**Julia Strickler, ND Wellness From Within**

**Consultation Agreement**

**Consultation Fees**

Fees are due at the time of service or within 36 hours of a TeleHealth visit. Payment instructions are typically included in the summary for TeleHealth visits and can be done electronically though Vemno, Zelle, CashApp or ApplePay. Please indicate your preference. Most Initial and Follow up visits are video calls. Some follow-up appointments may be conducted via phone.

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| Phone or Video Consultation with **Julia Strickler,** **ND** | |
| Initial Visit  Or 75-90 minute follow up | $235.00 |
| 45-60 minutes | $175.00 |
| 20-30 minutes | $95.00 |
| Less than 20 minutes | $45.00 |

**Cancellation Policy**   
 There is a $50 charge for cancellations of less than 24 hours or failure to show up for a scheduled appointment.

**E-mail Policy**

E-mail may be used for answering brief, clarifying questions at your practitioner's discretion. If you are e-mailing about a new or more detailed concern, you will be asked to schedule a phone or office consultation to ensure effective communication and comprehensive care.

*Costs of any laboratory tests are paid directly to the lab and do not include the fee for   
follow-up consultation to discuss the results.*

**Privacy Notice Acknowledgement Form**

The Federal Health Insurance and Portability and Accountability Act (HIPAA) regulates how health care providers may use and disclose health information, and also requires that patients be notified of the provider’s privacy practices.

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, (*Printed Name of Patient or Patient’s Representative*), acknowledge receipt of the “Privacy Notice Acknowledgement Form” and “Wellness Consultation Policy”.

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Signature (*Patient or Patient’s Representative*) Date

**Wellness Consultation Consent Form**

I hereby understand, agree, and attest to the following:

I fully understand that the Naturopath I am seeking is not a licensed physician in Texas, and I am not consulting for medical, diagnostic, or treatment procedures. The appointments do not involve the diagnosing, prognosticating, treating or prescribing of medicines or the treatment of disease, or any act which will constitute the practice of medicine in this state, for which a license is required.

Since the Wellness Consultant is not a medical doctor or primary care physician, it is recommended that I continue services with my primary care physician.

The services offered by the Wellness Consultant are at all times restricted to helping me gain a better understanding of ‘health’ (not disease), so that I will have greater self-awareness and be able to use a self-care plan for daily living.

The wellness plan offered (which may include discussion and or sale of nutritional supplements, nutrition and lifestyle modifications, homeopathic remedies, vitamins, minerals, food grade herbs, and other dietary supplements) pertains to the whole body concept of nutrition rather than addressing a specific ailment or condition.

The Wellness Consultant does not provide emergency or after-hours care. In the event of an emergency, I will dial 911 or proceed to the nearest emergency room.

Laboratory testing may be conducted for screening purposes only and does not constitute a diagnosis of any medical condition. It is my responsibility to follow up with a medical doctor if any of the lab results are abnormal.

Women who are pregnant or planning pregnancy must inform their Wellness Consultant, as this will likely alter the recommendations that are made.

Since they are not prescribing physicians, the Wellness Consultants will not be able to advise me to discontinue or change doses of my medications. I am advised to consult with my prescribing physician concerning any modifications of my pharmaceutical medications.

Potential benefits of following a wellness plan include health optimization, symptomatic relief, and disease prevention. Potential risks include rare allergic reactions, paradoxical reactions to supplements (example: valerian is a relaxing herb for most people, but it is stimulating in some people), and drug-supplement interactions. Although there is a growing body of information regarding such interactions, I understand that not all drug-supplement interactions are known at this time.

There are wide individual differences in response to a wellness plan, and no guarantees are made that I will gain any benefit nor suffer any adverse consequences.

While I may experience immediate benefits from the wellness plan, I understand that the most effective results will occur when I make a long-term commitment to rebuild my health, which will likely involve some lifestyle modifications.

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Signature of Client or Client’s Representative Date

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Printed Name of Client or Client’s Representative Date

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Phone Number Date

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Referred by:

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*revised: 06.01.2021*