

Dandelion Root— Gentle, Mild, Natural Antibiotic...Detox!

Dandelion Root is one of the most effective detoxifying herbs. ***Dandelion Root*** is a great food for the **liver**, which breaks down estrogen and progesterone before menopause and helps with healthy estrogen after menopause. Long believed by the

Chinese to have a “cooling” effect on the body’s circulation, ***Dandelion Root*** has also been attributed with properties that act as a tonic to the stomach. Exactly what does this cooling mean? It’s simply a term indicating that something may be out of balance, is too warm or too hot, and requires cooling. In Chinese terminology, it’s a condition where there is excessive “yang”. Symptoms of excess yang vary considerably but can include fever, sweating, constipation, chronic thirst, dry lips and mouth, rapid pulse and irritability. It is clogging up with fats and toxins!

Dandelion Root, according to pharmacological research, clears toxins, cleans the liver, destroys acid in the blood, promotes urination, and inhibits bacteria and fungi.

Dandelion Root is rich in flavonoids, iron, potassium and calcium—excellent for anemia, iron deficiencies and skin problems. ***Dandelion Root*** has been found beneficial for skin problems such as acne, eczema and psoriasis, as well as arthritic conditions. Unlike that of other companies,

SR Dandelion Root is 3 to 4 times more concentrated than other brands! Dr. Chen extracts 4-7 pounds of Dandelion to make ½ lb. of Dandelion concentrate! Other companies just chop up the leaves!

Dandelion Root Recipe for Spring Cleaning or Housecleaning anytime: Open 2-3 capsules ***Sunrider Dandelion Root*** mix in 8 oz. warm or hot water. Drink 3-4 cups per day. Or, just swallow the capsules with water or ***Fortune Delight***.¹

¹ Daniel Reid, [The Complete Book of Chinese Health and Healing](#).