## **VitaDophilus**—SAFEST, MOST EFFECTIVE PROBIOTIC ON THE MARKET



- Sunrider's VitaDophilus Probiotic is uniquely encased in a tasty, protective apple coating to ensure that the good bacteria reach the small intestine and are not broken down and destroyed by strong stomach acids.
- Most other company's probiotics provide billions of bacteria because they hope some will reach the small intestine.
   Sunrider's superior lactobacillus acidophilus powder supplies the body with a minimum of 20 million live culture bacteria to help break down food and bring bacterial balance to the lower intestinal tract.
- These friendly bacteria help the body maintain proper digestion and break down food so the body can efficiently absorb the nutrients in the digestive tract. It can help decrease nonbeneficial micro-organisms, some of which can lead to fermentation, thereby causing bloating and gas.
- Friendly bacteria produce the body's own needed B vitamins in the body when the last part of the small intestine, "ilium," has enough good bacteria.
- Medical scientific data shows a high rate of cancer when the intestinal tract is lacking healthful bacteria.
- Do not heat, as this would destroy the live cultures.
- It's delicious, added to cold beverages or smoothies, or, for best results, eaten right out of the package on an empty stomach.
- VitaDophilus eaten 30 minutes before meals, promotes healthful digestion.
- For maximum benefit in the intestinal tract and to promote good elimination, eat one package every hour for two days or until normal elimination is resumed. Suggested for excellent maintenance include one package upon arising and one at bedtime.
- Those with Candida yeast overgrowth and resultant conditions may choose to eat ten
  packages a day for ten days and then 1-2 for several weeks or even months as
  needed... It can also be added to smoothies or cold beverages. It tastes like apple
  candy -- it is absolutely delicious!

**Ingredients:** Apple Powder, Apple Flake, Acidophilus Bacteria.

"Sometimes we just need extra help with these good guys...this is definitely effective!" Laura