

Spirulina...Whole Food...Easy to Digest Protein...Nourish & Cleanse



Spirulina is an edible Blue Green Micro-Algae. It contains all the essential and non-essential amino acids and is a very easy-to-digest protein. It is a balanced whole food.

- **NOURISHES AND CLEANSSES:** *Because of its rich chlorophyll content, **Spirulina** is unique in that it nourishes and also cleanses.*
- **NATURALLY OCCURRING VIT AND MINERALS:** As a whole food, it does so much more for our health than taking vitamins and minerals. It is rich in the B vitamins and Pro-Vit. A, which is converted to Vit. A by the body, high in chlorophyll, iron, carotenoids, antioxidants, micronutrients, trace minerals, and lipids – all naturally occurring.
- **ANSWER TO MALNUTRITION:** Because it provides 20 times the amount of protein as that of soybeans on an equal land area and is effective against a series of viruses, it is being studied as the answer to underdeveloped countries' malnutrition.
- **HYGENIC CULTIVATION:** *Unlike many brands, **Sunrider's** blue-green algae, **Spirulina**, is cultivated in hygienic tanks and ponds under the latest scientific conditions and then concentrated 4xs. It also smells fresh.*
- **HEAVY METALS:** ***Spirulina helps** carry heavy metals out of the body (especially aluminum) by chelating them out of the cells, tissues, and blood so they do not settle elsewhere. Chelate with strong Calli, followed by weaker Calli throughout the day.*
- **SO MANY BENEFITS:**
 - excellent for weak **digestive** systems & **glandular**, particularly the **thyroid**, needs
 - detoxifies the **kidney** and **liver**, builds and enriches the **blood**, cleanses the **arteries**
 - feeds the beneficial **intestinal flora**; inhibits the **overgrowth of fungi, bacteria, and yeast.**
- **Key Facts:**
 - Healthy Blood – the world's richest natural source of B₁₂ needed for healthy blood cells.
 - Meat Protein - 300 percent more protein than fish, meat or poultry, without the cholesterol
 - Assimilable Protein - 62 percent amino-acid vegetable assimilable protein, the highest known source., more protein than tofu, yet easy to digest
 - Amino Acids- perfectly balanced essential amino acids in almost the same proportions as in the human body.
 - Iron-rich spinach - more energy-boosting iron than spinach.
 - Calories - virtually no calories.
 - Endorphins - neuro-peptides—food for the brain and nervous system to produce endorphins.
 - Carrots for fighting cancer - 10 times more cancer risk-reducing carotenoids and beta carotene than carrots
 - Calcium - 26 times more calcium than milk.
 - Immune system - GLA (gamma-linolenic acid) essential fatty acid—feeds the immune system (studied in arthritis)
 - Bone Marrow – stem cells - rich in Phycocyanin, which affects the stem cells found in bone marrow.
 - Eye health - contains Zeaxanthin and Lutein, which support eye health

“Such an easy way to eat enough green vegetables,” Mori