

SHELTER

Pajaro Valley Women and Children (No Men Over the Age of 12) Shelter Services Women and Children | (831) 728-5649 | give@pvshelter.org | 115 Brennan St, Watsonville **Families in Transition** (assistance for families with children and youth ages 18-24) | (831) 728-9791 | 406 Main St #326 Watsonville Lettunich Building **Salvation Army** over 18 | (831) 724-3922 | 214 Union Street, Watsonville **Homeless Shelter and Services For Men** and Team Kitchen at Pajaro Rescue Mission | 111 Railroad Ave. Watsonville | (831) 724-9576

RESOURCES

SCC Veterans Office Services for Veterans & Families 842 Front St. | For real time assistance with resources text your zip code to 898-211 **Senior Center** (831) 722-1333, 114 E. Fifth Street, Watsonville **CAB/Community Action Board** employment, community engagement and leadership activities, housing evictions, immigration support 406 Main St. #207 (2nd Floor/Segundo Piso), Watsonville (831) 763-2147 **Catholic Charities** 656 Main St. Watsonville, (831) 722-2675

DOMESTIC VIOLENCE

Monarch Services 24hr. Domestic Violence & Rape Hotline 888-900-4232 **Domestic Violence La Isla Pacifica Shelter For Women and Children** | 6980 Chestnut Street, Gilroy | (877)363-7238

LEGAL

Tenant Sanctuary Info/Counseling about tenant rights | 3pm-7pm T & Thurs, 10-2 Sun | (831) 200-0740 info@tenantsanctuary.org **Main Jail** (831) 454-7800 **Public Defender** (831) 429-1311 (831) 466-6078 **Court Date Textline** (831) 208-5170 (text case number) **California Rural Legal Assistance** (831) 724-2253 **Senior Legal Services** (831) 426-8824 **Community Bridges Eviction Defense Collaborative** helpline to legal services: (831) 288-2148

STUDENT RESOURCES

Cabrillo Students rowest@cabrillo.edu

MEALS/FOOD

Second Harvest Hotline to free food locations | (831) 662-0991 | 800 Ohlone Pkwy, Watsonville | 7:30am-4:30pm M-F **Pajaro Valley Loaves and Fish** | 150 2nd St Watsonville | Lunch 12pm-1pm, Pantry 9-11:30am, 1-3 pm M-F | info@pvloavesandfishes.org | (831) 722-4144 | www.pvloavesandfishes.org **Meals on Wheels** (a Community Bridges program). Meal delivery, \$2.50 requested donation per meal. Teen Kitchen Project Meal delivery for persons with serious illness. Call for eligibility 316-4540 ext. 1, teenkitchenproject.org

SHOWERS/RESTROOMS & PORTABLE TOILETS

Manresa State beach 150 Lilly Way, Watsonville | 205 Manresa Uplands Rd, Watsonville **Pinto Lake City Park** (restroom only) 451 Green Valley Rd, Watsonville

MEDICAL

Salud Para La Gente | 204 East Beach Street Watsonville | Appointments: (831) 728-0222 | M-F | wellness and counseling, Women's Health & Pregnancy Care, Vision Care, Optical Department, Dental Care, Family Health Care **Clínica del Valle del Pájaro** 45 Nielson Street, Watsonville | M-F **Salud at 65 Nielson** | 65 Nielson St., Ste. 10, Watsonville | Women's Health & Pregnancy Care Mon - Fri 8:30am-5:30pm | Salud at 64 Aspen Way, Watsonville Pediatric Medical Care Mon-Fri 8:30am-5:30pm **Watsonville Health Center** Primary Care, NARCAN 1430 Freedom Blvd, Ste. D, M-Th 7:30am-6:30pm, F 7:30am-5pm (831) 763-8400 **Watsonville Community Hospital**, Emergency room, primary care, NARCAN 75 Nielson St, Open 24 hrs (831) 724-4741 **Planned Parenthood** 398 S Green Valley Rd M-F 8am-8pm (831) 724-7525 **HIV/HCV testing** Wednesdays 1:30pm-3:30pm at 1430 Freedom Blvd., Ste. B **Community Bridges vaccine helpline** (831) 219-8607 **Homeless Persons Health Project** 1430 Freedom Blvd. Ste. A Watsonville, (831) 454-2080 **Watsonville Health Clinic/ Clinica de Salud de Watsonville** 1430 Freedom Blvd. Suite , A. Watsonville, (831) 763-8400 **Dientes Community Dental Clinic/ Dientes Clinica Dental** 1430 Freedom Blvd, Suite C. Watsonville, (831) 621-2560

COVID

Vaccine appts 833-422-4255 **Rides to vaccine appts United Way** (831) 316-4310 **Rides to Medi-Cal appts** (831) 430-5577 **SC Veterinary Street Outreach** (check facebook page) scanimalshelter.org/healthy-pets-for-all

MENTAL HEALTH & SUBSTANCE USE

Harm Reduction Coalition (831) 769-4700 text or call anytime **Suicide Prevention Talkline** 1-877-ONE-LIFE | 1-877-663-5433 Crisis Textline 741-741 **NAMI** (831) 427-8020/(831) 205-7074 (español) **Mobile Emergency Response Team** 800-952-2335 8am-5pm **Santa Cruz County Syringe Exchange** Mondays and Thursdays 3:30pm-4:30pm, Tuesdays 10:30am-11:30am, Wednesdays 1:30pm-3:30pm, and Fridays 9am-11am 1430 Freedom Blvd, Ste. B