

# DAILY IMMUNE SUPPORT

Safeguard your health with Sunrider's natural products

ORDER TODAY!



## Flu Season Defense Favorites

1. Goldenseal Root
2. Trio: Alpha 20-C – Conco -- Goldenseal Root
3. Kandesn Waterless Hand Cleansing Gel
4. Citric C
5. Sunbreeze
6. Vitataste
7. Sunsmile Fruit & Veggi Rinse

## **Goldenseal Root—Safe, Natural, Effective Antibiotic...**



- **Sunrider's Chinese Goldenseal Root** is our best weapon against any bacterial or viral invasion, helping circulation and supporting the immune system.
  - Helps those who wish to avoid the use of antibiotics when infections threaten.
  - It is also 4x stronger than other brands, so it is extremely powerful and effective.
  - Safe for children and pregnant women.
  - **Sunrider** uses only **Chinese Goldenseal**, which does not have the side effects of the Canadian (American) variety.
- Only the root of the plant is used, which is the most potent part of the herb.
  - Even though **Goldenseal** acts like a medicinal herb, **Sunrider's** enhancement process makes it a balanced food, safe to take whenever the first signs of infection, abscesses or fever appear.
  - Contains Berberine and Coptisin, which are believed to soothe the mucous membranes and respiratory system
  - Has cleansing properties that can support urinary tract health
  - Has anti-inflammatory properties
  - We use **Sunrider's Goldenseal** along with **Alpha 20-C**, **Conco**, and **Sunrider's Spirulina** for total body fortification against environmental attacks.

### **Suggested use at the first sign of illness:**

**1 Goldenseal, 1 Conco, and 1 Alpha 20-C every hour until it is STOPPED.**  
**OR** 1-2 capsules at a time – repeated every 4 hours.

**“Should be part of your winter prevention chest!”**

## Alpha 20C—Food for the Immune System (Defense)



- Sunrider’s proprietary food for the defense system is based on 3000 years of herbal study and cutting-edge technology.
- **Alpha 20C** is the Immune System food found in Quinary.
- These foods nourish the immune system through the bone marrow, liver and adrenals.
- **Alpha 20C** gets its name from what it supports: T Cells (the 20<sup>th</sup> letter of the alphabet being “T” and “C” standing for cells).

### In ancient China, a similar formula was used to

- Build a healthy immune system, whether it is overactive or underactive
- Strengthen the T-cells that are important in
  - 1) Fighting infections and
  - 2) Controlling the growth of dangerous and destructive, extraneous cells, such as in cysts and tumors
- Detoxify the body and help expel fever and illness
- Reduce vulnerability to viral and bacterial infections, as well as parasites and yeast overgrowth
- Govern the body’s resilience, adaptability and its ability to “fight” disease
- Promote a strong immune response to environmental attacks

**Major organs fed:** Liver, gallbladder, ovaries, and testes

**Balanced Emotional Response:** Ability to plan & decision making

**Imbalanced Emotional Response:** Anger, irritability & depression

**Has a delicious “mocha” taste,** and can be eaten as is, or added to any Sunrider food. Available in capsules or powder packets (1 pkg. = 10 capsules)

**Ingredients:** Chinese White Flower, Paris Herb, Scutellaria Herb, Dandelion Root, and Imperate Root

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## Conco—Food for the Respiratory System



- **Conco** comes from “con” meaning “against” and “co” short for “colds”.
- This phenomenal food primarily nourishes the functions associated with respiration (breathing) and the lymphatic system.
- **Conco** is the Respiratory System food in Quinary.
- **Conco’s** job is to smooth the energy “in and out” for balance throughout the body.

### In ancient China, a similar formula was used to

- Resist viruses—phenomenal protection against influenza and colds
- Build protection against allergies (pollen, dust, etc.)
- Relieve congestion in air passages of the chest and head (sinus, bronchial, etc.)
- Relieve fevers and headaches (including migraines)
- Relieve muscle and joint pain accompanying influenza
- Soothe the stomach and reduce nausea and vomiting
- Rebuild and improve the immune system functions

**Major organs fed:** Lungs, large intestine, skin, and thyroid

**Positive** emotional response: creating order, determination, precision, organization

**Negative** emotional response: can’t let go; fortifies the body as emotional food for grief and melancholy

**Suggested:** At the first sign of a cold or flu, many choose to eat **Conco** freely at timely intervals, 3-4 times throughout the day, along with **Alpha 20C**, Sunrider’s **Goldenseal**, and Sunrider’s **Spirulina**. This promotes a strong immune response to environmental and viral attacks.

**Ingredients:** Mint Herb, Honeysuckle Flower, Chinese Lovage, Golden Bell Fruit, Chinese Catnip, Bellflower Root, American Lovage Root, Angelica Root, Licorice & Reed Root, Bamboo Leaf, Burdock Seed

**“Should be part of your winter prevention chest!”**

## ***Waterless Hand Cleansing Gel...Take Everywhere with you!***



and at Convention that *Sunrider's Sunsmile Hand Cleansing Gel* contains ingredients as the ***SunSmile Fruit and Veggie Rinse*** and will kill staph, and all tested bacteria within 30 seconds.

power for keeping hands clean and preventing illness? This is an important step with us at all times.” Nancy Donahue

young children with sticky fingers also breathe a sigh of relief!

### **Benefits:**

- Kills all tested bacteria, staph, strep, and E-coli in 30 seconds.
- Provides convenient waterless cleansing.
- Evaporates quickly.
- Cleanses and moisturizes at the same time, leaving hands feeling soft!
- Prevents the chapped feeling with this special formula.
- Smells wonderful and works as deodorant.
- If you don't have access to water, can use on face and underarms.
- Great for bites and effective against itching.
- Amazing what it can do for burned flesh, wounds of all sorts, and all-around sanitation. It's like "SUPER" Aloe Vera gel.
- Comes in a tube for easy carrying in your purse, on your desk, or in the car.
- Just put a small amount in the palm of your hand and rub together.

### **Why It Is Better?**

Other brands often contain a very high percentage of alcohol, leaving your hands feeling dry and chapped. Sunrider uses a much lower percentage of alcohol plus natural moisturizers so your hands feel clean and refreshed and moisturized.

### **Ingredients:**

Deionized water, alcohol sd-40b, Salix alba (willow bark) extract, camellia sinensis extract, menthol, jasminum officinale flower extract, imperata cylindrica extract, melaleuca alternifolia (tee tree) oil, laurus nobilis (laurel) extract rosmarinus officinalis (rosemary) extract, peg 40 hydrogenated castor oil, oleth-20, carbomer, triethanolamine, acrylic acid/acrylonitrogens copolymer, tetrasodium edta, fragrance.

***Never Leave Home Without It!***

## ***Citric C Tab—Delicious Chewable Vitamin C Tabs from Whole Food Sources...***

- ★ ***Citric C Tab's*** sweet-tart, natural orange flavor is a burst of deliciousness!
- ★ Each tab contains 200% of the daily recommended values!

### **Why Vitamin C is Necessary:**



- For normal development to take place, one needs to consume Vitamin C daily since it is water soluble and doesn't store in the body.
- Plays an essential role in collagen formation, necessary for skin and connective tissues
- Strengthens bones and formation of red blood cells
- Promotes healthy teeth and gums
- Helps in absorption of iron
- Inactivates damaging free radicals

### **Unlike other Vitamin C tablets, *Sunrider's Citric C Tabs* contain**

- A number of herbal concentrates of natural sources in a proprietary blend
- Concentrated Rose Hips (Most Vit. C contain only a minute amount, if any.)
- Citrus bioflavonoids, rose hips, and green tea extract, each known for their antioxidant properties
- Bioflavonoids that perform anti-viral, anti-carcinogenic, anti-inflammatory, antihistamine, as well as antioxidant activities
- The special class of bioflavonoids called polyphenols, abundant in the green tea leaf extract, increase Vitamin C absorption.
- According to Dr. Van Beveran, Sunrider's Vitamin C contains all 9 parts of the Vitamin C complex, the most important being the enzyme in the center.

**ENJOY** each 125 mg. tab of Vitamin Citric C. Two or three tabs a day should be plenty!

***Citric C Tabs* are the best choice for Vitamin C.**

**Chewable, Assimilable, and Effective, with a Delicious orange taste!**



# **Sunbreeze—All-in-One First Aid Kit--Heavenly Smell!**

## **Ancient Chinese Wisdom & Modern Technology**

### **Instant Relief! Sunbreeze Oil!**



#### **Suggestions for Use:**

**On temples, forehead and/or back of neck:** headache, muscle tension, drowsiness, motion sickness, insomnia

**On area:** sinus congestion, strains/sprains, mosquito repellent, insect bites/stings, canker sores, toothache, muscle/back pain, around wounds, snoring, rheumatism, arthritis

**On tongue:** sinus congestion, morning sickness, motion sickness, upset stomach, bad breath, heartburn, drowsiness, sore throat

**On Q-tip** with drops applied to ear for infections, water logging, wax buildup, motion sickness, and ear pain while flying

**Burns:** helps prevent blistering & helps take heat and soreness out; mix with lotion if sore to touch. Mix 10-15 drops of oil with water in small spray bottle to spray or mist.

**Air freshener:** Absolutely wonderful! Mist for cigarette smoke or other odors. You'll love it.

**In shampoo:** Thinning hair, scalp problems, morning sluggishness, and headaches. Mix oil in shampoo or conditioner and wash as usual.

**Delicate skin:** mix with lotion - small babies, children, elderly; if baby is constipated, apply on the abdomen and bottom of the feet.

**In Calli:** Opens up sinuses, bowel cramping, sore throats or upset stomach; couple of drops of oil in cup of Calli and sip.

**Avoid contact with eyes,** won't harm eyes, but will burn and tear.

**Sunbreeze** is the number one, all-in-one, essential oil & balm formula on the market. Distilled from flowers, bark, roots, peels, seeds & herbs, uniquely based on herbal manuscripts of ancient Chinese emperors.

**Sunbreeze** essential oil molecules are small enough to quickly diffuse through the skin, penetrating deeply and efficiently into the tissues and circulatory system.

If you need cool applied, it will turn cool. If you need heat, it turns warm.

It takes 200 lbs. of herbs extracted to make a single pint of **Sunbreeze Oil!**

#### **Ingredients:**

**Oil** - Menthol, Cassia Oil, Mint Extract, Eucalyptus Oil, Camphor; **Balm** - Menthol, Camphor, Cassia Oil (cinnamon bark tree), wax - uniqueness also in preparation.

***We love SunBreeze & always want it with us?***

## ***VitaTaste – The All-Natural Way to Block Sugar Absorption***



### **Sum it up:**

- **Blocks sugar and carb absorption**
- **Helps body withdraw from sugar and fats**
- **Helps eliminate your cravings**
- **Helps cleanse**
- **It's concentrated whole foods.**

### **Benefits:**

**CRAVINGS:** Nourishes the body to overcome cravings for sugar, drugs, smoking, overeating, and unhealthy foods.

**INHIBITS SUGAR & SIMPLE CARB ABSORPTION** by blocking the access to the receptors in the intestines that normally absorbs or attaches to sugars.

- Sugar can then be excreted by the body before it can be stored as fat.
- Helps keep sugar from going too high in your bloodstream and prevents irritating the pancreas.
- Helps balance the blood sugar in the body

**TASTE:** Inhibits the taste of sugar, assisting you to focus on nutrition rather than taste, helping the body withdraw from sugar and fats.

**CLEANSE:** Rich in antioxidants to help cleanse the body from the inside, protecting from free radicals and assisting in the removal of fat and toxins

**GLANDS:** Nourishes the pancreas and adrenal glands

**CRAVINGS:** Has many of the same food herbs as NuPlus, which also helps stop cravings because the body is being highly nourished.

**CANDIDA:** Assists recovery from Candida overgrowth, which is often at the base of weight gain.

**SMOKING, ALCOHOL, SUGAR, ETC:** Helps overcome these addictions without weight gain: 3-9/day for 1-2 months – sugar, smoking, and alcohol cravings will be greatly diminished or even gone.

(Over)



## **Key Ingredients:**

*Synergistically formulated, VitaTaste® features all-natural ingredients that inhibit sugar absorption, as well as provide powerful antioxidants to cleanse the body and support overall health. \**

**Gymnema** is a plant known for its “sugar-blocking” property that reduces sugar absorption during digestion.\* When gymnemic acids lock into intestinal receptors, they effectively lock out glucose.

**Coix fruit** is a rich source of antioxidants, which protect cells against the damaging effects of free radicals. Studies suggest that the fiber contained in coix fruit may help decrease how much fat and cholesterol the body absorbs.\*

**Lotus root** is an excellent source of dietary fiber, which slows the digestion of complex carbohydrates.

**Lycium fruit** (also known as goji berries) is an excellent source of body-cleansing antioxidants, such as polyphenols, flavonoids, carotenoids and vitamins A, C, and E, plus it contains more than 30 essential and trace minerals.

*For best results in maintaining a healthy weight, use VitaTaste® in conjunction with a balanced diet and regular exercise.*

**Suggested Plan:** Eat 1 capsule before, with, or after your meals and even between meals if cravings persist.

***LOVE HOW WE FEEL AND THE SUPPORT WE EXPERIENCE!***

## ***Fruit and Veggie Rinse...Be Confident! Clean & Safe!***

**Good News:** People are eating more fruits and vegetables than ever!

**Bad News:** We're thereby eating more insecticide-toxic substances!



National Academy of Science (NAS) says

***The real concern is:***

The *cumulative effect* of herbicide and insecticide toxic substances on all ages, especially in growing children, is causing serious concern.

The fruits with highest pesticide levels are apples, peaches, cranberries, raspberries, strawberries and Mexico cantaloupes. The vegetables of greatest concern are corn, celery, lettuce, and spinach.

Most fresh foods are coated with waxy film making it impossible to wash away the germs and pesticides just with soap and water.

### ***Solution: SUNSMILE FRUIT AND VEGETABLE RINSE***

This breakthrough product is without equal. Naturally derived from coconut and corn, and powerfully formulated with herbal ingredients to:

Melt waxy coating, wash off pesticide etc., disinfect and kill germs.

Tests verify that 5-ml of rinse/1 gal. of water will eliminate or destroy 99% of E. Coli, salmonella, and other organisms. Provides protection against **bacteria, virus, fungus,**

**and parasites** (including *Guardia* & amoebas in water).

- **Water Supply:**

Disinfects drinking **water** (1-2 drops, short-term only), cooking, bathing, and washing dishes.

- **Food Supply:**

Clean all **fruits, veggies, sprouts, grains, legumes, and meats** of external pesticides, harmful bacteria (salmonella, E.Coli), parasites, worms, larvae, fungus, and even waxy coatings. Saves \$\$ on **produce**, Clean food stays fresh longer. Slows dehydration.

**How:** 1 capful to 1 gal. water. Dip in diluted solution 1 min. Waxy coatings, 5 min, air/wipe dry. Meats 10 min.

- **Healthy Homes, Shopping, Flying**

Cleaning: Add to SuperClean as a disinfectant. Clean any fungal area, interior/exterior. Bathroom stools for extra strength cleaning. Stop spread of germs: Wipe down door knobs, railings, piano keys, grocery carts, airplane cubicle. Dis-infect the air! Small spray bottle, 4 drops F/V in little water. Most active 1 hr.

Dishwasher: Use in dishwasher to stop germs when colds are around.

Cleans Teeth stains. Melts candle wax. Extends flower's life-1-2 drops in water.

- **Natural Herbicide/pesticide:**

Discourages insects, worms in garden & trees.  
Dissolves natural waxy protective coatings on bugs, causing their death. 2 capfuls + 2 caps of SuperClean/gallon.

- **Natural Medicine Cabinet**

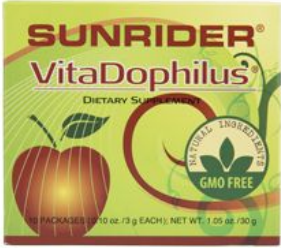
Add water to activate F/V Rinse, soak or apply to **warts, poison oak, poison ivy, lice, flees, dust mites-mix in shampoo:**

Sterilizes **cuts, scrapes or burns.**

Fights Fungus & Candida: Athlete's Foot, Ring Worm, Contact Dermatitis, Eczema, Impetigo, Psoriasis, Nail Fungus.

***All SunSmile Products  
Dr. Chen's high standard  
Extra Safe & Effective!***

## VitaDophilus—Good, “Friendly” Live Bacteria...



*Sunrider's* superior lactobacillus acidophilus powder supplies the body with a minimum of 20 million live culture bacteria, embedding itself in the walls of the small intestine to help break down food and bring bacterial balance to the lower intestinal tract.

### **Benefits of Good-Friendly Live Bacteria:**

- Naturally occurring lactobacillus acidophilus in the digestive tract helps breakdown food, so the body can efficiently absorb the nutrients.
- The presence of this beneficial bacteria in the digestive system can help displace or decrease non-beneficial micro-organisms, some of which can lead to fermentation, thereby causing bloating and gas, or rob the body of necessary nutrients.
- Medical scientific data shows a high rate of cancer when the intestinal tract is lacking healthful bacteria.
- Promotes healthy digestion and good elimination.
- Helps control candida yeast overgrowth.

### **The Sunrider Difference:**

- Sunrider's *Vitadolophilus* is encased in a tasty, protective apple coating, **VitaDophilus** gets the good, live bacteria all the way into the small intestine, instead of the healthful bacteria breaking down when it hits the stomach acids, as with many acidophilus products on the market.

### **How to Enjoy:**

- *Each packet may be consumed right out of the package or dissolved in water. VitaDophilus can be sprinkled on cereal, included in salad dressings, or delicious added to mixed with Sunrider Herbal Beverages and Foods.*
- Do not heat, as this would destroy the live cultures.
- **Digestion:** *VitaDophilus* eaten 30 minutes before meals promotes healthful digestion.
- **Elimination:** For maximum benefit in intestinal tract and to promote good elimination, eat one package every hour for two days or until normal elimination is resumed. Suggested maintenance would include one package upon arising and one at bedtime.
- **Candida:** Those with Candida yeast overgrowth and resultant conditions may choose to eat ten packages a day for ten days or so -then down to 4-5 a day for weeks. It can also be added to smoothies or cold beverages. It tastes like apple candy -- it is absolutely delicious!
- **Ingredients:** Apple Powder, Apple Flake, Acidophilus Bacteria. This product has always been made without genetically modified ingredients.

# PRICE LIST

## Flu Season Defense Favorites

Don't be left in the "Cold"

	<b>GOLDENSEAL</b> (Natural Antibiotic) 100 Caps	\$40.36
	<b>CONCO</b> (10 Respiratory System Foods) 100 Caps	\$36.86
	<b>ALPHA 20-C</b> (10 Immune System Foods) 100 Caps	\$39.33/ Powder \$37.48
	<b>HAND CLEANSING GEL</b> (Sanitizes, Moisturizes, Waterless) 3/pack	\$17.46
	<b>CITRIC C</b> (C+ more all from natural sources) 90 Caps	\$18.44
	<b>SUNBREEZE</b> (Instant relief, healing oils) 6 bottles	\$56.16
	<b>VITATASTE</b> (Natural-Blocks Sugar Absorption) 100 Caps	\$41.29
	<b>FRUIT &amp; VEGGIE RINSE</b> (Clean, Disinfect, Remove Wax) 1 oz \$6.55 / 16 oz \$42.74	
	<b>VITADOPHILUS</b> Good "Friendly" Live Bacteria 10 pks/box	\$10.76

(Prices at the 10% Discount)