

## ***Herb Cal Tab—***

### ***A Unique, Assimilable Combination of Calcium and Herbs...***

What makes ***Sunrider's Herb Cal Tabs*** better than other calcium supplements? First of all, ***Herb Cal***

- ***Tabs*** include three forms of calcium: calcium carbonate, calcium citrate, and calcium gluconate. Each type of calcium has different absorption characteristics. This makes it easier for the body to assimilate and utilize the calcium for maximum benefit. For example,
  - calcium citrate requires less hydrochloric acid for absorption, which makes it a good choice for the elderly who often have lower levels of hydrochloric acid in their stomachs. Secondly,
  - calcium carbonate, from coral calcium, has a high amount of elemental calcium.
  - Unlike other calcium tablets on the market, ***Sunrider's Herb Cal Tab is formulated with concentrated calcium-rich dandelion and alfalfa, flaxseed oil, and enzymes, such as papain (from papaya) and bromelain (from pineapple), which aid in digestion by breaking down protein into amino acids.***

***Herb Cal Tab*** contains 250 mg of calcium with 40 IU of Vitamin D and magnesium, which both aid calcium absorption.

Sharon Farnsworth suggests ***Herb Cal Tab*** if one is hurting anywhere (5 per day). Great nourishment for 1) muscles and joints, and 2) bone density.

**Recommended:** 4 Herb Cal Tabs a day, eaten with meals, delicious with Citric C.