

# Daily Health and Wellness System



## Nourish! Balance! Cleanse!

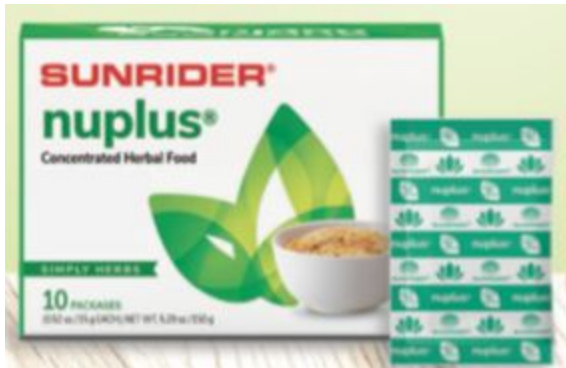
1. **Nourish:** NuPlus/VitaShake
2. **Balance:** Quinary
3. **Cleanse:** Calli
4. Fortune Delight
5. Healthy Sweet: SunnyDew



# NUPLUS: “My Manna”

## “Super Cell Food”

- **For Stronger New Cells!**
- **Life Giving! Life Saving!**



Also in VitaShakes, SunBars, NuPuffs, Sunfit Protein Plus

**Best food for**  
**Babies**  
**Body Builders**  
**Baby Boomers!**

*Billions of cells die and are replaced every day and are replaced with new cells. In one year 98% of your body is brand new:*

*You will have a new:*

- *Bones in 12 weeks*
- *Liver in 8 weeks*
- *Skin in 5 weeks*
- *Taste Buds in 2 weeks*
- *Intestines/stomach lining in 4-5 days*

The question is **“Will my new cells be stronger or weaker than those just replaced?”** It all depends on what you are eating & drinking. You are not only what you eat, but even more importantly, **what you assimilate.**

## **NuPlus for new, stronger, younger cells!**

**12 FOOD HERBS:** Predigested in a powdered form ready for easy assimilation, ready to fuel the body. Energy to go! Perfect Nutrition as a meal or in-between meals!

### **HIGHLY CONCENTRATED:**

8-10 pounds of nutrition concentrated down to one pound.

**OWNER EXPERTISE:** NUPLUS is not just chopped up or juiced herbs, but because herbs are tightly bound, it takes days to extract the nutrition from the indigestible bulk and keep the nutrition intact.

**LIKE RAW FOOD:** Like a seed, the life force is activated when added to liquids. It's Dr. Chen's trade secret to preserve the nutrition without destroying the whole food context and the life force. Great shelf life for emergency food storage.

**CONTAINS NO:** Isolated soy proteins, dairy, artificial colors, artificial sweeteners, isolated vitamins and chemicals, fillers, or preservatives.

**CONVENIENT:** Eat out of package, or add to everything. Get the nourishment in!

### **PERFECT FOOD FOR EVERYONE:**

- *Formulated for pregnancy & growing children*
- *Is the choice of athletes, bodybuilders, & those wanting to lose weight and become more fit—burns fat and builds lean muscle*
- *Builds up the elderly and acutely ill & those struggling with health challenges*
- *Speeds recovery from surgery or illness*
- *Gives energy, vitality, inner beauty, for those who want to stay young and well*

## **NuPlus is complete instant nourishment providing:**

### **65% complex carbohydrates**

Has only good complex carbohydrates that assist the blood sugar throughout the day

### **20% Protein**

Is a complete Protein Includes all 21 amino acids. Has no isolated proteins (that cannot be digested)

### **15% fatty acids**

(good, essential **fatty acids**)

Essential for brain food

**Loaded with** naturally-occurring micro-nutrients such **as vitamins, minerals, antioxidants, phytonutrients, and bioflavonoids**

**NuPlus** is based on ancient Chinese formulas—thousands of years of research and testing

- Foremost in the herbal combination is Coix Fruit, Chinese Yam, and specially-processed, fermented whole soybean (the way the Asian world has prepared soy for centuries)
- Includes five kinds of beans that nourish five key organs: (red) heart, (white) lungs, (green) liver, (yellow) spleen, and (black) kidneys.
- Contains hundreds of phyto-nutrients known to build the body's immune system, protecting it against viruses, bacteria, and environmental influences. Is loaded with antioxidants for cellular health!
  - Assists in hormonal balancing, smoothing the teen, mid-life, and menopause years. NuPlus is called the "happy food"! Even children are happier with NuPlus in their bodies
  - Assists in fat loss by providing glycogen so fat can be burned; helps

eliminate unhealthful food cravings and addictions; nourishes and satisfies. **To assist weight loss, eat your NuPlus before meals.**

- Has a very important ratio of 55 parts potassium to 5 parts sodium. Body needs 4x more potassium than sodium. Most foods have this reversed.
- NuPlus is the food of choice for athletes and bodybuilders. Rather than weakening the liver with protein drinks, NuPlus strengthens every cell in the body thus strengthening every muscle, every tissue, and every organ.

### **How to Enjoy:**

- Eat as a meal or a snack
- Straight from the package or Added to
- Smoothies, milks, or power drinks (*Calli, Quinary, VitaShakes* etc),
- Over cereal or added to recipes
- Hot or cold

### **Many Choices:**

*Original – Those on liquid diets, newborns, critically ill, or weak digestive systems*

*Simply Herbs – Original with the added benefit of five types of specially prepared beans,*

*Naturally Plain, Apple Cinnamon, Piña Banana, and Mixed Berry – is Simply Herbs plus natural freeze-dried fruits. Convenient nutrition to go!*

**Ingredients** Coix Fruit, Soybean, Chinese Yam, Fox Nut, Lotus Seed, Lotus Root, Waterlily Bulb, Green Bean, Red Bean, Black Bean, White Bean, Imperate Root.

*Dr. Chen says, "If there were only one food choice on planet earth to eat, it would be without a question--NuPlus!"*

## **Life Giving! Life Saving**

## Nuplus in 4 More Favorites:

### **VitaShakes:** Feed your hunger, fuel your body.

Made from nutrient-dense whole foods (Contains Original Nuplus) with added Soy, added FOS Fiber (for healthy gut health & weight loss), added *Metabalance 44* (whole food source of vitamins and minerals) Delicious alone, in liquids, in power shakes and smoothies, Comes in Strawberry and Cocoa (coated with a trace amount of milk for preserving) Fewer than 100 calories/servings. Naturally delicious, very low in sugar, free of artificial sweeteners, flavors, GMOs or preservatives. The **Ultimate Shake!**



### **SunBars:** The ultimate bar!

Pack in nutrition, no empty calories. Crafted with whole foods and herbs. Our tasty to-go bars deliver sustained energy and balanced nutrition in every bite. High in fiber and low in sugar, they raise the bar in healthy snacking because they taste great too. Satisfying meal replacement with slow burning carbs and healthy fats, GMO-free protein, vitamins, & antioxidants. Grab one and go. Meal or snack or dessert. Nuts, freeze-dried fruits, 4grams of plant FOS fiber – acts like a sponge, adsorbs & moves out fats & toxins! Enjoy a bar a day for 15 days to help build a good intestinal bacterial



environment (helps reduce Candida, bloating, bad cholesterol and triglycerides. Fiber that fills you up, not out! Wonderful way to enjoy great fiber! – 3 Great Choices: Fruit, Oatmeal Raisin, Chocolate **The Ultimate Snack Bar!**

### **NuPuffs:** Snack smart & satisfy cravings!

Crunch away! This healthy snack provides complex carbs (Original Nuplus plus brown rice) No added oils or fat. Power packed, low in calories, fat and sodium. It's the guilt-free way to satisfy your sweet, salty cravings without trans=fats or excess sodium. Alternatives to chips, cookies, popcorn, great in trail mixes. 3 Choices: Cheese (dairy coated) & Chocolate, Apple Cinnamon. Kids & grown-ups love them! **The Ultimate Puff!**



### **Sunfit Protein Plus:** Power up with pure plant protein

(Not Isolated)

balanced blend of pea & rice proteins with Nuplus packs 20 grams. Vital nutrients and complex carbs to support energy, satisfy hunger, and fuel muscle growth and recovery. Supercharge your smoothies, top off foods, use as a nutritious meal replacement.



<b>NuPlus Ingredients</b>	<b>Traditional Uses</b>
<i>Coix Fruit</i>	(Main ingredient in <b>NuPlus</b> ) Extremely regenerative; restores energy; counters diarrhea; helps eliminate excess water; strengthens defense and nervous systems; U of CA reports lowers cholesterol better than oats; stabilizes blood sugar levels, reduces muscle tension; expels poisons; beautifies skin. Tokyo Univ. found their top choice to nourish defense system and prevent degenerative diseases. <u>The most nutritious herb in the world!</u>
<i>Yellow Bean (soybean)</i>	(Second ingredient in <b>NuPlus</b> ) Delays aging; eases menopause (has good, harmless plant estrogen); beneficial to weight management; fights fatigue; helps regulate blood sugar; strengthens the spleen; lessens indigestion; and lowers harmful LDL cholesterol without affecting beneficial HDL (soy compound genistein helps block formation of fatty plaques, reducing a risk of heart disease). <i>Note: Not indigestible soy protein isolate, but specially-processed fermented whole soybean to ensure ease of assimilation.</i>
<i>Chinese Yam</i>	Counters coughing; helps correct hormonal imbalance; helps reduce inflammation; strengthens kidneys, stomach, spleen, lungs, adrenal glands, and reproductive system. (Sunrider will use only Chinese Yam since Mexican Yam contains saponin, which is medicinal and can be poisonous.)
<i>Fox Nut</i>	Helps relieve joint pains in legs and back, diarrhea, and chronic fever; increases energy.
<i>Lotus Seed</i>	Nourishes deficient spleen; strengthens heart and circulation; and helps peristalsis. Reinforce the kidneys and nourish the blood.
<i>Lotus Root</i>	Absorbs clots and bruises; stops bleeding; and aids in circulation.
<i>Water Lily Bulb</i>	Benefits poor circulation; helps relieve joint pains, diarrhea, incontinence, thirst, dizziness, restlessness, chronic fever, and stomach disorders; increases energy and systemic balance.
<i>Green Bean</i>	Nourishes and strengthens the liver; helps reduce age spots.
<i>Red Bean</i>	Nourishes and strengthens the heart.
<i>Black Bean</i>	Nourishes and strengthens the kidneys, reproductive system, and immune system.
<i>White Bean</i>	Nourishes and strengthens the kidneys and immune system; strengthens the pancreas; and helps to eliminate mucous.
<i>Imperate Root</i>	Is highly nourishing; anti-inflammatory; anti-viral.

## VitaShake...Nutrition Packed Whole food Meal

- **Looking for** a way to feed your family with whole foods packed with nourishment?
- Wondering if organic is really worth the extra cost?
- Done gardening but found it time consuming and the harvest not too abundant?
- Concerned because our soils are depleted requiring more supplementation?
- Have food cravings that indicate not enough good nourishment and good bacteria in the gut?
- Tried weight loss but because the body was not healthy and didn't have enough internal energy, the weight just came back? Tried vitamins, but realize that the body needs whole food rather than isolates to really be healthy?
- Been looking for real whole food?



**VitaShake to the Answer!** My body loves it. Felt the difference almost immediately? **Best Hot chocolate ever!**

- No stimulants
- No sugar
- Wonderful whole foods loaded with nutrients
- All in hot chocolate
- For those that don't like chocolate – Fruit Shake
- Seven whole foods NuPlus our “**Manna**” whole food concentrated 8-10 xs.
- There are **44 vitamins** and minerals **BONDED** onto the food – so the body recognizes these additions as part of the whole foods vs. isolates simply added vitamins. Isolates can really upset the delicate balance of the body.
- Plus a wonderful fiber that acts like a **PRE** biotic – for a healthy gut.
- **Healthy Soy** – not like the typical soy that so many have problems with
  - Never GMO
  - Prepared with a slight fermentation
  - Prepared in Oriental cultures for centuries – no problems with negatives of soy

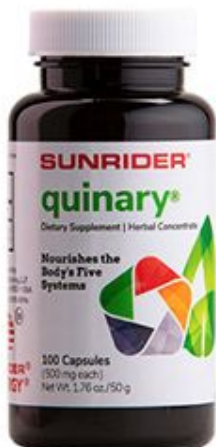
### How to enjoy:

- Add: to some Calli or
- Add: to some water
- Add: some Sunnydew
- Blend: 2 c. Calli /bag





## **Quinary and Liqui-Five— To keep entire life support systems in balance**



Based on ancient formulas 5000 years old, *Quinary* and *Liqui-Five* (slightly-different “nectar” formula) nourish the 5 life support systems of the body:

1. Immune
2. Digestive
3. Respiratory
4. Circulatory
5. Glandular

In keeping with Chinese tradition and the Philosophy of Regeneration, daily maintenance with proper nutrition is key to preventing physical malfunction. **Dr. Chen created Quinary as a convenient way to keep the body's five major systems in balance.** Quinary helps maintain health rather than waiting for the body to malfunction. Symptoms are simply systems that are out of balance – overactive or underactive. Quinary addresses the body's systems collectively as well as individually nourishing to restore that balance. As the balance is restored in the body (systems) the symptoms can quietly go away. Although it is very difficult to achieve with a formula as complex as this one, our 50 blended herbs are maintained without preservatives or synthetic chemicals.

To speed up regeneration, first feed all five systems with *Quinary*, and then after 90 days, you can nourish any system that is still by extra nourishing specifically with one or more of the individual formulas. You can eat 1-50 capsules per day from any of the formulas without concern of overdoing it. (10 *Quinary* capsules = 1 *Quinary* powder packet = 1 *Liqui-Five* vial) This is terrific whole-food nourishment! \**Quinary* contains all natural, concentrated herbs, no preservatives or chemicals.

### **A Balanced Body is a Healthy Body!**

**How to Enjoy:** *Quinary* powder is the most popular form of *Quinary*. A good way to eat your *Quinary* is in warm water, in your smoothies with *Sunnydew* or between meals for sustained nourishment and at bedtime, for deeper, longer sleep. It dissolves instantly in liquid, or can be eaten straight from the packet.

*Liqui-Five* is a liquid form of Quinary. This is Dr. Chen's personal favorite, and he regularly drinks a vial and follows it with a *Sunrise* vial for an extra special energy boost!

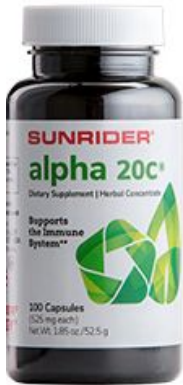
### **Five individual herbal formulas that make up Quinary & Liqui-Five**

**Alpha 20-C** – Immune System  
**Lifestream** – Circulatory System  
**Conco** - Respiratory System

**Prime Again** – Glandular System  
**Assimilaid** – Digestive System



## ***Alpha 20C—Food for the Immune (Defense)***



- Sunrider’s proprietary formula is based on 3000 years of herbal study and cutting-edge technology
- Alpha 20-C Is the Immune System food found in Quinary
- This food nourishes the immune system through the bone marrow, liver and adrenals

*Alpha 20C* get its name from what it promotes: T Cells (the 20<sup>th</sup> letter of the alphabet being “T” and “C” standing for cells)

### **In ancient China, a similar formula was used to**

- Build a healthy immune system, whether it is overactive or underactive
- Strengthen the T-cells that are important in
  - 1) Fighting infections and
  - 2) Controlling the growth of dangerous and destructive, extraneous cells, such as in cysts and tumors
- Detoxify the body and helps expel fever and illness
- Reduce vulnerability to viral and bacterial infections, as well as parasites and yeast overgrowth
- Govern the body’s resilience, adaptability and it’s ability to “fight”
- Promote a strong immune response to environmental attacks

**Major organs fed:** Liver, gallbladder, ovaries, testes

**Balanced Emotional Response:** Ability to plan & decision making **Imbalanced Emotional Response:** Anger, irritability & depression

**ENJOY:** Has a delicious “mocha” taste, and can be eaten as is, or added to any Sunrider food. Available in capsules, powder packets (1pkg = 10 capsules)

**Ingredients:** Chinese White Flower, Paris Herb, Scutellaria Herb, Dandelion Root, Imperate Root

**“Should be part of your winter prevention chest!”**



## ***Lifestream—Food for the Circulatory System...Handles Liquid...***



**Lifestream** is designed to address the circulatory system that helps promote balance and fluidity throughout the body, denotes “the stream of life”! The circulatory system food nourishes functions associated with the fluid-related processes of the body (blood and water), affecting general circulation. **Lifestream** appears to strengthen the heart and cleanse the vessels, allowing the capillaries to become strong and supple. Good circulation provides plentiful oxygen supply, free-flowing blood, and efficient removal of toxic impurities.

### **Major organs fed:**

- Kidneys, bladder, adrenals

### **Positive emotion: perseverance, will, vitality**

### **In ancient China, a similar formula was used to:**

- enable the body to better regulate the blood pressure
- cleanse the blood and reduce extraneous clotting
- reduce the level of free fat and cholesterol in the blood
- improve eyesight, reduce redness of the sclera
- heal circulatory disorders, such as varicose veins and hardening of arteries
- strengthen the bowel and cleanse the intestinal system
- strengthen the nervous system, and relieve depression and poor memory
- fortify the body as emotional food for **fear**

**Ingredients:** Tora Seed, Gou Teng, Sophora Flower, Chrysanthemum Flower, Orange Peel, Pinellia Root, Dwarf Lilyturf Root, mushroom powder, ginger root, ginseng root (panax ginseng)



## **Conco—Food for the Respiratory System**



- **Conco** comes from “con” meaning “against” and “co” short for “colds”.
- This phenomenal formula primarily nourishes the functions associated with respiration (breathing) and the lymphatic system.
- Conco is the Respiratory System food in Quinary
- **Conco’s** job is to smooth the energy “in and out” for balance throughout the body.

### **In ancient China, a similar formula was used to:**

- resist viruses—phenomenal protection against influenza and colds
- build protection against allergies (pollen, dust, etc.)
- relieve congestion of the air passages of the chest and head (sinus, bronchial, etc.)
- relieve fevers and headaches (including migraines)
- relieve muscle and joint pain accompanying influenza
- soothe the stomach and reduce nausea and vomiting
- rebuild and improve the immune system functions

**Major organs fed:** Lungs, large intestine, skin, thyroid

**Positive** emotional response: creating order, determination, precision, organization

**Negative** emotional response: can’t let go; fortifies the body as emotional food for grief, melancholy

**ENJOY:** At the first sign of a cold or flu, many choose to eat **Conco** freely at timely intervals. Eaten throughout the day, along with **Alpha 20 C**, Sunrider’s **Goldenseal**, and Sunrider’s **Spirulina**, promotes a strong immune response to environmental and viral attacks.

**Ingredients:** Mint Herb, Honeysuckle Flower, Chinese Lovage, Golden Bell Fruit, Chinese Catnip, Bell Flower Root, American Lovage Root, Angelica Root, Licorice & Reed Root, Bamboo Leaf, Burdock Seed

**“Should be part of your winter prevention chest!”**





## ***Prime Again—Food for the Endocrine System...Coordinates All***



- The endocrine system helps regulate everything from your metabolism and mood to growth, sleep and sexual function.
- Our concentrated formula helps keep your hormones in balance to support endocrine health and fight aging.
- This was Sunrider's first single **Quinary** formula and affects all the others.
- Nourishes the functions of the heart, endocrine, nervous, and the entire hormonal system. The thyroid and adrenals are keys to having energy.
- The endocrine system is especially important as it sends forth the body's messengers of communication, promoting youthfulness and longevity to "put you in your prime again"! The more **Prime Again** you eat, the better you feel!

### **Major organs fed:**

Heart, small intestines, pituitary, hypothalamus, thyroid and the entire hormonal system.

**Positive emotion:** making things happen, manifesting joyfulness

**Imbalance:** anxiety, lack of joy

### **In ancient China, a similar formula was used to:**

- Nourish the general processes by which body cells reproduce (regeneration)
- Nourish the endocrine glands including adrenals, thyroid and reproductive gland
- Strengthen the nervous system and the body's ability to handle stress
- Nourish for hormonal secretions, and enhance sexual response and reproductive processes
- Build muscle strength; help regulate growth and development
- Decrease allergic reactions
- Strengthen the adrenals' ability to handle stress
- Relieve PMS and menopausal symptoms
- Enhance the body's ability to recover from illness or injury

**Ingredients:** Chinese Yam & Leek Seed (energize your organs), Forty Knot Root, Poria, Cornel Fruit, Paper Mulberry (supports the endocrine system), Eucommia Bark, Mongoliavine Fruit, Morinda Root, Broomrape, Senega Root, Fennel Seed, Lycii Fruit, Mushroom powder (supports immunity)



## ***Assimilaid—Food for the Digestive System...***



- The digestive system food nourishes functions associated with the digestion and assimilation of food. The ability to absorb nutrients is vital to health.
- Digest your food more efficiently, and comfortably with our nourishing complex of herbs.

### **Major organs fed:**

- Stomach, spleen, pancreas, thymus

**Positive emotion:** imagination, sympathy

**Imbalance:** worry, lack of contentment

### **In ancient China, a similar formula was used to:**

- Enhance the digestion and assimilation of food
- Provide digestive healing to the stomach and lubricate the intestinal tract
- Alleviate heartburn, upset stomach, vomiting, indigestion, gastric ulcers, gastritis, colic
- Relieve abdominal pain and distention
- Aid sleep by reducing gastrointestinal tension
- Strengthen the liver and gastrointestinal tract
- Aid in restoring and normalizing acid secretions and enzyme production

***Assimilaid*** makes a delicious hot beverage by itself; just open one capsule and add to a cup of hot water. Eating before meals aids digestion and is helpful for diarrhea and irritation of colon.

**Ingredients:** Ginseng Root, Bai Zhu Root, Poria, Licorice Root, Pinellia Root, Orange Peel, Cinnamon Bark, Fennel Seed, Amomum Seed, Mint Herb.



# 3-Day Calli Challenge

- Increased calm energy
- More mental clarity
- Overall feeling of wellbeing



I'm inviting you to a "3-Day Calli Challenge"  
for YOU to see a difference!

**Calli** has been one of our family's life-giving gourmet, social, whole food, herbal beverage all without stressing our body with caffeine and tannic acids, yet having so many benefits.

**How to:** Simply use your coffeemaker, putting tea bag up in the top (no filters needed). Pour in 4-8 cups of water. No coffeemaker? Simply STEEP in hot water – never boil – for NO LONGER than 10 min. Do not reuse the tea bag as you will start to pick up some weaknesses in the herbs, we want only the strengths. Put the used Calli bag in the dirt around your plants - they love it, or into your animal's food-makes them healthy; or can be used as a powerful clean poultice.

**In minutes you will be ready to enjoy** drinking all 4-8 cups thru your day. I'm quite certain that you will start to see a difference and totally enjoy this wonderful herbal beverage and experience the above early benefits.

***Calli truly is life-giving!** I remember the day, my friend called me and said, I've got some good news for you. I normally get sick numerous times during the year, as I work at Erlanger and pick up things from my patients. But, because of drinking Calli this past year, and it's the only thing I have changed in my habits, I haven't been sick even once this year! I'm so grateful!*

## May I call you Day 4?

Can't wait to hear how you enjoyed it and how it made a difference.

If you like what you're learning you just may want to view the  
**Amazing Sunrider Lifestyle Slideshow**

[www.buildwealthandhealth.com](http://www.buildwealthandhealth.com)

[www.sunrider.com](http://www.sunrider.com)



# **Calli...Super Gourmet Beverage** **Not an ordinary Tea!**

**Enjoy the benefits of Green Tea without the negatives**

## **Many Benefits of Calli:**

- Mental Clarity, Calm Energy, Sound Sleep, Increased Health & Vitality
- A great alternative for caffeine-filled drinks, such as colas, teas, and coffee that steal your true energy, your health and your dollars
- Greater benefits than Green Tea and Coffee without the negatives of caffeine and tannic acids
- No caffeine withdrawals switching to *Calli*

## **Calli is a delicious Whole Food Beverage**

- *Calli* is not just a tea, but a *whole food* beverage concentrated from several pounds of 4 exotic herbs down to one pound of herbal nectar. This herbal nectar is then spray dried onto Camellia carrier leaves (Green Tea made from Camellia) giving us the benefits without the negatives.
- Research shows Green Tea benefits: good prevention for cancer (may help expedite it out of the body), excellent for heart challenges, most powerful source of antioxidants found, but unlike Green and Black Tea, *Calli* has no caffeine effect.
- Based upon 5000 years of research and wisdom in proper combining, rather than decaffeinating (removing part of the plant), Dr. Chen *adds* other herbs milligram by milligram to decrease the tannic acid and caffeine effects while increasing the antioxidants. This time-taking procedure ensures that *Calli* has very **little or no caffeine effect. This is one of Sunrider's amazing proprietary secrets.**

## **Calli increases the benefits of your water**

- *Calli* is acidic, but the effect in the body (like lemons) is alkalizing. In an alkaline environment, impurities are less likely to be absorbed or retained. (Note: Coffee and black tea are both "acidic" but do not alkalize the body.)

## **Calli enhances the removal of toxins, wastes, & digestion by-products**

- Because of the whole plant nutrients, flavonoids, catechins, & high source of antioxidants, this ancient formula nourishes the cleansing organs: skin, lungs, kidneys, colon, and liver increasing their ability to naturally, gently, cleanse the blood, cells and tissue resulting in the many benefits of *Calli* vs. the stress and challenges of a cleanse or the stimulation of caffeine.

## **With optimal nourishment & alkaline pH, the body's enabled to cleanse itself of:**

Unwanted fat and cholesterol	Nicotine, caffeine & drug residues
Fermentation and putrefaction from negative diet & toxic metabolic waste	Radiation & chemotherapy residue
Drinking water impurities	Heavy metals (i.e. aluminum, mercury)
Pesticides, chemicals, and preservatives	Bacteria & Free radicals
	Uric acid & unwanted joint deposits

**Ingredients:** Camelia leaf, perilla leaf, mori bark extract, alisma root extract, and imperate root.

# Fortune Delight...Extra Ordinary Drink!

- Like a makeover on the inside and out
- Fat Flushing! Super Hydrating! So Refreshing!

## The first place *Fortune Delight* shows benefits – your skin!



- *Fortune Delight* is a great alternative for sodas, iced teas, canned juices, and sport drinks with great benefits.
- *Fortune Delight* gives you clearer, more radiance from within as impurities are removed.
- *Fortune Delight* assists the body's natural elimination processes, helping to remove impurities that may be stored in fat cells.
- *Fortune Delight* is fat flushing - "moves out the fat" promoting natural slenderness. Who wouldn't love that!

## *Fortune Delight* is the # 1 Hydrating Beverage on the Market

- Quenches Thirst...Wetter than Water...Excellent Cell Hydration!
- Helps maintain electrolyte balance
- Breaks up lactic acid in the muscles (sore muscles)
- Great energy food beverage without the caffeine effects
- No Sugar, no stimulants, no preservatives!
- Truly Health Building replacing sugary stimulated sport drinks.
- Instant powder with convenience – just add package to your water. Ready to go!



## *Fortune Delight* Adds Valuable Nourishment to Your Water!

- With 5000 years of research behind Sunrider's food combining, we can enjoy *Fortune Delight* as a great energy food, not just chopped up plant parts, but concentrated "vegetable soup" from many specially-formulated herbs including Camellia (Green tea without the caffeine effect in the body). Green tea is highest known source of antioxidants.
- *Fortune Delight* nourishes the entire digestive system & promotes the assimilation of food
- *Fortune Delight* promotes digestive system cleansing, helping to counter Candida and other digestive challenges.
- Like a lemon, *Fortune Delight* is both acidic, (doesn't dilute the acid in the digestive system) yet has an alkalizing effect in the body. Fortune Delight promotes alkaline pH.
- 1 pkg. in 1 cup to 1 quart water = as little as \$1.00
- 5 different choices: Cinnamon, Lemon, Raspberry, Peach, Regular
- Enjoy thru the day to maintain energy and alertness. Drink hot or cold!
- Convenient for the restaurant, at work, while traveling, and during workouts. It's instant, just dissolve in water.
- Truly life-giving...Fantastic and delicious alternative to sodas, iced teas, canned juices & sport drinks that leave you empty, stressed, and bloated,



rather than energized. Fill your tall glass or water bottle with instant **Fortune Delight** and enjoy all day long. .

### **Enjoy at least 1-2 pkgs. You'll really see the difference!**

- **Ingredients:** Camellia Extract, Lemon Extract, Chrysanthemum Extract, Jasmine Extract, Imperate Root

#### **Added tips:**

- Especially Delicious with *SunnyDew* drops or squirts – to your liking!
- Can also be added to your *Calli* (Calli/Delight) – enjoy together!
- Great base for your power drinks, and smoothies.
- Great addition to pies, cobblers, sauces, and salads – just pour from package.
- Love it with your *SunBars*. It makes a meal.
- Try adding a few drops of *ElectroSport* for more electrolytes.
- For effective ingestion against Candida/parasites drink 1 small packet to 1 cup water.
- If experiencing cleansing effect, especially with parasites, Candida yeast overgrowth, or a weak elimination system, dilute your *Fortune Delight* and/or drink separately from Calli.

#### **Note:**

Both *Calli* and *Fortune Delight* have been tested by gas chromatography to show the presence of important catechins, flavonoids and antioxidants! **Both beverages are more than just tea!**

### **Message from Dr. Chen regarding Calli and Fortune Delight**

“Every food has a good side and bad side. One of them is camellia sinesis, which has been consumed



by Asians for thousands of years. It has tea catechins (good) and caffeine and tannic acid (bad). Nearly all teas contain ground up, unclean, fumigated, and/or irradiated tea leaves and herbs. Sunrider's herbal beverages are completely different and a true art. We hand and machine clean the herbs to get rid of insects, dirt, rocks, and more things that would ruin your appetite. It's a time-consuming process. Then, we extract and concentrate the beneficial nutrients, minimizing the negative ingredients like caffeine and tannic acid. Finally, we spray-dry the concentrated extracts onto the concentrated tea catechins. The result is light years ahead of typical teas. Fortune Delight® and Calli® are nutrient-rich, enhanced herbal

beverages.”

### **Simply Switch Beverages!**



# SunnyDew....The Healthy Sweet

- Good Bye Sugar Blues!
- 300xs sweeter than sugar
- Zero Calories
- Whole Food Herbs



**SunnyDew is....**  
concentrated & extracted

- Stevia
- Chrysanthemum

**Dr Tei-Fu Chen calls Stevia a  
“master herb.”**

Extracted from **stevia rebaudiana leaves**, SunnyDew contains no calories and is *250-300 times* sweeter than processed sugar. Stevia has been used by South Americans and Asians for centuries as a sweetener and as a dietary supplement.

**Dr. Chen led the way for the FDA to approve the use of and import Stevia in the US** and many other companies are now marketing Stevia products.

**Sunrider’s SunnyDew is very different from most other Stevia’s on the market.** Because of its special extraction and concentration process to enhance its benefits. ***You can taste the difference***—a unique, delicious flavor with no aftertaste. *Most other brands are only 50-200x sweeter than sugar, while SunnyDew is 250-300 times sweeter than sugar, thus you need less and have greater benefits.*

**SunnyDew is very concentrated.** It takes 2500 gallons of herbal liquid to make 20 gallons of **SunnyDew**, by far, the most concentrated and best tasting.

## Stevia...

### Summarizing the many benefits:

- Helps improve *digestion*.
- Nourishes the pancreas which is responsible for *blood sugar* regulation.
- Nourishes the systems which regulate *blood pressure* in the body
- Helps *burn glucose* for fat loss
- More even *energy flow*
- Improved *thinking capacity*
- Faster healing of *ulcers or lesions*
- *Digestion and gastrointestinal* functions
- Increases ability to fight *fatigue*
- Promotes more restful *sleep*
- Helps prevent *tooth decay*
- *Anti-fungal, anti-bacterial, antiseptic and anti-viral* (warts and fungus, etc.)
- So it is helpful in *skin repair*
- Helps kill *Candida*, which is *unfriendly yeast* in the digestive system, responsible for an array of illnesses

**External Use:** on *cuts, scratches, and any skin disorder, helps prevent scarring.*

**Chrysanthemum flower** is very *calming and anti-inflammatory.*

Now just imagine if **Stevia** only did one of these things. It would be wonderful to use, but it does all of these things; hence it is called the “**master herb.**”.

**Artificial sweeteners we consume today** tend to confuse the pancreas, thus creating a state of imbalance. Proper levels of sugar in the blood are important for mental clarity, energy, muscle recovery, and proper metabolization of fats.

**SunnyDew** is very nourishing, balancing and healing – a grand, healthful alternative to sugar and artificial chemical sweeteners

### **Stevia vs. Sugar**

Stevia is in every way opposite of sugar:

- . Sugar feeds Candida (Stevia kills it.)
- . Sugar promotes tooth decay (Stevia prevents it.)
- ☒ Sugar causes the blood pressure and blood sugar to go out of balance (Stevia nourishes them back into balance.)
- ☒ Sugar is extremely acidic (Stevia is alkaline.)
- ☒ Stevia is the exact opposite of white sugar and yet Stevia is sweet, and, depending on how it's formulated, is from 50-200 times sweeter than sugar. SunnyDew is 300x sweeter than sugar.
- ☒ Sugar substitutes are generally extremely toxic (Aspartame is the main ingredient in NutraSweet and Equal).

**Heat and cold** do not affect the beneficial effects of *SunnyDew* so it's great for cooking, canning and baking, however, using it in breads will kill the yeast in the dough.

**2 Choices:** *Sunectar* is the darker version and complements stronger flavors and *SunnyDew* is great for fruit mixtures and beverages.

**How much:** For beverages, just add however many drops you desire per cup of *Calli*, *NuPlus* or anything you want to sweeten and drink regularly—to your good health! *SunnyDew* is even delicious in a glass of water with a slice of lemon! Enjoy!

**Ingredients:** Stevia, Chrysanthemum


**SunnyDew:**

**A must in Every Kitchen!**


# NBC – 5 BASICS: 68 Concentrated-Whole-Live-Herbal Foods

**(NOTE:** All prices are at the 10% discount - 60 pks save approx. another 10%)


**NOURISH: NuPlus /Vitashake- 8 Foods, 44 Vit. FOS gut health, Cell Nourishment**

	10 PKG <b>\$2.72ea</b> 27.20/pkg	1/day/month 27.20 x 3 = 81.60	10 PKG 27.20 x 6 = 163.30	2/day /month 163.20
---	--	-------------------------------------	---------------------------------	------------------------


**BALANCE: Quinary – 50 Foods - 5 Life-Support Systems** (Immune, Digesti  
Respiratory, Circulatory)

	10 PKG. <b>4.00ea</b> 40.00 pkg	1/day/month 40.00 x3 = 120.00	60 PKG <b>3.55ea</b> 213.00 pkg	2/day 60 PKG \$213.00
---	---------------------------------------	-------------------------------------	---------------------------------------	--------------------------


**CLEANSE: Calli - 5 foods-Nourish 5 Cleansing Organs - Liver, Colon, Kidneys, Skin, Lungs - Daily Detox - 8 cups/day**

	10 PKG <b>1.06ea/8 c.</b> 10.65	1/day/month 10.65 x 3 = 40.00	60PKG <b>1.00 ea. /8c</b> 60.00	2/day 60 PKG 60.00
--	---------------------------------------	-------------------------------------	---------------------------------------	-----------------------

**CLEANSE-HYDRATE Fortune Delight-5 Foods-Cleanse Digestive-Super Hydrate**

	10 PKG <b>1.08ea./4c.</b> 10.85	1/day/month 10.85 x 3 = 32.55	60 PKG <b>1.00 ea /4c</b> 60.00	2/day 60 PKG 60.00
---	---------------------------------------	-------------------------------------	---------------------------------------	-----------------------

**HEALTHY SWEET - SunnyDew-2 foods-BloodSugar -inflammation-Enhance taste**

	.64/day	1/month bottle <b>19.22</b>	.64/day	1/month bottle 19.22
---	---------	-----------------------------------	---------	----------------------------

<b>TOTALS</b>	10 PKG 9.50/meal+8 cups beverages	1/day/Month 10 pkgs <b>285.00</b>	60 PKG 8.91/meal +8 cups beverages	2/day 60 PKG <b>515.45</b> Save \$18
---------------	---	---	--	--

**NOTE:**

Each food stands on it's own.... Choose more or less of individual foods to fit your needs and budget.

1x a day - body starts to wake up & come into balance:

2x a day - exciting changes;

3x a day - full speed regeneration

Shipped: Everything shipped right to your door or anywhere you'd like it delivered to.

Auto-ship: Convenience! Consistency! Change it or Cancel up to 24 hrs-before shipping. You choose delivery date.

***Which Account is Best for You?***

\_\_\_\_\_ ***Customer Free - Shop Retail***

\_\_\_\_\_ ***Preferred Customer \$19.95 /yr - Shop 5-10%***

\_\_\_\_\_ *Autoship - Free Shipping with \$100 orders - shop 5%*

\_\_\_\_\_ *Autoship - Free Shipping with \$200 orders - Shop 10%*

\_\_\_\_\_ ***Independent Business Owner \$ 59/yr - Shop 10%***

\_\_\_\_\_ *Autoship - any amount*

***We can open your account for you & shop or we can shop together!***

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Best time to call \_\_\_\_\_

IBO Income Account: Your SS# \_\_\_\_\_

Credit Card # \_\_\_\_\_

Type \_\_\_\_\_ date \_\_\_\_\_ code \_\_\_\_\_

Who would you like to be your SR Sponsor \_\_\_\_\_

***It's an honor to serve you! Being a Sunrider is a great choice!***