## VitaTaste – The All-Natural Way to Block Sugar Absorption





## Sum it up:

- Blocks sugar and carb absorption
- Helps body withdraw from sugar and fats
- Helps eliminate your cravings
- Helps cleanse
- It's concentrated whole foods.

## **Benefits:**

**CRAVINGS:** Nourishes the body to overcome cravings for sugar, drugs, smoking, overeating, and unhealthful foods.

**INHIBITS SUGAR & SIMPLE CARB ABSORPTION** by blocking the access to the receptors in the intestines that normally absorbs or attaches to sugars.

- Sugar can then be excreted by the body before it can be stored as fat.
- Helps keep sugar from going too high in your bloodstream and prevents irritating the pancreas.
- Helps balance the blood sugar in the body

**TASTE:** Inhibits the taste of sugar, assisting you to focus on nutrition rather than taste, helping the body withdraw from sugar and fats.

**CLEANSE:** Rich in antioxidants to help cleanse the body from the inside, protecting from free radicals and assisting in the removal of fat and toxins

**GLANDS:** Nourishes the pancreas and adrenal glands

**CRAVINGS:** Has many of the same food herbs as NuPlus, which also helps stop cravings because the body is being highly nourished.

**CANDIDA:** Assists recovery from Candida overgrowth, which is often at the base of weight gain.

**SMOKING, ALCOHOL, SUGAR, ETC:** Helps overcome these addictions without weight gain: 3-9/day for 1-2 months – sugar, smoking, and alcohol cravings will be greatly diminished or even gone.

## **Key Ingredients:**

Synergistically formulated, VitaTaste® features all-natural ingredients that inhibit sugar absorption, as well as provide powerful antioxidants to cleanse the body and support overall health. \*

**Gymnema** is a plant known for its "sugar-blocking" property that reduces sugar absorption during digestion.\* When gymnemic acids lock into intestinal receptors, they effectively lock out glucose.

**Coix fruit** is a rich source of antioxidants, which protect cells against the damaging effects of free radicals. Studies suggest that the fiber contained in coix fruit may help decrease how much fat and cholesterol the body absorbs.\*

**Lotus root** is an excellent source of dietary fiber, which slows the digestion of complex carbohydrates.

**Lycium fruit** (also known as goji berries) is an excellent source of body-cleansing antioxidants, such as polyphenols, flavonoids, carotenoids and vitamins A, C, and E, plus it contains more than 30 essential and trace minerals.

For best results in maintaining a healthy weight, use VitaTaste<sup>®</sup> in conjunction with a balanced diet and regular exercise.

**Suggested Plan:** Eat 1 capsule before, with, or after your meals and even between meals if cravings persist.

LOVE HOW WE FEEL AND THE SUPPORT WE EXPERIENCE!