

Daily P.O.W.E.R.

Date: __ / __ / __

This Playbook is designed to help you develop a strong daily mindset and positive habits.
Set your intention every morning, recognize the good opportunities that come your way, and
stack your wins throughout the day.

Take note of what you learned and reflect with gratitude.
Use this daily to remain on your path towards success.



PURPOSE

Goals or Tasks to Accomplish

- 1 _____
- 2 _____
- 3 _____
- 4 _____

Who can help? _____

How Do You Want to Be?

Resourceful	Grateful	Active
Present	Positive	Helpful
Respectful	Open-Minded	Aware
Strong	Energetic	Driven
Thoughtful	Focused	Happy

Anything Else? _____

OPPORTUNITIES

Ideas or Discoveries?

- _____
- _____
- _____
- _____

WINS

List Your Successes

- 1 _____
- 2 _____
- 3 _____
- 4 _____

EDUCATION

What Did You Learn?

- _____
- _____
- _____
- _____

REFLECTION

Quick Thoughts & Gratitude

- _____
- _____
- _____
- _____

"Dedication Sees Dreams Come True."

~ Kobe Bryant

RATE THE DAY

1 2 3 4 5 6 7 8 9 10

Did You Improve From Yesterday? Yes | No