



# Withdrawal Management

Director of Medical Providers: Courtney  
Director of Inpatient Nursing: Kaili Nolte  
Medical Operations Supervisor: Paulina Uribe  
Program Manager: Sabrina Brunner

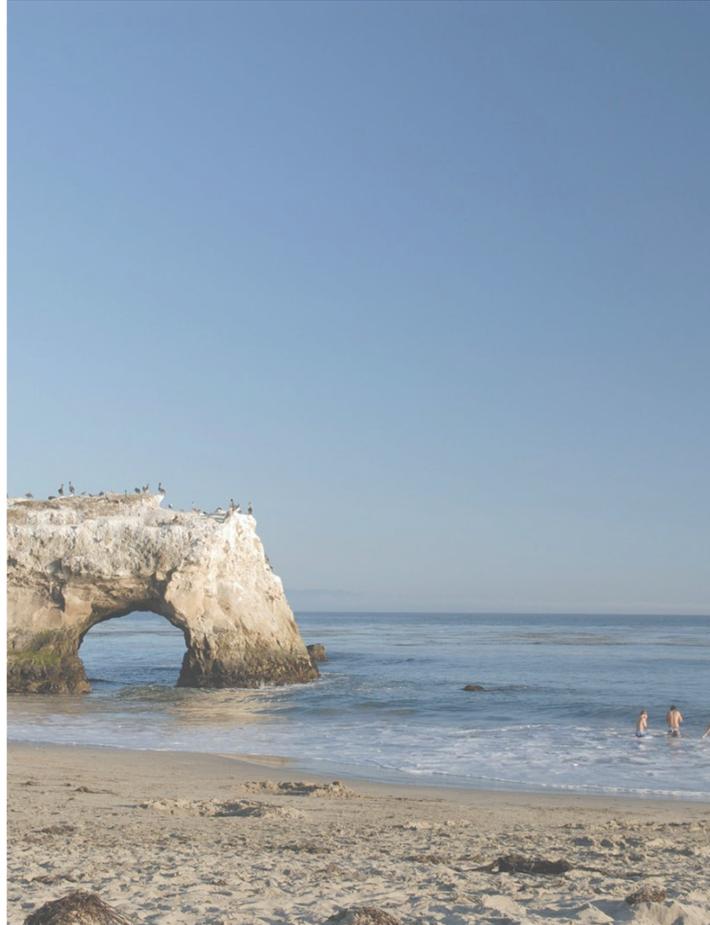
- Unit Staff includes nurse practitioners, RNs, LVNs, medical technicians (MA, CNA and EMT) and SUD Counselors as needed or assigned.
- Withdrawal Management 3.2 Level of Care per ASAM Criteria- will later accommodate 3.7 level of care pending licensing with California Department of Public Health
- Can serve up to 16 clients at a time (depending on staffing)
- Services can be accessed through open access for Medi-Cal clients or by appointment with an assessment for clients who have other primary funders.
- Admission staff includes clinical assistants and peer support specialists.

Janus of Santa Cruz's withdrawal management program offers 24-hour medically monitored residential care to manage mild to moderate withdrawal symptoms from drugs or alcohol. Medications are often prescribed to assist with symptoms and discomforts associated with withdrawal. Medical staff may coordinate with primary care and specialty mental health services to manage a client's physical and mental health needs.



# Janus Integrated Behavioral Health

Program Director: Diane O'Rourke, LMFT



- **Staff:** Anja Johnson, ACSW
- **Services Offered:** Person-centered psychotherapy with a strengths-based approach
- **Levels of Care Offered:** Mild to moderate behavioral health symptoms
- **Program size:** 15-20 Clients
- **How to access care:** Clients enrolled in a Janus program may be referred internally for therapy at Janus Integrated Behavioral Health by a counselor, peer support or manager, provided client has CCAH insurance.
- **General program description:** The Integrated Behavioral Health Program at Janus aims to address the interconnected nature of substance abuse and mental health issues by providing integrated, holistic, and individualized care to support clients in achieving lasting recovery and improved overall well-being.



# Perinatal Program

Program Manager: Vero Campos

- Types of Staff: Counselor, Treatment Techs, Case Manager, Peer Support Specialist and Medical Assistant
- Services Offered/Levels of Care Offered: 3.1 and 3.5
- Number of beds/Clients served: 10 beds
- How to access care: self referred by calling main number at Janus, or referred by OBGYN, PCP, County SUDS, FCS

Perinatal is a residential facility that provides treatment to pregnant, post partum and moms that are parenting children under the age of 18. Children under the age of 6 can live at the facility with the mother. We focus on learning to be in recovery while also parenting a child under the age of 18. We offer Life Skills groups as well as educational and clinical groups.





# Sobering Center

Program Manager: Cesar Leon

- EMT/LVN, Peer Support, Case Managers
- DUI Enrollment, Case Management, Peer Support, Medical Support(Monitoring Vitals)
- 10 Beds available (4 women/6 men) with 2 overflow chairs
- Police drop offs or self referrals
- While at the Sobering Center, clients are monitored by our Medical Staff. Vitals are checked and tracked. Case Mangers/Peer Support can have conversations with clients, for potentially entering a program or DUI classes. We also have a DUI Client Rep, that can answer any DUI related questions. Clients also have access to a shower. Staff may also wash clients clothing, if the client request it. A temporary change of clothing is provided to client.

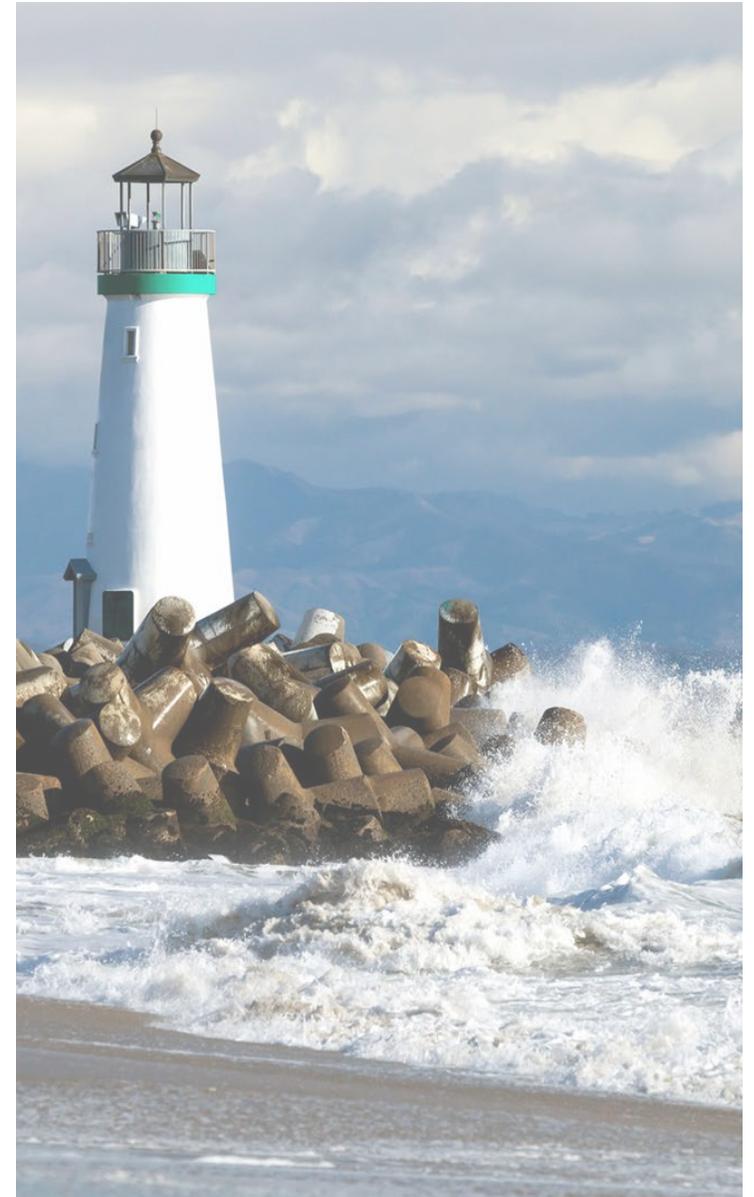


# Janus Opioid Treatment Program

Leadership/Manager: William Morris, Medical Director

Program Director: Katherine Orlando

- Types of Staff: Counselors, Medical Staff, Client Services, Enhanced Care Management, Peer Support
- Services Offered/Levels of Care Offered: Outpatient Medication Assisted Treatment for Opioid Use Disorder
- # Beds/ #Clients Served: Licensed Capacity: North 530; South 230 (Actual: North 386; South 174)
- How to access care: Walk-in, referral
- General program description: Janus of Santa Cruz provides CARF accredited medication-assisted treatment (MAT) for opioid dependent individuals in MAT clinics located in Santa Cruz and Watsonville. Methadone is the primary medication used in MAT although the program can also provide Suboxone (buprenorphine) and Vivitrol (naltrexone) medications as well. Janus MAT is committed to improving the lives of opioid dependent individuals using medication, counseling, case management and referral services. In addition to those services provided to individuals, Janus strives to educate the community about opioid use disorder and substance use disorders in general and provide opioid overdose prevention through the training and provision of naloxone (Narcan) to community organizations, individuals, and partner agencies.





# CAFES

Program Supervisor: Nick Bobeda

- Types of staff: CAFES peer support specialists , case managers.
- Services offered: case management, care coordination, housing navigation, peer support, job support, tenancy support, connection to community resources, support groups, family resources/support spiritual/natural supports.
- How to access care: committed low level offenses, have been ruled out of County Behavioral Health services, and/or do not receive services through other sources of funding such as AB109 or Cal AIM, Identified mental health and/or SUD.
- May be referred by: Santa Cruz County Probation Department including Pretrial & Supervision, Santa Cruz County of the Office of the Public Defender & Advocate Team (Partners for Justice), Santa Cruz District Attorney 's Office (Neighborhood Courts), Santa Cruz Collaborative Staff, The Sobering Center.

CAFES is a Prop 47 grant funded program that is comprised of culturally competent, trauma informed staff, that are skilled in identifying mental health and substance abuse issues, as well as vast expertise in connecting our clients with corresponding resources, that can treat and support their identified needs. CCT Case Managers and Peer Support Specialists strive to build therapeutic alliances with our clients in hopes of walking along side of them on their road to recovery. CCT serves the community through early representation to provide pre-conviction and/or pre-filing pathways for individuals that have been cited or arrested and will then redirect those who have committed low-level crimes to appropriate treatment interventions and community resources. By establishing early and frequent touch points, the CCT can provide our participants with resource navigation, and coordinated access to various levels of care, and various supportive programs to reach their goals and overcome obstacles. We can provide financial support for individuals in need of sober housing, treatment programs for mental health and substance use disorders where they may have been limited due to lack of health care insurance or lack the ability to pay out of pocket costs for sober living environments. We serve as advocates to provide a continuum of care for our participants to access and utilize services.

Our goal is to foster continued recovery, reduce the likelihood of reoffending or relapsing, and provide the needed support to decrease further involvement in the legal system.

# Janus DUI Program

Program Manager: Maya Jarrow

- Types of Staff: One Client Services Representative and two full-time DUI counselors.
- Services Offered: Orientation, DUI process groups and DUI education groups, assessments, individual counseling, future plans, and community re-entry groups.
- Janus provides court and DMV ordered DUI programs to clients who have been convicted of driving under the influence. The programs provided are: 12-hour education programs for clients convicted of wet and reckless, 3-month first offense programs, 6-month first offense programs, 9-month first offense programs, and 18-month multiple offender programs.
- 359 individuals enrolled for DUI between 10/1/2022 & 9/30/2023.
- We offer eleven groups weekly with a goal of 15 individuals per group, and two education classes with a goal of 30 participants.

Janus DUI Program strives to reduce DUI recidivism in Santa Cruz County by educating, counseling, and linking convicted DUI offenders to additional support systems as needed. The goal is to create an evidence-based program, currently utilizing Interactive Journaling from the Change Companies, ASAM sponsored evidence-based practice that helps participants learn about making low risk choices and assists them as they navigate through requirements of the Court and/or the DMV. Janus of Santa Cruz also offers a full continuum of services which are available to our DUI clients should they need additional support.

## How to access care

- Individuals looking for services can go to our website and fill out the enrollment form. They will then be emailed the pre-enrollment form by our CSR staff. This service is available 5 days a week on a walk-in basis and can be sent via DocuSign. Enrollment (first official day of program) is offered at two times a week- one in person, and one virtually (coming soon- currently both are held in person). Barriers have been significantly decreased for out of county enrollments by making enrollment forms conveniently accessible via our website, thus increasing out of county enrollment & retention.
- Once the court paperwork and DMV H-6 form has been submitted to our CSR Team, participants will be scheduled for orientation after they have completed the pre-enrollment paperwork and paid the enrollment fee of \$300 via our website [Janussc.org](http://Janussc.org)