

# Watsonville Free Guide

[santacruzfreeguide.org](http://santacruzfreeguide.org)

## SHELTER

**Pajaro Valley Women and Children** (No Men Over the Age of 12) Shelter Services Women and Children, (831) 728-5649, [give@pvshelter.org](mailto:give@pvshelter.org), 115 Brennan St, Watsonville **Families in Transition** (assistance for families with children and youth ages 18-24), (831) 728-9791, 406 Main St #326 Watsonville, Lettunich Building **Salvation Army** over 18, (831) 724-3922, 214 Union Street, Watsonville **Homeless Shelter and Services For Men** and Team Kitchen at Pajaro Rescue Mission, 111 Railroad Ave. Watsonville, (831) 724-9576 **Grace Harbor Women's Shelter**, (831) 761-3191, 55 Brennan St. Watsonville, Arrive at 5:30pm for check-in (first come, first serve), Enter via The Rustic Table restaurant and ask about shelter

## RESOURCES

**SCC Veterans Office Services for Veterans & Families** 842 Front St., For real time assistance with resources text your zip code to 898-211

**Senior Center** (831) 722-1333, 114 E. Fifth Street, Watsonville **CAB/Community Action Board** employment, community engagement and leadership activities, housing evictions, immigration support, 406 Main St. #207 (2nd Floor/Segundo Piso), Watsonville (831) 763-2147 **Catholic Charities** 656 Main St. Watsonville, (831) 722-2675 **La Manzana Community Resources** Public benefits enrollment assistance, free counseling, food distribution, & free summer lunches to low-income youth, 521 Main Street Suite Y, Watsonville, 9am-12pm, 1pm-4:30pm M-F, (831) 724-2997 **SC Veterinary Street Outreach** (check facebook page) [scanimalshelter.org/healthy-pets-for-all](http://scanimalshelter.org/healthy-pets-for-all)

## DOMESTIC VIOLENCE

**Monarch Services** 24hr. Domestic Violence & Rape Hotline 888-900-4232  
**Walnut Ave Family & Women's Center** Domestic violence support for families & people of all genders, 303 Walnut Ave, Santa Cruz, (831) 426-3062, 24hr hotline (866) 269-2559

## LEGAL

**Tenant Sanctuary** Info/counseling about tenant rights, 703 Pacific Ave: Mon 3-6pm, Wed 4-6pm & 7-8pm, Fri 10am-2pm, 1740 17th Avenue: Wed 10:30am-2:30 pm, (831) 200-0740, [info@tenantsanctuary.org](mailto:info@tenantsanctuary.org) **Main Jail** (831) 454-7800  
**Public Defender** (831) 429-1311 (831) 466-6078 **Court Date Textline** (831) 208-5170 (text case number) **California Rural Legal Assistance** (831) 724-2253  
**Senior Legal Services** (831) 426-8824 **Community Bridges Eviction Defense Collaborative** helpline to legal services: (831) 288-2148

## STUDENT RESOURCES

**Cabrillo Students** [rowest@cabrillo.edu](mailto:rowest@cabrillo.edu) **UCSC Students** (831) 459-4446, [deanof-students@ucsc.edu](mailto:deanof-students@ucsc.edu), crisis line (831) 459-2628 **UCSC The Cove** (above OPERS East Field next to Cowell's Provost's House) Harm reduction, recovery meetings & peer-to-peer support, M-F 10am-5pm, [jbru@ucsc.edu](mailto:jbru@ucsc.edu) **UCSC CARE** Domestic violence, sexual harassment, etc. support, (831) 502-2273, [care@ucsc.edu](mailto:care@ucsc.edu)

## MEALS/FOOD

**Second Harvest** Hotline to free food locations, (831) 662-0991, 800 Ohlone Pkwy, Watsonville, 7:30am-4:30pm M-F **Pajaro Valley Loaves and Fish**, 150 2nd St Watsonville, Lunch 12pm-1pm, Pantry 9-11:30am, 1-3 pm M-F, [info@pvloavesandfishes.org](mailto:info@pvloavesandfishes.org), (831) 722-4144, [www.pvloavesandfishes.org](http://www.pvloavesandfishes.org) **Meals on Wheels** Meal delivery for older adults (60+), 831-464-3180 ext. 100, [communitybridges.org/mealsonwheels](http://communitybridges.org/mealsonwheels) **Salvation Army** 214 Union St, Watsonville, Hot meal 5-7pm

every day, Food pantry 9:30am-12pm Tu & Th, (831) 724-3922 **Teen Kitchen Project** Meal delivery for persons with serious illness. Call for eligibility 316-4540 ext. 1, [teenkitchenproject.org](http://teenkitchenproject.org) **Watsonville Senior Center** 114 E. Fifth Street, Watsonville, Lunch for older adults (60+) weekdays 11am-1pm, 831-724-2024

## SHOWERS/RESTROOMS & PORTABLE TOILETS

**Manresa State beach** 150 Lilly Way, Watsonville, 205 Manresa Uplands Rd, Watsonville **Pinto Lake City Park** (restroom only) 451 Green Valley Rd, Watsonville **Watsonville City Plaza** 358 Main St, Watsonville, Restrooms on the Union St side of the Plaza across the street from Cabrillo College **Salvation Army** 214 Union St, Watsonville, Showers 10am-3:30pm every day **Shower the People at Resurrection Church** 7600 Soquel Dr, Aptos Tues 3-5:15pm & Sat 11:30am-1:30pm

## MEDICAL

**Salud Para La Gente**, 204 East Beach Street Watsonville, Appointments: (831) 728-0222, M-F, wellness and counseling, Women's Health & Pregnancy Care, Vision Care, Optical Department, Dental Care, Family Health Care **Clínica del Valle del Pájaro** 45 Nielson Street, Watsonville, M-F **Salud at 65 Nielson**, 65 Nielson St., Ste. 10, Watsonville, Women's Health & Pregnancy Care Mon - Fri 8:30am-5:30pm, Salud at 64 Aspen Way, Watsonville Pediatric Medical Care Mon-Fri 8:30am-5:30 pm **Watsonville Health Center** Primary Care, NARCAN 1430 Freedom Blvd, Ste. D, M-Th 7:30am-6:30pm, F 7:30am-5pm (831) 763-8400 **Watsonville Community Hospital**, Emergency room, primary care, NARCAN 75 Nielson St, Open 24 hrs (831) 724-4741 **Planned Parenthood** 398 S Green Valley Rd M-F 8am-8pm (831) 724-7525 **HIV/HCV testing** Wednesdays 1:30pm-3:30pm at 1430 Freedom Blvd., Ste. B **Community Bridges vaccine helpline** (831) 219-8607 **Homeless Persons Health Project** 1430 Freedom Blvd. Ste. A Watsonville, (831) 454-2080 **Watsonville Health Clinic/ Clínica de Salud de Watsonville** 1430 Freedom Blvd. Suite, A. Watsonville, (831) 763-8400 **Dientes Community Dental Clinic/ Dientes Clínica Dental** 1430 Freedom Blvd, Suite C. Watsonville, (831) 621-2560 **Mobile Wellness Clinic at Assumption Church**, 100 Salinas Rd, Pajaro, Thursdays 9am-3pm **Rides to Medi-Cal appts** (831) 430-5577 **COVID vaccine appts** (831) 422-4255

## MENTAL HEALTH & SUBSTANCE USE

**Harm Reduction Coalition** (831) 769-4700 text or call anytime  
**Suicide Prevention Talkline** 1-877-ONE-LIFE, 1-877-663-5433 Crisis Textline 741-741 **LGBTQ+ Youth Crisis Line** (866) 488-7386, or text "start" to 678-678  
**NAMI** (831) 427-8020/(831) 205-7074 (español) **Mobile Emergency Response Team** 800-952-2335 8am-5pm **Santa Cruz County Syringe Exchange** Mondays and Thursdays 3:30pm-4:30pm, Tuesdays 10:30am-11:30am, Wednesdays 1:30pm-3:30pm, and Fridays 9am-11am 1430 Freedom Blvd, Ste. B **Freedom Women's Center** Faith-based discipleship/recovery program for women with life-controlling problems, (831) 724-2898, 109 Green Valley Rd, Freedom **Pajaro Men's Center** Faith-based discipleship/recovery program for men with life-controlling problems, (831) 722-2074 **ACCESS** Team Assessments and referrals to mental health services, (831) 454-4170/(800) 952-2335, available 24/7