## In One Year You will replace approximately 98% of your body.



Billions of cells die daily; cells reproduce constantly. You will have a new:

- Skeleton in 12 weeks
- Liver in 8 weeks
- Skin in 5 weeks
- Stomach lining / intestines in 4-5 days

It takes appx. 2 years to regenerate the colon, tendons, and ligaments.)

What is REGENERATION? Your next cells become stronger than the ones just replaced. What is DEGENERATION? Your next cells become weaker than the ones just replaced.





# Where are you on Your Ladder of Health?

Regenerating or Degenerating?



### **4 WAYS PEOPLE TRY TO GAIN HEALTH – TO REGENERATE!**

#### **DRUGS**

- chemicals to control symptoms
- with potential side-effects
- never regenerates

#### **MEDICINALS**

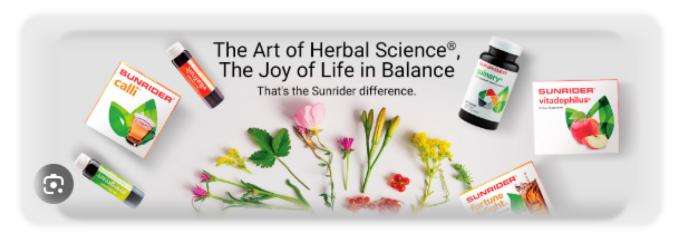
- drugs or herbs that stimulate
- weakens body even more over time
- never regenerates

#### **ISOLATES**

- vitamins, minerals, oils, proteins, taken from whole foods(Vit C-orange)
- now a chemical, it upsets delicate balance
- body works hard to eliminate
- never regenerates

#### WHOLE FOOD

- plant foods, herbal foods
- all 5 parts of the nutritional structure-in tact;
  Proteins(amino acids); Fats(fatty acids),
  Carbohydrates(glucose), Vitamins & Minerals
- this is Food that the body recognizes & needs



## 3 REASONS SUNRIDER International's Foods and Lifestyle Products are Unique to the Marketplace - Life-Saving & Life-Giving

- 1. OUR PHILOSOPHY: Philosophy of Regeneration. (Blueprint of everything)
  - Our body is designed to manage and restore itself when we give it
  - ENOUGH of the RIGHT KINDS of WHOLE FOODS.
  - We each are responsible for our own health.
- 2. **OUR FORMULAS:** Based on 5000 yr old ancient formulas & cutting-edge research and development
- 3. **DESIGNED TO:** Restore the balance in the both vs. treating symptoms, disease, & deficiencies. A symptom means a system is out of balance. When in balance, symptoms quietly disappear.

## **Sunrider takes WHOLE FOODS to the Next Level**

- 1. **Herbal Whole Foods: HERBAL whole foods have a** much higher level of nourishment and repel disease. They never interfere with medication.
- 2. **Life Force:** the life force is preserved; this is exceptional. *Life replenishes life*!
- 3. **Concentration:** To get enough nourishment to overcome health challenges and maintain excellent health, herbs are extracted & **concentrated 8-10xs** vs. dried herbs in a capsule or a beverage.
- 4. **Wide Variety specifically combined:** SR combines a *wide variety* of very specific whole-food herbs to restore balance in the body vs. treat symptoms and disease.
- 5. **Expertise:** Everything is made under the expertise of **Dr. Tei Fu Chen**, a world-renowned herbalist and pharmacologist, along with his wife, Dr. Oi Lin Chen, a medical doctor.
- 6. <u>All</u> Made in USA: The herbs are grown in Asia in controlled environments and manufactured in the USA. We can always trust Sunrider for safety and effectiveness.

Give Yourself "The Sunrider Advantage" <u>Every Day</u>: NOURISH, BALANCE, CLEANSE