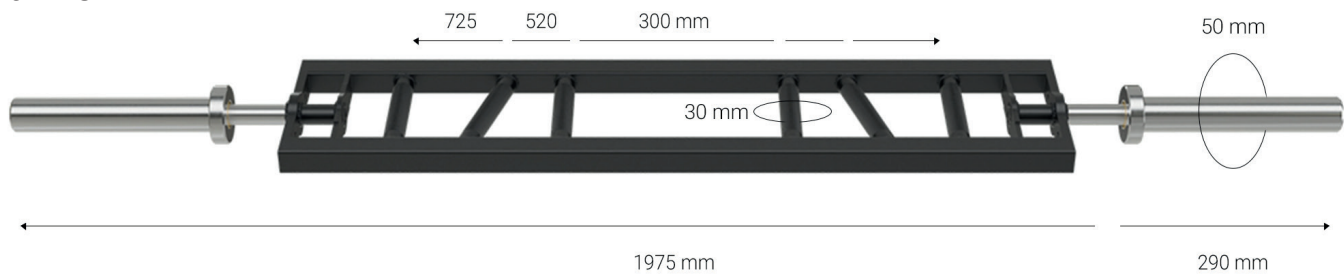
Technique Bar, Premium, 10 kg /+600 kg
Art.nr: 817T



Safety Squat Bar, 30 kg /+400 kg
Art.nr: 818



Multi Grip Bar, 20 kg /+400 kg
Art.nr: 819



Curved Multi Grip Bar, 20 kg /+400 kg
Art.nr: 819C



Strongman Log Bar 32 kg

Art.nr: 668

Gymleco's Log Bar is designed with a neutral grip optimized to develop maximum strength by reducing strain on the shoulders. Log Bar used in press, lifting, benching and rowing exercises.

Length: 117,5 cm
Grip 30mm / 62cm c/c



Strongman Log Bar 50 kg

Art.nr: 669

Log Bar 50 kg is a traditional equipment for Strongman training. It is a bar used in numerous training exercises such as bench press, military presses and back rows. The position of the handles is ideal to obtain a greater and comfortable balance.

Length: 177,5 cm
Grip 30mm / 51 cm / 69 cm c/c



Fixed Barbells PU, straight or curved

Art.nr: 825

Gymleco's fixed barbells are designed in a classic, timeless design and are covered in polyurethane material. Polyurethane is similar to strong rubber and makes the barbells extremely durable. Choose between straight or curved model.

Perfect for all professional gyms!

Available in sizes:

**7,5 to 30 kg with a 2,5 kg weight increase in between
and from 30 kg to 50 kg with a 5 kg weight increase
in between.**





Pump Set
Art.nr: 480-20

Are you looking for a space saving barbell with weights? Then we have the solution for you! A barbell set with a total of 20 kg consisting of a barbell, a pair of spring collars and black rubber weights: 2 x 1,25 kg, 2 x 2,25 kg and 2x 5 kg.

Hole diameter: 31 mm
 Bar diameter 30 mm



Pump Set Polyurethane
Art.nr: 480PU-20

Here is a barbell set perfectly made for group classes in professional gyms. The weights are of polyurethane material and therefore very durable. The set is total 20 kg and consists of a barbell, a pair of spring collars and weights: 2 x 1,25 kg, 2 x 2,25 kg and 2x 5 kg.

Hole diameter: 31 mm
 Bar diameter 30 mm



Urethane Fractional Bumper Plates
Art.nr: 824F

These small weights are excellent for small weight changes in your workout and color coded for easy identification. Premium urethane provides unmatched durability and will not damage the bar.

Hole diameter 50mm

Available in sizes: 0,5kg | 1kg | 1,5kg | 2kg | 2,5kg | 5kg



Technique Weights
Art.nr: 824T

Gymleco technique weights in a unique mixture between plastic & rubber provide long durability and quiet use. Extra wide base provides good stability, perfect for training all types of technique lifting.

Hole diameter 50mm

Available in sizes: 2,5 kg | 5kg



Black Weight Plates in Rubber **Art.nr: 824B**

Gymleco weight plates are made of commercial quality, with a diameter of 450 mm and a strong reinforced steel center in the middle. Perfectly suitable for the gymcenter, functional fitness box or the commercial homegym.

Hole diameter 50mm
Available in sizes: 5kg | 10kg | 15kg | 20kg | 25kg



Colored Weight Plates in Rubber **Art.nr: 824C**

Gymleco weight plates are made of commercial quality, with a diameter of 450 mm and a strong reinforced steel center in the middle. Perfectly suitable for the gymcenter, functional fitness box or the commercial homegym.

Hole diameter 50mm
Available in sizes: 5kg | 10kg | 15kg | 20kg | 25kg



Bumper Plates **Art.nr: 824H**

Gymleco's Training Bumpers are made of recycled, vulcanised rubber. These bumpers are designed for hard weight training.

Thanks to their soft rubber they're sound-absorbing and durable. This makes the bumpers some of the toughest on the market. Fantastic shock absorbing when you lift!

Hole diameter 50mm
Available in sizes: 5kg | 10kg | 15kg | 20kg

Colored Weight Plates in Rubber with handles

Art.nr: 423

Gymleco's weight plates are made of high quality rubber and have a good design suited for any commercial gym. These weight lifting plates have handles for easy change of weights when working out.

Hole diameter 50 mm

Available in sizes: 1,25kg | 2,5kg | 5kg | 10kg | 15kg | 20kg | 25kg



Black Weight Plates in Rubber with handles

Art.nr: 422

Gymleco's weight plates are made of high quality rubber and have a good design suited for any commercial gym. These weight lifting plates have handles for easy change of weights when working out.

Hole diameter 50mm

Available in sizes: 1,25kg | 2,5kg | 5kg | 10kg | 15kg | 20kg | 25kg



Black Weight Plates in Polyurethane with handles

Art.nr: 822

Gymleco's international weight plates with handles, enhanced with the markets strongest material (**polyurethane**) that is similar to strong rubber. These weights from Gymleco are inspired by our most popular weight plates, article 423.

They are of the highest quality and made for commercial use in the gym. The plates have handles for easy switch between machines. Unlike bumper plates these weights are hard which doesn't make them "bumpy".

Hole diameter 50mm

Available in sizes: 1,25kg | 2,5kg | 5kg | 10kg | 15kg | 20kg | 25kg



Steel Dumbbells 7,5 - 100 kg

Art.nr: 838

Gymleco's new, unique steel dumbbells. Really robust weights that can stand hard weight training. No loose detail or surface treatment that can loosen or flatten.

Available in sizes:

5kg | 7,5kg | 10kg | 11kg | 12kg | 12,5kg | 13kg | 14kg | 15kg | 16kg | 17kg | 17,5kg | 18kg | 19kg | 20kg | 22,5kg | 25kg | 27,5kg | 30kg | 32,5kg | 35kg | 37,5kg | 40kg | 42,5kg | 45kg | 47,5kg | 50kg | 52,5kg | 55kg | 57,5kg | 60kg | 65kg | 70kg | 75kg | 80kg and up to 100 kg at request.



Polyurethane Dumbbells 5-80 kg

Art.nr: 836

These dumbbells are made of the highest commercial quality and covered in polyurethane material. Durable dumbbells with a well-thought-out design. All weights come with clear markings and with no risk of weights becoming loose.

Available in sizes:

5kg | 7,5kg | 10kg | 11kg | 12kg | 12,5kg | 13kg | 14kg | 15kg | 16kg | 17kg | 17,5kg | 18kg | 19kg | 20kg | 22 kg | 22,5kg | 24 kg | 25kg | 26 kg | 27,5kg | 28 kg | 30kg | 32kg | 32,5kg | 34kg | 35kg | 36kg | 37,5kg | 40kg | 42,5kg | 45kg | 47,5kg | 50kg | 52,5kg | 55kg | 57,5kg | 60kg | 65kg | 70kg | 75kg | 80kg



Hex Dumbbells 1-35 kg

Art.nr: 433

These rubber hex dumbbells deliver the perfect balance of quality and price to any athlete. The dumbbells are hexagonal shaped and stop the weights from rolling around.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg | 12,5 kg | 15 kg | 17,5 kg | 20 kg | 22,5 kg | 25 kg | 27,5 kg | 30 kg | 32,5 kg | 35 kg





Rubber Dumbbells 1-10 kg, PU

Art.nr: 835

Gymleco's small rubber dumbbells are made of the highest quality and should be available at every gym.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg



Polyurethane Dumbbells 1-10 kg

Art.nr: 831

Gymleco's dumbbells are manufactured with durable material called polyurethane. Each weight comes with clear markings and comfortable handles.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg



Chrome Dumbbells 1-10 kg

Art.nr: 430

These highly reflective and attractive dumbbells add a touch of class to any gym. These chrome dumbbells are ergonomically designed to fit comfortably in the users hand.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg



Premium Chrome Dumbbells 1-10 kg

Art.nr: 830

These high commercial chrome dumbbells are made of steel and can not be unscrewed. This make these sustainable at the commercial gym.

Available in sizes:

1 kg | 2 kg | 3 kg | 4 kg | 5 kg | 6 kg | 7 kg | 8 kg | 9 kg | 10 kg

Iron Kettlebells

Art.nr: KET

We introduce qualitative kettlebells in iron material, with color markings. Weights and grip diameters based on the original dimensions. Double handles of all sizes. Weight marking in both KG and LB.

Available in sizes: 4 kg to 56 kg.



Competition Kettlebells

Art.nr: KETC

Kettlebells with one hand grip. Durable dumbbells made of cast iron with comfortable grip. Stylish and high quality kettlebells. Available in several sizes. Color marking on each kettlebell. Measure of the kettlebell does not change even if the weight does. Weight marking in both KG and LB.

Available in sizes: 8 | 12 | 16 | 20 | 24 | 28 | 32 kg



Same diameter on all kettlebells.
All sizes have different color markings.

R101



R102



R103



R106



R107



R108



R108R



R4076



R112



R112L



R845



R115



R117



108Q



117Q



R118



R120



R122



R122R



R123



R427



R849



R226



R226C



R488



R847R



R847



R847N



R811S



R811O



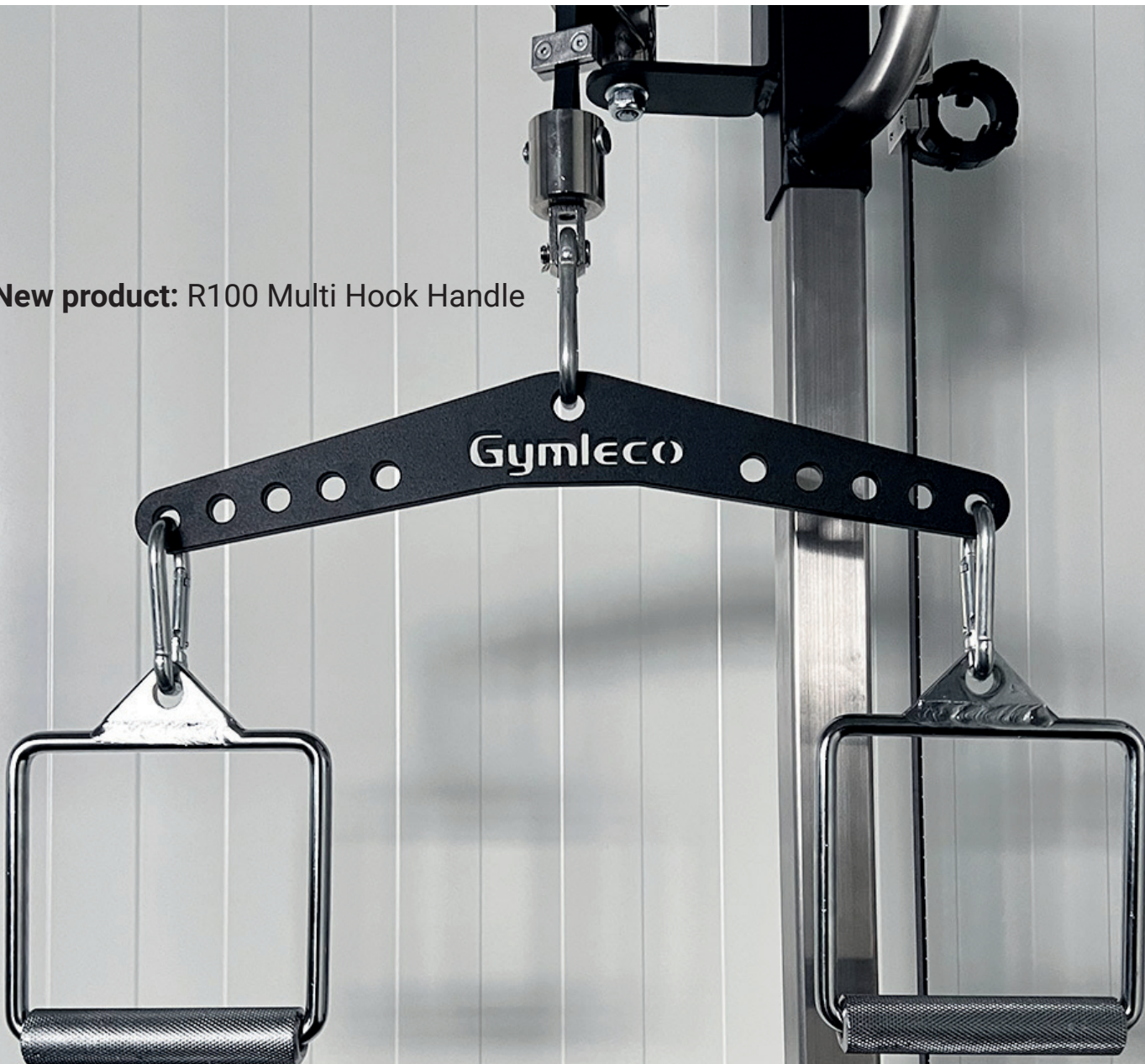
R851



R100



New product: R100 Multi Hook Handle



R402



R408



R250



R403



R405



R404



R141N + R141L



816



N32-903



A-ABMAT



R140L



R482



A-063Belt



A-082Belt



R482N



N68-723



N59-996



N68-726



A-BAL



761-1,5x6



765



764



A-713



A-712



N38 - 8 / 12 / 16



N42-PRO



A-714



N61236



751 - G/B



N122



N121



R110L



R110



N61369



A-ABROLL



N130



N951



N62-657



N62-656



225-6



479





Hygienic Mat **Art.nr: A-1506008**

Gynleco's hygienic stretch mat in grey/silver with a black backside. The mat is produced with an eyelet on both sides for easy suspension. Durable and easy to clean. Laminated with PVC and contains sealed foam.

1500x600x8mm



Hygienic studio mat, rectangular **Art.nr: A-1736008**

Every gym needs durable gym mats. Here you have our hygienic mats that are easy to wipe off after the group training or stretching. Perfect in your yoga or strength training classes or in your stretch section at the gym. With a clean and stylish design they fit into any training facility.

Available in two sizes:
1730mm x 600mm x 8mm
1200mm x 600mm x 8mm



Adjustable step **Art.nr: 892**

The ultimate gym companion – the versatile step stool that doubles as a chair, exercise tool and unloading aid. Made from left over materials, this step stool is both sustainable and designed to withstand the rigors of gym use.

Adjustable height 39 cm – 53 cm



Split Squat Stand, Adjustable bench **Art.nr: 893**

Perfect for bulgarian splits squats! Invest in this single leg squat stand that lets your members train bulgarian split in an ergonomic way. Does not take much space at the floor either. Win-Win!

Adjustable height 39 cm – 53 cm

Soft Drop Boxes /Crash Pads

Art.nr: A-756013

Crash pads are used in weight lifting and functional training with the purpose of minimizing the sound but also lower the impact on the equipment when you drop your barbell with weights.

Length: 75 cm
Width: 60 cm
Height: 13 cm
Weight: 7,8 kg



Hip Thrust Soft Cushion

Art.nr: N79-166

This soft cushion made for hip thrusts is truly a must-have at every gym. Thanks to its size, it's perfect for both professional gyms and home gyms. It's used in hip thrusts exercises that you do with a barbell or some kind of weight; could be a kettlebell!

Length: 60 cm
Width: 40 cm
Height: 40 cm
Weight: 15,5 kg



Hip Thrust Soft Bench

Art.nr: N79-020

This bench is a bit bigger than the one above but similar in usage. It's perfect for both hip thrusts but also for other exercises like bulgarian split squats and step-ups. So it's multi-functional!

Length: 100 cm
Width: 45 cm
Weight: 17 kg



Bulgarian Bags

Art.nr: 787

The Bulgarian bag strengthens the muscular tolerance of the grip, wrists, arms, shoulders, back, legs, and rotational muscles. Bulgarian bags are perfect in all kinds of gym but are most often used in functional fitness.

Available in sizes:
5 kg, 10 kg, 15 kg and 20 kg



Small Foam Plyo Box

Art.nr: N59995-SMALL

Smaller version of our popular Foam Plyo Box below. This can be used specially for those who think that the other ones are too big and scary to jump on.

Length: 61 cm
Width: 51 cm
Height: 41cm
Weight: 16 kg



Foam Plyo Box

Art.nr: N59995-60



Even advanced athletes can, despite their away-trained fears, choose soft plyo boxes as they reduce the chance of being injured further.

Length: 76 cm
Width: 61 cm
Height: 51cm
Weight: 29 kg



Wooden Plyo Box

Art.nr: N59993

Turn over the box and get three different heights. The Plyo box is made of wood and with handles for easy movement of the box.

Length: 70 cm
Width: 60 cm
Height: 50 cm
Weight: 28,5 kg



Premium Plyo Box

Art.nr: 680

Gymleco's Premium Plyo Box is made in Sweden from 18mm WISA Hexagon material. Great quality and good looking finish.

Length: 76 cm
Width: 61 cm
Height: 51cm
Weight: 24,6 kg





Slam Balls

Art.nr: 788

Gymlecos Slamballs gives you the opportunity for a variety of functional exercises and thanks to the fact that we have developed Slamballs in various sizes you can adjust your weight on the Slamball according to your ability and wishes.

Available in sizes:

2kg | 4kg | 6kg | 8kg | 10kg | 12kg | 15kg | 20kg | 25kg | 30kg
35kg | 40kg | 45kg | 50kg | 55kg | 60kg | 70kg | 80kg | 90kg | 100kg



Wall Balls

Art.nr: 789

Gymlecos Wall Balls are designed in strong and robust quality. Made for heavy weight training and functional fitness at both boxing and commercial gyms. Also suitable for Strongman training.

Available in sizes:

2kg | 3kg | 4kg | 5kg | 6kg | 7kg | 8kg | 9kg | 10kg | 11kg | 12kg | 14kg



Gymnastic Balls, 3 sizes

Art.nr: A-D55, A-D65, A-D75

Gymnastic Balls or Yoga Balls, as they are also called, are great for strength training and training your balance and coordination. You can do a variety of different exercises with the Yoga Balls and they are a must in the big commercial gyms as well as a great addition in your home gym.

Available in sizes 55 cm, 65 cm and 75 cm



Balance Trainer Ball

Art.nr: N85

Gymleco Balance Trainer is a commercial half-ball that is a well-regarded tool in the gym. A new and unique training method, which makes it possible to combine aerobic, muscle and torso training.

Included: Pump and handles



Weight Rack with 2 barbell holders

Art.nr: 895

This is a robust weight tree with a clean and good looking design. An extremely popular product and a must in the gym! The rack has six hangers for international weights and two holders for international barbells.

Length: 46,5 cm

Width: 61 cm

Height: 133 cm

Weight: 15,5 kg



Weight Rack 6 Placements

Art.nr: 195

A compact and stylish weight tree with six bars to store weight plates in different sizes. Perfect choice for you that have weights from 1,25 kg up to 25 kg.

Length: 50 cm

Width: 46,5 cm

Height: 133 cm

Weight: 16 kg



Weight Rack 8 Placements

Art.nr: 196

A compact and stylish weight tree with eight bars to store weight plates in different sizes. You can fit a lot of weights on this one. Perfect if you have weights from 1,25 kg up to 25 kg. This one is our best seller!

Length: 50 cm

Width: 46,5 cm

Height: 155 cm

Weight: 16 kg



Wall Mounted Weight Rack

Art.nr: 197

A smart and compact wallmounted weight tree with 4 placements for international plates. An extremely space efficient and good looking solution to store your weight plates at your gym.

Length: 50 cm

Width: 46,5 cm

Height: 155 cm

Weight: 12 kg



Dumbbell Rack,
10 pairs, 2,2m
Art.nr: 440

Length: 220 cm
Width: 59 cm
Height: 75 cm
Weight: 45 kg



Dumbbell Rack
5 pairs, 1,2m
Art.nr: 440F-1200

Length: 120 cm
Width: 64 cm
Height: 77 cm
Weight: 40 kg



Dumbbell Rack 10 pairs, 2,4m
Art.nr: 440F-2400

Length: 240 cm
Width: 62 cm
Height: 77 cm
Weight: 73,5 kg



Dumbbell Rack
5 pairs, 1,15m
Art.nr: 840-5

Length: 115 cm
Width: 58 cm
Height: 62,4 cm
Weight: 41 kg



Dumbbell Rack
10 pairs, 2,3m
Art.nr: 840

Length: 230 cm
Width: 60 cm
Height: 62,4 cm
Weight: 67 kg



Standing Dumbbell Rack
10 pairs
Art.nr: 441

Length: 32 cm
Width: 32 cm
Height: 126 cm
Weight: 15,5 kg





Barbell Rack, 10 places
Art.nr: 451V

Length: 77 cm
Width: 80 cm
Height: 15 cm
Weight: 24,5 kg



Barbell Rack, 5 places
Art.nr: 452V

Length: 62 cm
Width: 71 cm
Height: 15 cm
Weight: 12 kg



Wallmounted Barbell
Holder, 2 places
Art.nr: 472

Length: 13 cm
Width: 30 cm
Height: 20 cm
Weight: 3,5 kg



Barbell Storage, 10 places
Art.nr: 451

Length: 65 cm
Width: 46 cm
Height: 15,5 cm
Weight: 25 kg



Barbell Storage, 5 places
Art.nr: 452

Length: 65 cm
Width: 40 cm
Height: 15,5 cm
Weight: 20 kg



Wallmounted Barbell
Holder, 5 places
Art.nr: 475

Length: 13 cm
Width: 66 cm
Height: 15,5 cm
Weight: 7,6 kg



Rack for pumpset

Art.nr: 480

The smart design makes it easy to storage 30 sets of pump weights and barbells on this rack. This is the perfect rack and storage for the group training area.

Length: 60 cm
Width: 122 cm
Height: 163 cm
Weight: 51 kg



Barbell Rack, 10 fixed bars

Art.nr: 450H

Well-designed barbell rack for fixed barbells in straight or curled model. Clean and beautiful with a black frame and hangers in chrome. The barbell storage is designed for commercial use which makes it perfect for professional gyms.

Length: 87 cm
Width: 84 cm
Height: 139 cm
Weight: 60,5 kg



Barbell Rack, 5 fixed bars

Art.nr: 445H

Well-designed barbell rack for fixed barbells in straight or curled model. Clean and beautiful with a black frame and hangers in chrome. The barbell storage is designed for commercial use and is therefor suitable for professional gyms.

Length: 87 cm
Width: 84 cm
Height: 139 cm
Weight: 37 kg



Wall mounted Barbell Rack

Art.nr: 446

This horizontal wall mounted barbell rack offers convenient storage for 6 different barbells. Effective when you want to free up some space around your rack or on the floor and have the barebells on the wall instead.

Kettlebell Rack

Art.nr: 443

Gymleco kettlebell Rack that can fit up to 10-15 kettlebells depending on kettlebell size. Very stable and flexible design with rubberized shelves for quiet and safe management. Can also be used as a stand for slam balls, wall balls, etc.

Length: 53 cm
Width: 125 cm
Height: 67 cm
Weight: 32,5 kg



Rack for Medicine Balls, 10 pieces

Art.nr: 470

Enhance the organization and aesthetics of your gym with the Gymleco Rack for Medicine Balls. Crafted with precision and durability in mind, this rack is designed to keep your medicine balls or wall balls in a neat and orderly fashion, while adding a touch of style to your fitness space.

Length: 35 cm
Width: 90 cm
Height: 165 cm
Weight: 25 kg



Carriage for handles

Art.nr: 495

Optimal handle storage for your gym. This handles and accessories carriage has two sides which means a lot of equipment can be stored in it. It also has wheels which means that you can move it wherever you need to.

Length: 129 cm
Width: 50 cm
Height: 145 cm
Weight: 65,5 kg



Wallmounted handles and accessory board

Art.nr: 495-1

The handle board has place for 14 exercise handles, training accessories, weight lifting belts etc.

Width: 120 cm
Height: 80 cm
Weight: 18 kg





Wall mounted Dip Handles, Angled

Art.nr: 755D

Gymleco's wall mounted dips handles are well thought out in design and form. The angled handles give you the right position for your dip training. Well suitable for the big gym or the smaller home gym.

Diameter dip bars 40 mm



Wall mounted Dip Handles

Art.nr: 755S

Gymleco's wall mounted individual dip handles are incredibly well constructed and strong. Easily to train dips and the design is space-saving. Well suitable for the big gym or the smaller home gym.

Diameter dip bars 40 mm



Squat Wedges

Art.nr: N125

Designed to elevate your heels during squats or deadlifts, these wedges can help you achieve a deeper range of motion and target your leg muscles more effectively. With two different heights of 5 cm and 10 cm, they can accommodate different levels of flexibility and exercise intensity.

Weight: 1 kg
Depth: 31 cm
Height: 5-10 cm



Sledgehammer

Art.nr: N31

Are you ready to ramp up your gym and challenge your gym members like never before? Here is the ultimate tool for your strength training, functional training, and strongman training. Available in various weights ranging from 5 kg to 30 kg or as a set.

Grip Diameter: 35-42 mm
Length: 86-103 cm

Wall mounted Rack for Gymballs

Art.nr: 465

This wall mounted gymball rack is a great way to prevent the exercise ball from rolling around and getting in the way. The stand is suitable for balls with a diameter between 45-80 cm. It is designed and manufactured from the highest quality materials and powder coated with black paint.

Length: 60 cm



Mat Suspension

Art.nr: 460

Gymleco's adjustable mat hanger. Perfect for hanging our hygienic mats on. Perfect for both the group training room where there is a need for organizing yoga mats or at the home gym where you want the mats hanged neatly on the wall.

Length: 40 cm-70cm



Mat storage, single hook

Art.nr: 461

Gymleco's mat hanger with one hook, perfect for hanging Gymleco's Hygienic Mat with one eyelet. It's optimal for all professional gyms where organization of the mats is needed or for the home gym when you want the mats hanged neatly on the wall.



Ball Target, Double

Art.nr: 689

Wallball target is used in functional training when you throw a weighted ball to the target area. It's suitable for Gymleco racks with art.no: 601, 602, 649 & 848. Can also be wall mounted.

Heights: Men 305cm c/c,
Ladies 274cm c/c
Diameter 40cm.



Power Rack /Cage

Art.nr: 649

This Power Rack is excellent for squats, bench press and chins training, among other things. The rack is designed with safety frames that makes it easy for both the beginner and the experienced weightlifter to use the rack.

2 reversible chin bars included: D25mm + D40mm
Safety barriers included.

Length: 129 cm
Width: 89 cm (128 cm with weight hangers)
Height: 240,5 cm
Weight: 158 kg



Half Rack

Art.nr: 848

This one-sided Half Rack is a well designed rack with the possibility of a large number of exercises such as bench press, squats, chins, pull-ups, standing rowing, etc. A robust rack designed for commercial gyms.

Safety barriers 500mm included.

Length: 116 cm
Width: 164 cm (with weight hangers)
Height: 230 cm
Weight: 101 kg



Half Rack, Double Sided

Art.nr: 848D

Half Rack in double model is a great rack with the possibility of an extremely large number of exercises such as bench press, squats, chins, pull-ups, standing rowing, etc. Easy to place on the gym thanks to the compact design. Commercial quality for the professional gym.

Safety barriers 500mm included.

Length: 202,5 cm
Width: 164 cm (with weight hangers)
Height: 230 cm
Weight: 180 kg



Wallmounted Rig

Art.nr: 601

This wallmounted Gymleco rig, or so-called training station for functional fitness, is a beautiful and stable rig for all gym environments. It is multifunctional with the possibility of many different training exercises such as squats and chins. The rig is designed and made by Gymleco and is therefore created with quality materials.

The rig is attached to the wall and to the floor for extra stability. It has a number of extensions that you can add on as well as various options for building the rig bigger. We can also offer outdoor treatment of the rig. This gives the rig extra surface protection so that it can withstand the environment outside. Two bar hangers are included with the rig so that you can simply buy a barbell with the station and start squatting.



1.

Included:
2 pc bar hangers
Chins bar at 33,7 mm in diameter



2.

Included:
Weight holder, pair with 4 + 4 weight places
Security console



3.

Image shows how you can build out the rig
with two sections with a chinbar at 130 cm
between.

Rig with 6 liftings places

Art.nr: 602

Fantatic training station for all gyms! It has both low and high pillar positions so that you can integrate rope and ring stations as desired. The stand has a total of 11 pull-up stations, of which six are suitable squat stations. It can be equipped with accessories such as dip racks, safety equipment, weight racks, etc. Best thing is that you can build this rig however big you want and with whichever components you need. The possibilities are endless!



Height: 271 - 346 cm (We can also create a lower one if necessary)

Width: 122/142/182 cm, you can choose between different options depending on the space.

Complete Crossbox Station

Art.nr: 610

Crossbox station provides versatile training for the whole body where you can do a lot of different exercises. The station can be built with complementary accessories completely according to your own conditions and wishes. You can for example build your station with additional parts such as a monkey bar, punching bag and squat suspension. This is a best seller thanks to the compact size which makes it easy to place in any gym regardless of surface.



Length: 345 cm

Width: 245 cm

Height: 236 cm

Monkey Bar Rig

Art.nr: 614

The purpose of a Monkey Bar Rig is to among other things, practice grip strength by getting from one side to the other hanging with your hands. But the stand also provides the opportunity for hanging a punching bag and chin railing, which provides more training opportunities in the gym. Many hang also a TRX on the rig.



Length: 410 cm

Width: 170 cm

Height: 229 cm



Farmers Walk

Art.nr: 666

Gymleco's Farmers Walk Handles are robust and truly durable with generous space between the equipment for user's legs. Upward-angled weight holders for longer durability of the equipment.

Weight: 15 kg / piece

Add weights with 50 mm hole diameter.



Conan Wheel

Art.nr: 665

Also called the Conan Circle. This is a classic strongman equipment which is used by adding weight plates on it and carry around the weight in a circulating motion.

Used with international weight plates.

The lifting arm can be adjusted in height from 123 cm to 143 cm.

The distance from the center to the start of the lifting arm is 160cm (which gives about 10 meters of walk-way per turn)



Prowler Sled

Art.nr: 685

Prowler Sled combines the training of strength and endurance of legs, waist and arms. Often used in functional fitness but also in the traditional gyms, preferably where there's space for a artificial grass track.

Length: 101 cm

Width: 67 cm

Height: 103 cm (with the handles)

Weight: 50 kg



Fitness Yoke

Art.nr: 664

Gymleco's own Fitness Yoke with adjustable height. Beautiful, clean design made of strong material, making the piece timeless. A perfect gym equipment for heavy strongman training.

The diameter of the grip 60 mm

Highest position: 177cm

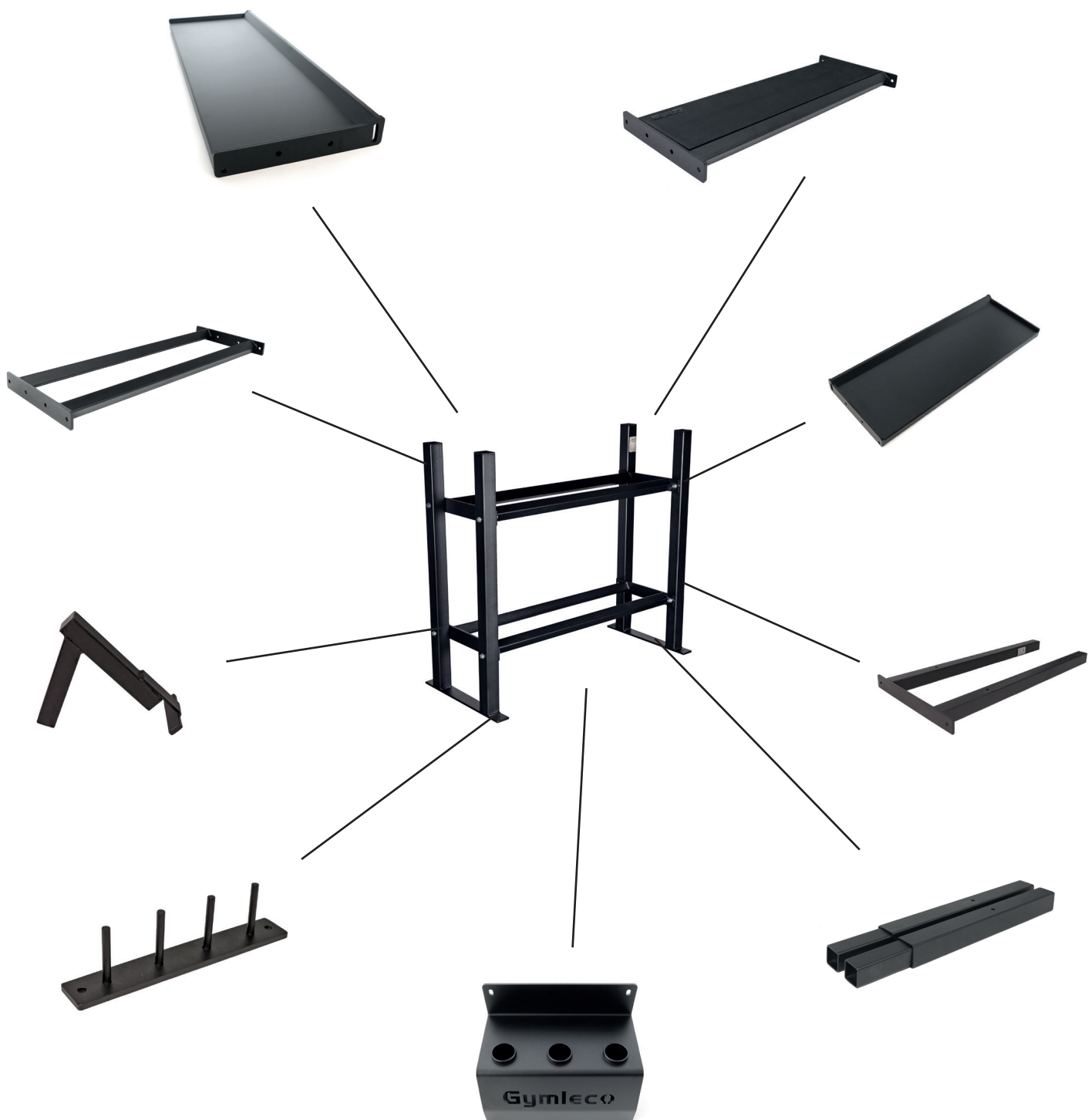
Lowest position: 132cm

Length: 120 cm

Width: 40 cm

Height: 108 - 164 cm

Weight: 50 kg



Art.nr. 896 Bumper Plate, Slam Ball Rack

Build your Gymleco rack according to your wishes and conditions at the gym

Here you have Gymleco's stylish and robust multi storage rack which has place for both weight plates, dumbbells, wall balls, slamballs as well as barbells, jumping ropes, resistance bands and more. With this multi storage you have endless possibilities!

You can adjust your 896 storage system completely to your needs. Build three shelves if you want to be able to fit a lot in a small surface. Increase the shelf in width if you want a lot of equipment and everything collected in one place. Mix different shelves to make sure that all your equipment has a place in the rack.



Bowl for Magnesium /Chalk

Art.nr: 692

A compact and smart designed standing bowl for storing chalk blocks or powder. This Gymleco Standing Bowl for chalk is perfect for commercial gyms and training boxes.



Push-up Bars

Art.nr: 621

These high-quality Gymleco Parallettes, or so-called Push-up Bars are used in calisthenics and help you get more power in exercises that strengthen the arms, shoulders and chest.

Length: 50 cm
Height: 27 cm
Width: 34 cm



Barbell Lifter / Bar Jack

Art.nr: 898

Gymleco's barbell lifter is a tool that makes it easy to change weights during heavy weight training. Just roll over the bar with weights on and lift it up a few cm to change weights.

Length: 126 cm
Width: 32 cm
Height: 118 cm
Weight: 12 kg



Barbell Lift Mini

Art.nr: 899

Gymleco's barbell lift (mini) is a tool that makes it easy to change weights during heavy weight training. Just roll over the bar with weights on and lift it up a few cm to change weights.

Atlas Stones

Art.nr: 868

Atlas Stones are made of concrete shaped into a round ball. These are traditionally used in Strongman events but are now also popular on gyms that wants to offer something different.

Sizes from 50 kg to 110 kg (diameter 41,5 cm-48 cm)



Podium set for Atlas Stones

Art.nr: 867

Gymleco's Podium for Atlas Stones are an essential part of your Strongman equipment. The podiums are robust and made of the highest quality to make sure that you can lift as heavy and as much as you'd like.

The podium is available in sizes 150 cm, 135 cm and 120 cm, but can also be ordered in other sizes.



Punching Bag

Art.nr: N214

Designed to hold hard boxing training at the gym. The bag is 130 cm long which makes it possible for any body length to train on. Mounted either from the ceiling or hanging from a rig.

Width: 40 cm

Length: 130 cm

Weight: 40 kg



Standing Punching Bag

Art.nr: N224

This standing punching bag is in a durable PVC material with a filling in foam plastic. It is made for lighter punch training. The base is filled with about 75 kg of sand for stability. Sand is not included in delivery.

Diameter: 41 / 60 cm

Height: 178 cm





Wooden Wall Bars with Chins

Art.nr: 775W

Wooden Wall Bars is a great piece of gym equipment. You may have seen it before in gyms or schools where they're used for coordination, stretch or strength. An ideal multi-functional gym equipment for not only commercial gyms and homegyms but also sports medicine clinics, hospitals and schools. The Chins rack in our Wall Bar can be changed in height.

Length: 53 cm
Width: 80 cm
Height: 220 cm



Strongman Sand Bags, XS - XL

Art.nr: 869

Gymleco's Strongman Sandbag is an excellent training equipment for both strongman, functional fitness and other free weight training. A good option for atlas stones or slamballs. The sandbags are great for training exercises such as front squats and sandbag carries. Sand is not included.

Available in sizes 30 kg, 45 kg, 65 kg, 85 kg, 115 kg



Peg Board

Art.nr: 611

Gymleco's Peg Board is designed and manufactured with the absolute finest quality. It has a total of 35 holes and is made of strong wooden material. Training in a pegboard is extremely heavy and good for your grip strength, as you hang your hands on two sticks and move forward, up and down with them.

Two sticks of oak are included.

Length: 242 cm
Height: 30 cm

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