

Dr. Chen's Men's Formula—For the Prostate...Designed for Men over 45



- Developed personally by Dr. Chen for men 40 years of age and older, this formula promotes a healthy prostate and life. It includes herbs, antioxidants, and carotenoids, representing a unique blend of Eastern herbal expertise and Western nutritional science.
- The first ingredient is, not surprisingly, Saw Palmetto fatty acids, which have been concentrated down to where they are 100% available to the body. This herb has been used to promote prostate health throughout the world for many years. It inhibits the conversion of testosterone to dihydrotestosterone (DHT) and prevents the binding of DHT to androgen receptors. Thus, it would tend to shrink the prostate, heal the bladder, and stabilize urinary output. Saw Palmetto can be called an anti-androgen.
- The second ingredient is Anemarrhena Root. This herb has a cooling effect and is antiseptic.
- Next is Codonopsis Root, a blood-tonifying herb that nourishes the blood, stops spontaneous sweating and swelling, and clears toxins.
- Astragalus Root helps fortify and strengthen the immune system and cleanses the liver and kidneys.
- Guinea Hen Flower Root promotes the cleansing of toxins and calming of emotion.
- Angelica Root nourishes and replenishes blood; and
- Phellodendron Bark is used to clear heat and toxins. And, finally,
- Lutein and lycopene are potent antioxidants and carotenoids (Vitamin A—500 IU per gel cap); many studies have shown that carotenoids are effective against prostate cancer.
- The effectiveness is further enhanced with Vitamin E (100 IU) in each cap. "Prostate Dilemmas", U.S. News & World Report, 5/22/2000
- All of the herbs in synergy within this formula are safe to eat for a lifetime!

Suggested amounts: Prevention – 1 capsule 3x per day; Maintenance – 2 capsules 3x per day; Extra support – 3 capsules 3x per day.

"I want to keep my man healthy; he eats Men's Formula," Donna.