



BARRINGTON
BASEBALL

DEDICATION EXCELLENCE TRADITION

BARRINGTON HIGH SCHOOL

BASEBALL
HANDBOOK

COACHING STAFF

VARSAITY LEVEL

Pat Wire -- Head Coach
pwire@barrington220.org

Tim Rife -- Fielding Coach
trife@barrington220.org

Nate Gray -- Hitting Coach

JV LEVEL

Matt Mulvaney - Head Coach
mmulvaney @barrington220.org

Dan Pohlman -- Pitching Coach
dpohlman@barrington220.org

FRESHMAN LEVEL

Hagop Soulakian - Frosh-Soph Head Coach
hsoulakian@barrington220.org

Dan Carnduff -- Frosh Head Coach
dcarnduff@barrington220.org

PROGRAM RECORD

**3rd All Time in Wins By a Program in Illinois
Since 2013**

**One season not played due to Covid*

226 - 80 - 2

121 - 23 in MSL Play

9 MSL West Titles, 2 MSL Titles, 3 Regional Titles

MISSION STATEMENT

The mission of the Barrington High School Baseball is to be the model program in the state of Illinois, helping our student-athletes develop and reach their fullest potential, both on and off the field. We will compete at the highest levels, providing the best education-based approach to the game, emphasizing confidence, a winning attitude, learning from failure, preparation, and being a great teammate. Off the field, we emphasize academics, leadership, communication, accountability, character, honesty and community service.

GENERAL EXPECTATIONS

All players must understand that playing baseball at Barrington High School is a privilege and not a right. Players will be asked to provide support for the overall program in various ways. This includes, but is not limited to, fundraising, field maintenance, and care of all equipment provided by Barrington High School.

It is your responsibility to read, understand and agree to comply with the guidelines and expectations set forth in this handbook.

SCHEDULES

PLAYER EXPECTATIONS

Student-Athletes

Playing baseball at Barrington is a reward for achieving your highest potential in the classroom. You are a student first and an athlete second. We will get it done in the classroom before we get it done on the field.

- Attend classes regularly and be on time.
- You should never be tardy for class or even consider skipping school.
- You must be doing passing work in at least 20 credit hours of work.
- Academically ineligible players will not play.

Sportsmanship

Good sportsmanship is an important part of the baseball program and you will be expected to model it at all times.

- We will encourage and support our teammates and we will respectfully and graciously acknowledge our opponents -- win or lose.
- Unsportsmanlike behavior will not be tolerated. This includes not only disrespect towards coaches, teammates, umpires, fans, faculty or opponents, but also helmet throwing, equipment throwing, poor body language, and temper tantrums.

Be Accountable

- All players will take personal responsibility for their decisions and actions. They will not place blame on others, but will accept responsibility for their actions and performance.
- You are expected to be early (15 minutes before) for all bus departures, practices, games and team functions. Sometimes, school times may not allow this due to our later release times,

however, we need to be moving with a sense of urgency. On time is late.

- You are expected to text your coach if you are going to be late or absent for an illness, required school function, or family emergency.
- There will be NO excuses accepted for being late for practice or a game unless your coach is notified in advance.
- Unexcused tardiness or absence (non-school related or non-emergency) will result in disciplinary action.
- You are expected to keep the commitments you make to your teammates and coaching staff throughout the season.

Positive Attitude

All players will work to be a positive part of the team. Players will be expected to be open to learning new techniques and skills. Players will also understand that every member of the team plays an important role in the success of our program, whether you are on the field or in the dugout.

Teamwork

Baseball is not an individual sport. Our success on the field will be measured by how well we play together as a team. You will be expected to support and encourage your teammates, and in return, you can expect to be picked up by those around you on the days you are not at your personal best.

Work Hard - Out-Hustle

You are expected to come to practice and games willing to give 100% at all times. You will be expected to run hard on and off the field, run out all ground and fly balls at full speed, no matter how inevitable a put out might appear, and hustle back to the dugout after striking out. We will out-hustle and out-work our opponents. Giving your best effort at all times does not require you to be the best player on the team. In fact, it has nothing to do with your baseball skills.

Practice

- **Baseball pants are required at all practices unless given permission to wear something else.**
- **All players should arrive at least 15 minutes prior to the start of practice.**
- **If you are not 15 minutes early, you are late.**
- **Accept constructive criticism.**
- **Leave practice a better player every day.**
- **Do something to improve our team every day.**
- **Cell phones will remain off and put away during practice and games.**
- **We will conclude practice when we cover everything for that day.**

Dressed to Play

It is expected that when you walk off the bus or in the dugout, you are ready to practice or play.

- **Clean game uniforms**
- **Shirts or jerseys will always be tucked in and your hats will be on straight.**
- **Nothing is to be worn that will disrespect the program.**
- **Players should wear Barrington Baseball apparel or Barrington school colors (red, black).**

Once you are a part of this program, you are representing everyone who came before you and everyone who will come after you. You are not only representing yourself, but also representing your teammates, coaches, family, school, community and the game itself.

Game Day

Players will be dressed and ready to go once they step off the bus for away games or upon arrival for home games. You will watch and learn from your teammates. If you are on the bench, you are expected to help warm the starters up and stay loose at all times.

- On time is late. Be early.
- Leave the dugout in better condition than when you arrived.

Playing Time

Playing time is not guaranteed to any player. The coaching staff will play the players that they feel give Barrington the best chance to win the game. Playing time is earned in practice. The coaching staff will make decisions that are based on what is best for the team and overall program. Decisions about playing time are not always based purely on baseball talent but also include how each player fills certain positions and how they fit into the team concept. Players who have negative attitudes or who are disrespectful to teammates or coaches will find themselves on the bench or off the team, no matter how talented they are.

Field Work & Equipment

Players are expected to assist with general maintenance duties after each practice and game. This includes the locker room, cage, barn, sophomore shed, fields and dugouts. We take great pride in the facility we have and expect our players will do the same. Each player will be assigned a job at the field, once you get your job done find somebody else to help -- don't wait to be asked. Help with all equipment needs for both practices and games.

Communication

The coaching staff will model open and honest communication at all times. Players who have an issue with a coach or another player will be expected to communicate their concerns as soon as possible. The first attempt at handling concerns will be between player-player or player-coach. If the issue is not resolved to the satisfaction of both parties, parents will then be contacted.

Co Curricular Code

All players must abide by the Barrington High School Co Curricular Code. This includes, but is not limited to the use, possession,

purchase, sale or distribution of drugs, alcohol and tobacco (including e-cigarettes). No bullying, harassing or hazing of other students or teammates will be tolerated. Choose your friends and activities wisely. Following school and team rules and expectations is a requirement for playing baseball at Barrington. Players who violate school or team policies and/or expectations for behavior will be subject to disciplinary action as outlined in the Student Handbook or by decision of the coaching staff.

Injury/Athletic Trainer

Trainers are here to prevent, evaluate, treat and rehabilitate all athletic injuries. If your son is injured in practice or a game, they must report to our BHS athletic trainers. Players should see the trainer before seeing a physician regarding an athletic injury. If your son sees a physician, for any reason during the season, it must be reported to the athletic trainers along with a note from the doctor releasing them to return to their sport. Without a note from the doctor, your son will not be allowed to play - no exceptions.

Transportation

All players must complete the transportation waiver. Players are encouraged to ride the district provided transportation to and from games. Players have the option of driving themselves or being driven by a parent. They must secure their own transportation both ways.

COACH EXPECTATIONS

- Assist our players to be the best in the classroom and on the field. We are not just baseball coaches.
- Developing character in our players by teaching them to be responsible for their words and their actions
- Leading by example, demonstrating a passion for the game and respecting all players
- Modeling and expecting honesty, punctuality and a committed desire to be the best.
- Encouraging communication, integrity and confidence in the classroom, on the field and in the community.
- Demanding respect for teammates, opponents, coaches, umpires, parents, fans, Barrington High School and the community.
- Providing a facility and equipment that the players can be proud of, that offers every opportunity for learning the game of baseball.
- Providing an experience for our players that is rewarding, memorable and fun.
- Holding our players and coaches accountable to playing baseball the Barrington way.

The coaching staff is proud to be a part of the baseball program at Barrington High School. We are fully committed to helping all players succeed in the classroom, on the field and in the community.

PARENT EXPECTATIONS

- Support the team, players and coaches. Opponents and umpires deserve respect.
- Respect the decisions of the coaching staff.
- Understand that the coaching staff has the best interest of the team and the players
- Maintain a positive, supportive attitude for all players. Model being a great “teammate” for your player.
- Encourage your son to advocate for himself, asking questions and resolving issues directly with his coach.
- Do not discuss playing time with coaches. If there is a question about playing time, or a player’s role in our program, the player should meet first with the coach.
- Do not loiter by the dugout or provide instruction to your son during a game.
- Do not do anything in the heat of the moment that you will regret later. Ask yourself first, “Will this embarrass my son, the team or the program?”
- Subscribe to the BHS Booster Website at: www.bhsbaseball.org
- Sign Up for Email Alerts (schedule changes, game cancellations) at:
<http://profiles.8to18.com/Login.aspx?ReturnUrl=/profiles/default.aspx?schoolid=118>

