

# KUKKIWON CUP USA



## SATURDAY, JUNE 1, 2024

### MEADOWLANDS EXPO CENTER

355 PLAZA DRIVE, SECAUCUS, NJ 07094

OBSTACLE COURSE

FORMS

TEAM FORMS

OLYMPIC SPARRING

BREAKING

DEMO TEAM



SPECIAL GUEST: GRANDMASTER DONG SUP LEE  
KUKKIWON PRESIDENT



[WWW.TOURNEYREG.NET](http://WWW.TOURNEYREG.NET)



# KUKKIWON CUP USA CHAMPIONSHIP

**Saturday, June 1, 2024**

**Meadowlands Expo Center**  
355 Plaza Dr, Secaucus, NJ 07094



*Dear Masters, Instructors, and Competitors,*

*It is an honor and a privilege to officially invite you and your students to the Kukkiwon Cup USA 2024. This year's championship will be held on Saturday, June 1, 2024 at the Meadowlands Expo Center located at 355 Plaza Drive Secaucus, NJ 07094.*

*Our main objective is to run an organized and time efficient tournament. Your students will have the opportunity to choose to compete in the following competition areas: Obstacle Course (Ages 9 and under), WT Forms, Open Forms, Team Forms, Board Breaking, Speed Breaking, Power Breaking, Olympic Sparring, World Class Sparring and Demo Team Performances...*

*Since Taekwondo is a martial art, first and foremost, we will be expecting proper conduct, appropriate attire, and sportsmanship from all Masters, coaches, referees, and competitors. Any disrespectful behavior or unsportsmanlike conduct will not be tolerated by all in attendance.*

*Thank you in advance for your continued support and loyalty towards the art of Tae Kwon Do. We look forward to seeing you and your teams on June 1, 2024*

*Respectfully,*

*Grandmaster Hang Soon Park*

*94' US National Team Head Coach*



# 2024 KUKKIWON CUP USA CHAMPIONSHIPS

**Saturday, June 1, 2024**

**Meadowlands Expo Center  
355 Plaza Dr, Secaucus, NJ 07094**

## EVENT LOCATION



**Meadowlands Expo Center  
355 Plaza Dr, Secaucus, NJ 07094**

## SCHEDULE OF EVENTS

### COMPETITION DAY SCHEDULE OF EVENTS:

A schedule will be posted and emailed out a couple weeks prior to the event

## ADMISSIONS

**General Admissions** \$20.00 Children ages 5 and under FREE (CASH ONLY)

## REGISTRATION

**Registration Deadline: May 25, 2024**

### Early Registration by May 5, 2024

**1<sup>st</sup> Event \$125 (\$20 Each Additional Event)**

Obstacle Course, Forms, Open Forms

Breaking, Speed Breaking, Power Breaking,  
Olympic Sparring, World Class Sparring (KPNP)

**Team Forms 3-5 Members \$100 per Member**

**Demo Team \$695 for Entire Team**

**COACH FEE: \$40**

### Regular Registration After May 5, 2024

**1<sup>st</sup> Event \$150 (\$30 Each Additional Event)**

Obstacle Course, Forms, Open Forms

Breaking, Speed Breaking, Power Breaking,  
Olympic Sparring, World Class Sparring (KPNP)

**Team Forms 3-5 Members \$150 per Member**

**Demo Team \$895 for Entire Team**

**COACH FEE: \$50**

REGISTER ONLINE [www.TOURNEYREG.net](http://www.TOURNEYREG.net)

**PAYMENTS ARE NON-REFUNDABLE**

## SOCIAL MEDIA

**FOLLOW US ON FACEBOOK FOR UPDATES & ANNOUNCEMENTS**

**[WWW.FACEBOOK.COM/KUKKIWONCUPUSA2024](http://WWW.FACEBOOK.COM/KUKKIWONCUPUSA2024)**

# RULES AND REGULATIONS

Masters, Instructors, and/or Coaches will **ONLY** be allowed on Competition Floor to hold boards when their competitors are competing in Forms, Board Breaking and/or Sparring. Any Master, Instructor, and/or Coach on the Competition Floor **MUST** have a **Coach's Pass**. For the Tournament to run efficiently, there will be no holds for Sparring Competitions unless it is the final Gold Medal Match.

## **MANDATORY EQUIPMENT/UNIFORMS**

A White V-neck **World Taekwondo** Approved Uniform is required for all events. A Black V-neck WTF Approved Uniform is allowed for all Black Belt Competitors. All competitors **MUST** supply their own regulation size breaking boards (see Kyuk-Pa rules for board size requirements.) Students **MUST** purchase breaking boards at the tournament. All Sparring Competitors **MUST** have the proper equipment (listed below)

## **WORLD TAEKWONDO POOMSAE (FORMS) COMPETITION**

WT Approved poomsae (forms) Color Belt Poomsae: Taeguk 1-8. Palgwe 1-8 Black Belt Poomsae: 1st Dan-Koryo, 2nd Dan-Keumgang, 3rd Dan-Taebaek, etc.

All Competitors must perform a rank appropriate Poomsae/Form.

## **POOMSAE SCORING WILL BE BASED ON:**

Concentration 20% (2 points)	2
Balance 20% (2 points)	2
Grace 20% (2 points)	2
Strength 20% (2 points)	2
Understanding of Poomse 20% (2 points) (Correct and orderly execution of movements)	2

-Judges will score from 5.0 points (lowest) to 10.00 (highest) with 0.1 point increments.

-In the event of a tie, students will compete a final match to determine the winner.

-Open forms same as above.

## **OPEN FORMS**

Acceptable Poomsae (Forms) WT, ITF, TSD/MDK, etc.

## **SPORT POOMSE**

Individual Sport Poomse Color and Black Belts Only. We will use TOTAL TKD Scorer

## **TEAM FORMS**

Teams must be compiled of 3-5 team members. Form must be appropriate for members belt level. Judges will use same scoring system as Individual Forms (Poomsae) Scoring.

## **DEMONSTRATION COMPETITION (DEMO TEAM) \**

Duration: Maximum 6 minutes

Number of Team competitors: Minimum of 8 people Maximum 20 people

### **Technical Regulations:**

Poomsae, breaking, and self-defense elements required. No Weapons allowed. Music can be used and must bring your own speakers.

### **Scoring:**

Each Judge will score from 6.9 to 9.0 points.

Five judges will score each performance, final score will be the average between 5 judges.

### **Deduction:**

Exceeding time limit: Over 6 minutes will be a -0.5 point deduction from overall score.

Over 6 minutes and 30 seconds will be a -1.5 point deductions from overall score. Over 7 minutes will lead to disqualification. Violating technical regulations.

**1st Place Team: \$1000 2nd Place Team: \$500 3rd Place Team (2): \$250**

# RULES AND REGULATIONS (CONTINUED)

## GYOROOGI (SPARRING) COMPETITION

1. All competitors must have a head gear, chest protector, mouthpiece, shin and instep guard, forearm guard (no fist), and groin protective cup. Any competitors without any of these required and mandatory equipment, at the time of his or her match will be declared disqualified.
2. All Belts Dragon, Tiger, Youth and Ultra Color and Black Belt Divisions will compete in best two out of three rounds lasting one minute each with 30 second break intervals.
3. All Cadet Junior Color Belt and Black Belt Divisions will compete in best two out of three rounds lasting one and half minute each with 30 second break intervals.
4. All Senior Color Belt and Black Belt Divisions will compete in best two out of three rounds lasting two minutes each, with a one-minute break between rounds

## DIVISION RULES:

1. **Ages 9 and under All Belts:** Full contact to the body and **NO contact to the head/face area**
2. **Ages 10 and 11 All Belts:** Full contact to the body and **NO contact to the head/face area.**
4. **Ages 12 and up All Belts:** Full contact to the body and **NO contact to the head/face area.**
6. **Ages 15 & Up All Belts:** Full contact to the body and **NO contact to the head/face area.**
8. **Ages 18 & Up All Belts:** Full contact to the body and **NO contact to the head/face area.**
10. **WORLD CLASS BLACK BELTS:** Full contact to the body and **Light contact to the head/face area.**

## SPARRING WEIGH INS

There will **NO** weigh ins for sparring competitors. There will be scales available if the referee/judges DO NOT think an athlete is registered at a correct weight division. If it is found that an athlete is deemed to be in the wrong weight division, they will be either be moved to a proper division or disqualified.

## SCORING FOR GYOROOGI/SPARRING

KPNP Electronic Scoring System will be used for World Class Black Belt Sparring ONLY!

Total TKD+ Judge Scoring System will be used for All Belts Olympic Sparring

## KYUK-PA (BREAKING) COMPETITION

Regulation breaking board sizes for this competition are as follows:

- Adult and Senior Division (18 years & over) 12 x 10 x 1 inch boards
- Teen Division (15 years – 17 years) 12 x 10 x 1/2 inch or 1 inch boards
- Junior Division (10 years – 14 years) 12 x 10 x 1/2-inch boards
- All Children ages 9 years & under demo boards

Competitors MUST provide their own breaking boards. Official Size Breaking Boards MUST be purchased at the day of the competition. Competitors must provide their own **board-holders**. Competitors are advised to protect the floor when using any breaking materials that will damage the gym floor. Each competitor will be allowed a max of three (3) minutes to set up and complete his/her routine. Clock begins as soon as the competitor steps onto competition area. Competitors will be allowed only two (2) attempts per station. (After an unsuccessful 2nd attempt, you must move on to the next station.) No more than three stations will be allowed.

## Scoring for Kyuk-Pa (Breaking)

1. Scoring will be based on the level of difficulty on the techniques, the number of boards broken at one time, the accuracy of the breaks, the flow of the routine, and the competitor's show of power, speed, creativity, and style. All boards must be broken completely. Cracked, rotted or tampered wood will not be counted in scoring! 2. All judges will score from 5.0 (lowest) to 10.0 (highest) with 0.1-point increments. Those scores will be tallied to give the competitor his/her final score.

## Breaking Scoring will be based on:

Accuracy & Focus	20% (2 points)	2
Techniques	20% (2 points)	2
Power	20% (2 points)	2
Creativity	20% (2 points)	2
Smooth flow of routine, degree of clean breaking Ki-ah (yelling) and showmanship	20% (2 points)	2

**Competitors MUST follow  
these Breaking Stations:**

Station 3

Station 1

Station 2

Competitor

Judges Table

(no more than 3 stations permitted)

# RULES AND REGULATIONS (CONTINUED)

## **BREAKING COMBINATIONS BY BELT LEVEL GROUPS**

(MASTERS AND INSTRUCTORS PLEASE LOOK OVER OUR BELT SYSTEM ORDER AND MAKE THE PROPER CHANGES)

**STATION #1 STATION #2 STATION #3** (STUDENTS CAN ADD IN A SOMERSAULT OR CARTWHEEL)

TINY TIGERS (3-6yo)

**Hammer Fist/Palm Strike /Axe or Stomp Kick**

WHITE

YELLOW

ORANGE

**Hammer Fist / Axe Kick/ Jumping Front Snap Kick**

GREEN

HIGH GREEN

BLUE

HIGH BLUE

PURPLE

HIGH PURPLE

**Elbow Strike / Roundhouse Kick / Flying Side Kick**

RED

HIGH RED

BROWN

LOW BROWN

HIGH BROWN

CONDITIONAL/BO BLACK

**Straight Punch or Superman Punch / Back Kick or Back  
Spinning Hook Kick / Tornado Kick**

**BLACK BELTS: Free Style Breaking Up To 3 Stations**

## **REPETITIVE SPEED HAND BREAKING RULES**

**Repetitive Speed Hand Breaking (Human Hold):**

-Single break format: One (1) board per strike. Allowed technique includes **HAMMER FIST, KNIFE-HAND, RIDGE, PALM or FIST/PUNCH**. 10 board competition.

-Timed competition, fastest competitor to break 10

-Allowed 1 holder & 1 feeder

-All athletes will have only ONE chance to get the highest score and NO starting over for any reason.

-Fastest competitor to break 10 wins gold. 2nd fastest competitor to break 10 wins silver. 3rd fastest competitor to break 10 wins bronze

## **POWER BREAKING RULES**

**Power Hand Breaking: (Power Breaking Board Stands will be provided at the event)**

-Single Break Format: One (1) attempt allowed. Athletes compete in an individual manor. One (1) Station per competitor; Spacers allowed. Acceptable techniques include: **Hammer Fist or Palm Heel**.

-Competitors must declare the number of boards they intend on breaking to the center Referee before a bracket has begun.

-Judging criteria is based on the number of boards broken to determine the winner. The competitor who breaks the most (or, in the event of a tie, has the highest percentage broken) is the winner.

-Human Holder/s are not allowed for this event

-Tie Example "A" broke at 100%; competitor "B" broke at 83%. Competitor "A" is the winner.

-If more than one competitor has the same percentage broken after their initial break, there will be a break off to determine the winner.

# COMPETITION DIVISIONS

## FORMS DIVISION

AGE	MALE WEIGHT	FEMALE WEIGHT	BELT COLOR
5 years & under	<p style="text-align: center;"><b>ONE</b> Groups exceeding 8 competitors will be divided into two groups</p>	<p style="text-align: center;"><b>ONE</b> Groups exceeding 8 competitors will be divided into two groups</p>	<p>White/Yellow/Orange Green/Blue/Purple Brown/Red Poom/Bodan Black Belts</p>
6 & 7 years			
8 & 9 years			
10 & 11 years			
12 - 14 years			
15 - 17 years			
18 - 32 years			
33 & up			

## GYOROOGI SPARRING DIVISION

AGE	MALE WEIGHT	FEMALE WEIGHT	BELT COLOR
5 years & under	LT / MIDDLE/HVY	LT / HVY	<p>White/Yellow/Orange  Green/Blue/Purple  Brown/Red  Poom/Bodan  Black Belts</p>
6 & 7 years	LT / MDL / HVY	LT / MDL / HVY	
8 & 9 years	FLY/LT / MDL / HVY	FLY/LT / MDL / HVY	
10 & 11 years	FLY/LT / MDL / HVY	FLY/LT / MDL / HVY	
12 - 14 years	FLY/LT/LT MDL/ MDL/ MDL HVY/HVY	FLY/LT/LT MDL/ MDL/ MDL HVY/HVY	
15 - 17 years	FLY/LT/LT MDL/ MDL/ MDL HVY/HVY	FLY/LT/LT MDL/ MDL/ MDL HVY/HVY	
18 - 32 years	FLY/LT/LT MDL/ MDL/ MDL HVY/HVY	FLY/LT/LT MDL/ MDL/ MDL HVY/HVY	
33 & Up	LT / MDL/ HVY	LT / MDL/ HVY	

## BOARD BREAKING DIVISION

AGE	MALE WEIGHT	FEMALE WEIGHT	BELT COLOR
5 years & under	<p style="text-align: center;"><b>ONE</b> Groups exceeding 8 competitors will be divided into two groups</p>	<p style="text-align: center;"><b>ONE</b> Groups exceeding 8 competitors will be divided into two groups</p>	<p>White/Yellow/Orange Green/Blue/Purple Brown/Red Poom/Bodan Black Belts</p>
6 & 7 years			
8 & 9 years			
10 & 11 years			
12 - 14 years			
15 - 17 years			
18 - 32 years			
33 & Up			

# HOTEL ACCOMMODATIONS



**Harmony Suites**  
455 Plaza Drive  
Secaucus, NJ 07094

Phone: (201) 381-3000  
Mobile: (201) 805-3863  
Fax: (201) 441.1877  
[www.harmonysuites.com](http://www.harmonysuites.com)



575 Park Plaza Drive  
Secaucus, NJ 07094

Phone: (201) 422-9480  
[hyatt.com](http://hyatt.com)



**Aloft Secaucus  
Meadowlands**  
460 Harmon Meadow Blvd  
Secaucus, NJ 07094

Phone: (201) 809-1000  
[marriott.com](http://marriott.com)



**Residence Inn Secaucus  
Meadowlands**  
800 Plaza Drive  
Secaucus, NJ 07094

Phone: (201) 223-9901  
[marriott.com](http://marriott.com)



**Courtyard Secaucus Meadowlands**  
455 Harmon Meadow Blvd.  
Secaucus, NJ 07094

Phone: (201) 617.8888  
[CourtyardSecaucusMeadowlands.com](http://CourtyardSecaucusMeadowlands.com)

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