

Assimilaid—Food for the Digestive System...



- The digestive system food nourishes functions associated with the digestion and assimilation of food. The ability to absorb nutrients is vital to health.
- Digest your food more efficiently, and comfortably with our nourishing complex of herbs.

Major organs fed:

- Stomach, spleen, pancreas, thymus

Positive emotion: imagination, sympathy

Imbalance: worry, lack of contentment

In ancient China, a similar formula was used to:

- Enhance the digestion and assimilation of food
- Provide digestive healing to the stomach and lubricate the intestinal tract
- Alleviate heartburn, upset stomach, vomiting, indigestion, gastric ulcers, gastritis, colic
- Relieve abdominal pain and distention
- Aid sleep by reducing gastrointestinal tension
- Strengthen the liver and gastrointestinal tract
- Aid in restoring and normalizing acid secretions and enzyme production

Assimilaid makes a delicious hot beverage by itself; just open one capsule and add to a cup of hot water. Eating before meals aids digestion and is helpful for diarrhea and irritation of colon.

Ingredients: Ginseng Root, Bai Zhu Root, Poria, Licorice Root, Pinellia Root, Orange Peel, Cinnamon Bark, Fennel Seed, Amomum Seed, Mint Herb.