

Sportcaps—Muscular System Food – Tone, Strength, Endurance and Repair



Story: *"I was pleasantly surprised when I saw the x-rays of my spine. I ate 10 Sportcaps a day with 1 evergreen for 6 months and restored my back completely. I had a ruptured disk, and my spine had a lot of degeneration in it. I was in constant pain. It was worth every penny!" Trudi*

- Beyond the *Sunrider Basics*, **Sportcaps** are the first additional nutritional support to consider. This nourishes the Muscular System of the Body. **Sportcaps** are for everyone, significantly benefiting athletes and people on the go.
- It is a terrific source of assimilable calcium and iron and an excellent broad spectrum of naturally occurring vitamins and minerals in whole foods.

So Many Benefits:

- Tone, define, and strengthen the muscles
- For muscle tissue repair & quicker recuperation
- Promotes increased stamina and endurance
- Strengthens & repairs lean muscle and tissue in the cardiovascular and reproductive systems
- Strengthens the muscles throughout the body, helping hold the organs in place. It complements **JOI** in therapy for muscular, neck, and back regeneration (two of each every 3-4 hours for serious injury).
- It helps with structural issues like joints, backaches, spine and neck, etc.
- Helps rebuild muscle tissue destroyed from unhealthy weight loss programs, "lifetime dieters," chemicals and drugs
- Helps with weight loss - with greater muscle mass, fat is burned more easily
- Flushes out the acid, causing sore muscles. When we have a structural problem, it stresses the muscles and lactic acid gets stuck in them, creating sore muscles. Sportcaps help move the lactic acid out **of the muscles, especially when** drinking Fortune Delight; adding ElectroSport helps flush the acid out even more.
- Significantly calming to the nervous system

Sportcaps is an excellent body-strengthening combination of beneficial “superfoods,” including

- **Bee Pollen** is the first ingredient. It is a blood-builder with many naturally occurring vitamins and minerals. It is also used as a remedy for allergies like hay fever, and its protein is great for endurance.
- **Ginseng** (Wu Chia Pi) boosts the body’s energy, helps the metabolism, and is a very good tonic for the cardiovascular system. It also strengthens the liver, bone marrow, and adrenals. For Centuries, ginseng has been a staple for the Chinese.
- **Alfalfa** aids in the digestion and assimilation of nutrients. It is rich in trace minerals.
- **Japanese Dodder** is an overall tonic for the body. It helps brighten the eyes by giving needed nutrients. This herb has been known to help prolong life.
- **Chinese Knot Grass** helps eliminate uric acid and lactic acid (which cause pain and stiffness in the muscles when trapped there). Boosts the kidney function. Helps prevent muscle cramping and helps shorten recovery time after strenuous activity.
- **Kelp** comes from the ocean. It nourishes thyroid function because of its many minerals, one of which is natural iodine.
- **Rose Hips** adds an all-natural source of Vitamin C.
- **Codonopsis Root** helps improve circulation, assists with oxygen transport in the body, and cleanses the lungs for freer breathing.
- **Boschniakia Herb**, It helps the cells retain moisture and prevent dehydration. This herb also helps to activate hormone secretion. (This is great for women’s problems, as well as for men.)

Important Note: Each herb’s individual benefit is magnified when it is correctly combined or formulated with other herbs; the synergistic effect of all the herbs together is even greater than the benefit of just one herb.

Enjoy:

For optimum benefit and body shape, men should take 10-15 capsules daily, women 4-9 capsules daily, and children 2-4 capsules daily. **Sunrise** complements **Sportcaps** when eaten together.

Ingredients: Bee Pollen, Wu Chia Pi, Alfalfa, Japanese Dodder, Chinese Knot Grass Root, Kelp, Rose Hips, Chinese Teasel, Codonopsis

“Sportcaps helped me keep my spinal alignment like nothing else,” Donna