Fibertone—Fiber in Convenient Capsule Form... Reduces Intestinal Toxicity...'

Fibertone's primary purpose is to tone and clean the intestinal walls and action. **Fibertone** is a unique concentration of soluble and insoluble fiber to help maintain efficient digestion. Improves bowel functioning. Pulls out acid waste. Helps stabilize blood sugar. Excellent with **Action Caps**, **SunBar**, and **Fortune Delight! Important to begin regimen slowly.**

Suggested: Take 1-3 caps with every meal -- 5 capsules (on full stomach) 3 times daily to break weight loss plateau.

Ingredients: Oat Bran, Tora Seed, Psyllium Seed, Sesame Seed, Shun Seng Root.

Possible Benefits:

- More complete absorption of nutrients
- Quicker and more pronounced benefits from other regenerating herbal food formulas
- More regular elimination
- Relief from digestive discomfort
- · Decreased desire for salty and fatty foods
- More rapid weight loss