

VitaShake—The Answer for the Highest Nutrition in the Shortest Time!



- This delicious shake is super *NuPlus* with added nutrition and soluble fiber!
 - Each packet of **VitaShake** contains 1) one serving of Original *NuPlus*, 2) whole soy protein, 3) bonded vitamins and minerals, and 4) FOS fiber. It comes in Strawberry and Cocoa.
 - **FOS** is a prebiotic, soluble fiber carbohydrate that supports the growth of beneficial bacteria and a healthy GI tract. (Read about FOS also in the *SunBar*.)
 - **ASSIMILATION:** In the formulation process, Dr. Chen has bonded the vitamins and minerals in *Metabalance 44* with *NuPlus* for maximum assimilation!
- **SHAKES:** Compare **VitaShake** with shake products full of cellulose, sugars, isolated soy protein (which the body cannot digest), unnatural vitamins and minerals, artificial flavors, colors, sweeteners, chemicals, and preservatives that upset the delicate balance in the body. ! What a choice! **VitaShake** is real food!
 - **ISOLATES:** Isolated soy drinks are indigestible and clog the lymphatic system. Dr. Chen prepares his whole soy protein (not isolates) like it has been prepared in the Orient for thousands of years (slightly fermented).
 - **BREAKFASTS:** is designed for people on the go! According to several national surveys, five out of six Americans do not eat three meals a day, and nine out of ten don't eat breakfast. **VitaShake** is the perfect breakfast that will help your day be more successful.
 - **WEIGHT LOSS:** is great for weight management! Eating whole, regenerative nourishment is critical for weight loss. Holding onto weight is the body's way of protecting itself from starvation. Nourish it well and restore the internal energy and balance of the body so that the weight will come off.
 - **SENIORS:** who desire nutrition but have trouble with solid food will find this delicious and easy to swallow when mixed with water (hot or cold), *Calli*, *Fortune Delight*, or *Calli/Delight*.
 - It is delicious in any of the milks. Add *SunnyDew* if desired! **VitaShake** combined with *SunBars*, *Calli*, and *Fortune Delight* is a great food plan!
 - An unbelievable BALANCED BODY boost anytime is one **VitaShake** in *Calli* with a powdered *Quinary* packet! Stay balanced. Eat whole foods.

“Love, Love, Love this Shake.... Breakfast to go!” Mary