

Your Face is the Mirror to your Health & Soul

Face Zones:

Fact:

- Health challenges show up on our faces
- Women tend to have more health challenges
- Women usually need to work harder to preserve health and youthfulness.

Look at what jumps out at you: You can identify the organs and systems that are struggling:

1. **Hairline:** receding at the corners – kidneys (Circulatory System)

2. **Area between your eyes:**

- 2 vertical lines between eyebrows – liver (Immune System)
- 1 vertical line – center between eyebrows – stomach (Digestive System)

3. **Eyebrows:**

- Eyebrows thinning at the middle on...thyroid (Glandular)
- Eyebrows almost touching/center – strong constitution

4. **Eyes:** Health of the Adrenals, Liver, and Kidneys

- Chicken feet - corner of eye – liver (Immune)
- Corner of nose – dark or puffy – adrenals (lower back pain) stick tongue out and it quivers – adrenals) Circulatory & Glandular System)
- Saggy eyelids – protein digestion issues (Digestive)
- Bags under eyes – kidneys (fear) (Circulatory)
- Dark round shadows – liver (Immune)
- Dark or lines – straight across-cheekbone height – allergies (Glandular & Respiratory)
- Dark lines almost straight down – kidney (fear) (Circulatory)

5. **Nose:** Health of the Heart

- Horizontal line across at bridge – excess protein not being digested
- Horizontal line across middle of nose and over cheeks–emotional scars-past, current, future
- Tip of nose – large bulb – walking heart attack
- Red or blue color – need to address heart issues

6. **Ears:** Health of the Kidney (Circulatory)

- Red – hypoglycemic reaction
- Ear lobe – brain and eye medium

7. **Cheeks:**

- Hollow under cheeks – lungs (Respiratory)
- Smile Lines:
 - base of nose to lips – small intestines
 - lips to chin – large intestines - colon
 - deep lines (yeast, fungus)

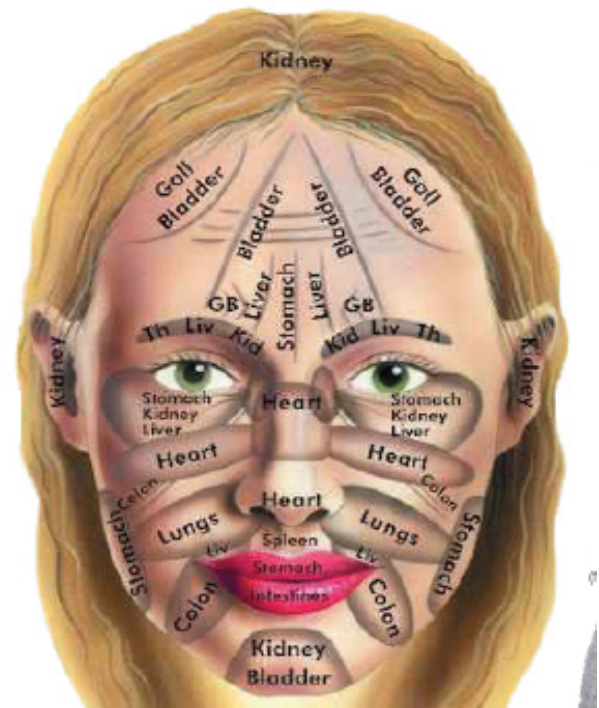
8. **Lips:** Health of the spleen, stomach, and intestines

- Puffy above lips, below nose – spleen
- Lighter Discoloration above or below lips - parasites
- Deeper fulcrum – sexual energy
- Upper lip – stomach
- Lower lip – intestines

9. **Chin:** Reproductive

Crease in chin – female issues, Endocrine-glandular System

10. **Neck:** Rings on neck – thyroid



It takes 4-6 months for significant change to appear on our faces – Sunrider speeds up to the progress significantly!