

## ***Lifestream—Food for the Circulatory System...Handles Liquid...***



**Lifestream** is designed to address the circulatory system that helps promote balance and fluidity throughout the body, denotes “the stream of life”! The circulatory system food nourishes functions associated with the fluid-related processes of the body (blood and water), affecting general circulation. **Lifestream** appears to strengthen the heart and cleanse the vessels, allowing the capillaries to become strong and supple. Good circulation provides plentiful oxygen supply, free-flowing blood, and efficient removal of toxic impurities.

### **Major organs fed:**

- Kidneys, bladder, adrenals

### **Positive emotion: perseverance, will, vitality**

### **In ancient China, a similar formula was used to:**

- enable the body to better regulate the blood pressure
- cleanse the blood and reduce extraneous clotting
- reduce the level of free fat and cholesterol in the blood
- improve eyesight, reduce redness of the sclera
- heal circulatory disorders, such as varicose veins and hardening of arteries
- strengthen the bowel and cleanse the intestinal system
- strengthen the nervous system, and relieve depression and poor memory
- fortify the body as emotional food for **fear**

**Ingredients:** Tora Seed, Gou Teng, Sophora Flower, Chrysanthemum Flower, Orange Peel, Pinellia Root, Dwarf Lilyturf Root, mushroom powder, ginger root, ginseng root (panax ginseng)