

# Welcome To Our Infant Room

## **\* Things to Bring:**

- Diapers and wipes
- Sheet and Blanket (these will be sent home weekly to be laundered or when soiled)
- At least one extra set of clothes according to the seasons
- Breast Milk and/or at least one bottle to be kept at the Center
- Pacifiers if used

**\*\*Sunshine Kids will provide Parents Choice Brand Infant Formula and Gerber Brand Infant Cereal, fruits, and vegetables.**

## **\* Things We Do:**

- We love tummy time and floor time
- We sometimes take walks outside in our stroller
- Diaper changes are every 1 ½ hours and as needed
- We play in our bouncer seats, in our exersaucers, or on the floor
- Swinging in our swings is always fun
- We take naps in our own cribs
- We make new friends and learn how to share with them
- We love to be held, cuddled, sung to, and talked to

## **\* Feeding Time: (Parents provide a schedule)**

- Our teachers enjoy feeding us while rocking us in the rocking chair
- We eat cereal, fruits, vegetables, and snacks in our high chairs
- Breastfed babies can bring in pouches that are filled with breast milk or ready made bottles

## **\* Infant Grams**

- Every day I will come home with an infant gram that tells about my day. It will tell you when and how much I ate, when I had my diapers changed, when and how long I napped, if I need more diapers, wipes, or clothes, and all about the fun I had while you were away.

**\* Sunshine Kids has an open door policy. You are welcome and encouraged to stop in at any time. You are also encouraged to call at any time to speak with the Director and/or to your child's teacher.**